

# e0616 THE PREDICTION VALUE OF BNP NT-PROBNP AND THEIR RATIO FOR INHOSPITAL OUTCOMES IN CONGESTIVE HEART FAILURE

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**Objectives** BNP and NT-proBNP are important cardiac biomarkers in the diagnosis and prognosis of congestive heart failure (CHF). However, the prognosis value of their ratio in patients with CHF is not clear. The goal of this study was to examine the prediction value of BNP, NT-proBNP and their ratio for in-hospital outcomes in CHF. **Methods** In a cross-sectional study, patients with acute onset of CHF and admitted to cardiac care unit in Juntendo Hospital were enrolled from Jan to Dec 2009. We measured the serum level of BNP and NT-proBNP at the same time after admission, and other biomarkers were also measured and collected. The results were statistically analysed by software JMP 7.

**Results** A total of 193 patients were enrolled, with a mean age of 71.3±12.8 years old. 17 patients died in hospital, with a mortality rate of 8.8%. Univariate analysis showed that in-hospital mortality was significantly related with BMI, BNP, NT-proBNP, the ratio of NT-proBNP/BNP, RDW, LDL-C and CRP. The mean ratio of NT-proBNP/BNP was 16.7±11.6 for in-hospital death group and 9.5±8.6 for in-hospital relieving group (p<0.05). Logistic and multiple regression analysis showed that the ratio of NT-proBNP/BNP was an independent predictor for both in-hospital mortality and duration in hospital.

**Conclusions** The ratio of NT-proBNP/BNP is better for predicting in-hospital outcomes than BNP or NT-proBNP in congestive heart failure and it might be useful to predict short term outcomes in patients with acute exacerbation of heart failure.

# e0617 RESEARCH OF RELATION BETWEEN THE TYPE OF LEFT VENTRICULAR REMODELLING AND ATRIAL FIBRILLATION IN PATIENTS WITH ESSENTIAL HYPERTENSION

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**Background** Essential hypertension (EH) is the common cause of left ventricular (LV) geometric remodelling which includes shape remodelling, volume remodelling and mass remodelling. The relation between the type of LV geometric remodelling and atrial fibrillation (AF) in patients with EH was unknown.

**Objectives** To explore the relation between the type of left ventricular geometric remodelling and AF in patient with EH.

**Methods** In accordance with hypertension guideline (JNC-7), consecutive inpatients with EH (n=211, from September, 2008 to August, 2009) were enrolled at the department of cardiology in PLA general hospital. The patients were divided into AF group and sinus rhythm (SR) group by baseline heart rhythm. The diagnosis of AF was conformed to ACC/AHA/ESC 2006 guidelines for the management of patients with AF executive summary. The patients underwent Doppler echocardiography examination which included LV sphericity index (LVSI), LV diastolic volume (LVEDV), LV mass (LVM) and left atrial sphericity index (LASI). The clinical and echocardiographic characteristics were compared by t test, Chi-square test and multiple Logistic regression analysis. Then AF group was divided into persistent group and paroxysmal group. The indices of echocardiography among three groups were compared by analysis of variance.

**Results** Compared to SR group, AF group has lower systolic blood pressure and diastolic blood pressure (138.85±19.89 mm Hg vs 149.80±25.17 mm Hg; 80.57±13.04 mm Hg vs 85.97±15.81 mm Hg, p<0.01) and larger LVM, LVEDV, LVESV and LVSI (108.19±27.52 g vs 99.69±21.61 g, p<0.05; 199.20±57.00 ml vs 181.92±50.62 ml, p<0.05; 45.52±20.03 ml vs 37.60±13.03 ml, p<0.01; 0.715±0.043 vs 0.688±0.040, p<0.01), although LASI was significantly smaller (0.740±0.081 vs 0.779±0.08, p<0.01). Given covariates were adjusted in the logistic regression model, the LVSI, LAD and LASI were independent factors associated with AF in patients with hypertension (OR:0.847, 95% CI 6.141±138.590, p<0.01; OR: 0.811, 95% CI 0.738±0.891, p<0.01; OR: 65.836, 95% CI 0.764±0.942, p<0.01).

**Conclusions** Compared to SR group, AF group has significant variation in the type of left ventricular geometric remodelling in EH patients. The LVM and LV volume are much larger and there is a sphericity trend of LV in EH patients with AF. However, there is a deviation of sphericity of left atrial in EH patients with AF. The LVSI, LAD and LASI were the independent risk factors of EH patients with AF after adjustment for other covariates. With the development of AF, the degree of left ventricular geometric remodelling is increasing.

# e0618 EFFECTS OF ROSUVASTATIN ON PLASMA NO AND ET-1 DURING MYOCARDIAL ISCHAEMIA-REPERFUSION INJURY IN RABBITS

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**Objective** To study the change of endothelial function during myocardial ischaemia-reperfusion injury in rabbits and the effect of Rosuvastatin.

**Methods** 16 New Zealand rabbits were randomly divided into two groups: ischaemia/reperfusion injury group (control group) and Rosuvastatin group (drug group). Establish the myocardial ischaemia-reperfusion model. The camponotus upward elevation (≥0.2 mv) of the ST segment shown by the ECG indicated the successful ligation of the left anterior descending coronary artery; 40 mins later the ligation line was cut off, and the ST segment of ECG returned to 1/2 or more, which showed the success of reperfusion. At the four time points, before occlusion, 40 min after occlusion, 60 mins and 180 mins after reperfusion. We measured rabbit serum nitric oxide (NO), plasma endothelin-1 (ET-1) content. SPSS 11.5 software was applied, using ANOVA to p <0.05 for differences with statistical significance.

**Results** In both groups, the serum NO content reduced gradually and the plasma ET-1 content increased gradually with protraction of the ischaemia and reperfusion time. Before ischaemia the serum NO [(109.875±32.255) μmol/l vs (114.500±37.405) μmol/l, p>0.05] and plasma ET-1 [(221.111±28.125) pg/ml vs (204.594±31.790) pg/ml, p>0.05], have no significant difference between the groups. At other three time points, the increased serum NO content [(63.125±18.962), (43.500±16.518), (29.625±14.162) μmol/l vs (82.000±13.825), (63.375±17.541), (50.250±18.987) μmol/l, p<0.05] in drug group was markedly lower than that in the control group and the reduced plasma ET-1 content [(331.785±35.341), (375.914±45.204), (459.829±70.110) pg/ml vs (282.541±38.928), (315.152±55.263), (377.795±60.427) pg/ml, p<0.05] in drug group was markedly higher than those in the control group.

**Conclusions** Through increasing serum NO, and reducing plasma ET-1, rosuvastatin can improve endothelial function in myocardial ischaemia-reperfusion injury rabbits.