Diastolic function after cardiac and heart-lung transplantation

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SUMMARY The mechanical efficiency of left ventricular contraction and relaxation, the asynchrony of the onset of left ventricular relaxation, the time constant of left ventricular isovolumic pressure decay, and left ventricular chamber and myocardial stiffness were analysed in 32 patients after cardiac (24) and heart-lung transplantation (8). After cardiac transplantation left ventricular myocardial stiffness was increased and a mild degree of incoordinate contraction and relaxation was seen. In contrast, after heart-lung transplantation diastolic function was almost normal. Impairment of passive diastolic properties was significantly related to the ischaemic time of the donor heart and the donor’s age. The index of left ventricular asynchrony was related to the ischaemic time and the recipient’s age. The interval between transplantation and study did not influence the number of rejection episodes.

This study confirms the presence of diastolic dysfunction after cardiac transplantation. Impairment of diastolic function seems to be related to the ischaemic time of the donor heart and to a mismatch between the size of the donor heart and the recipient’s needs.

Cardiac transplantation and heart-lung transplantation have become an accepted treatment for end stage cardiac and cardiopulmonary disease.1-6 The exercise capacity of transplant recipients is good, but less than that of normal subjects.7-10 Its contractile state and contractile reserve have also been shown to be normal.11-12 In contrast with systolic function there is increasing evidence of impaired diastolic function after cardiac transplantation.13-15

We have analysed the diastolic function in the transplanted heart. Three major components of diastole were analysed: synchrony of left ventricular relaxation,16-19 duration of left ventricular relaxation,20-23 and left ventricular passive diastolic properties.24-27 Furthermore, the relation between certain variables such as ischaemic time of the donor heart,28-30 number of rejection episodes, type of immunosuppression,31-32 and diastolic function were studied.

Patients and methods

All studies were performed during routine yearly follow up cardiac catheterisations after cardiac or heart-lung transplantation.

PATIENTS

Thirty two transplanted patients were studied. Twenty four patients underwent cardiac transplantation and eight patients heart-lung transplantation. Preoperative diagnosis before cardiac transplantation was cardiomyopathy in 16 patients and ischaemic heart disease in eight patients. The heart-lung transplantation group was made up of five patients with primary pulmonary hypertension, two patients with Eisenmenger’s syndrome caused by congenital heart disease, and one patient with cystic fibrosis. Immunosuppression consisted of treatment with cyclosporin and azathioprine in 23 transplanted patients,33 steroids and azathioprine in four patients with transplants, and all three drugs (cyclosporin, steroids, and azathioprine) in two patients with transplants. Two patients were treated with cyclosporin alone and one with azathioprine alone, so only

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five patients were not treated with cyclosporin. All other medications were stopped 24 hours before the study. None of the patients received drugs likely to alter diastolic function (such as $\beta$ blockers or calcium antagonists). Tables 1–3 give patient data.

CONTROL GROUPS
Patients with transplants were compared with controls with normal cardiac anatomy and left ventricular function. Three control groups (control groups 1a to c) were used because it was impossible to perform all measurements of diastolic function in each of the controls. The control groups consisted of individuals who had diagnostic cardiac catheterisation for atypical chest pain or suspected congenital heart disease. All were in sinus rhythm and were found to have angiographically normal coronary arteries and structurally normal hearts. There were 12 in control group 1a from which normal values for the time constant of isovolumic pressure decay and cycle efficiency were obtained. Control group 1b consisted of 20 normal individuals from whom left ventricular angiograms were obtained by the same techniques as in the patients with transplants. From this control group we obtained normal values for the evaluation of left ventricular asynchrony. Control group 1c consisted of 10 normal individuals from whom we obtained normal values for passive diastolic properties.

METHODS
Cardiac catheterisation
In all patients with transplants coronary angiograms were performed and multiple (usually three) endomyocardial right ventricular biopsy specimens were obtained from the femoral approach. None of the patients showed cardiac allograft rejection accor-

Table 1  Patient data

<table>
<thead>
<tr>
<th>Recipient age (yr)</th>
<th>Total group (no)</th>
<th>Cardiac transplants (no)</th>
<th>Heart-lung transplants (no)</th>
</tr>
</thead>
<tbody>
<tr>
<td>&lt;18</td>
<td>6</td>
<td>3</td>
<td>3</td>
</tr>
<tr>
<td>18–30</td>
<td>9</td>
<td>5</td>
<td>4</td>
</tr>
<tr>
<td>31–40</td>
<td>2</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>41–51</td>
<td>11</td>
<td>11</td>
<td>—</td>
</tr>
<tr>
<td>&gt;51</td>
<td>4</td>
<td>4</td>
<td>—</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Donor age (yr)</th>
<th>Total group (no)</th>
<th>Cardiac transplants (no)</th>
<th>Heart-lung transplants (no)</th>
</tr>
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<tbody>
<tr>
<td>&lt;16</td>
<td>10</td>
<td>6</td>
<td>4</td>
</tr>
<tr>
<td>16–20</td>
<td>10</td>
<td>9</td>
<td>1</td>
</tr>
<tr>
<td>21–25</td>
<td>8</td>
<td>6</td>
<td>2</td>
</tr>
<tr>
<td>26–30</td>
<td>3</td>
<td>2</td>
<td>1</td>
</tr>
<tr>
<td>&gt;30</td>
<td>1</td>
<td>1</td>
<td>—</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Time since transplantation (yr)</th>
<th>Total group (no)</th>
<th>Cardiac transplants (no)</th>
<th>Heart-lung transplants (no)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>15</td>
<td>8</td>
<td>7</td>
</tr>
<tr>
<td>2</td>
<td>9</td>
<td>8</td>
<td>1</td>
</tr>
<tr>
<td>3</td>
<td>5</td>
<td>5</td>
<td>—</td>
</tr>
<tr>
<td>&gt;3</td>
<td>3</td>
<td>3</td>
<td>—</td>
</tr>
</tbody>
</table>

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Table 2  Interval between cross clamping of the aorta in the donor and reperfusion in the recipient

<table>
<thead>
<tr>
<th>Ischaemic time (h)</th>
<th>Total group (no)</th>
<th>Cardiac transplants (no)</th>
<th>Heart-lung transplants (no)</th>
</tr>
</thead>
<tbody>
<tr>
<td>&lt;1</td>
<td>1</td>
<td>—</td>
<td>1</td>
</tr>
<tr>
<td>1–1.5</td>
<td>3</td>
<td>3</td>
<td>—</td>
</tr>
<tr>
<td>1.5–2.0</td>
<td>6</td>
<td>4</td>
<td>2</td>
</tr>
<tr>
<td>2–2.5</td>
<td>7</td>
<td>5</td>
<td>2</td>
</tr>
<tr>
<td>2.5–3.0</td>
<td>6</td>
<td>4</td>
<td>2</td>
</tr>
<tr>
<td>3–3.5</td>
<td>4</td>
<td>3</td>
<td>1</td>
</tr>
<tr>
<td>3.5–4.0</td>
<td>3</td>
<td>3</td>
<td>—</td>
</tr>
<tr>
<td>&gt;4.0</td>
<td>1</td>
<td>1</td>
<td>—</td>
</tr>
</tbody>
</table>

Table 3  Increased number of rejection episodes

<table>
<thead>
<tr>
<th>Total group (no)</th>
<th>Cardiac transplants (no)</th>
<th>Heart-lung transplants (no)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st month</td>
<td>9 of 32</td>
<td>7 of 24</td>
</tr>
<tr>
<td>3 months to 1 year</td>
<td>5 of 32</td>
<td>4 of 24</td>
</tr>
<tr>
<td>2nd year</td>
<td>4 of 14</td>
<td>4 of 13</td>
</tr>
<tr>
<td>&gt;2nd year</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

Histological grading of rejection.28 29
*Three rejection episodes during the first three months after transplantation, two rejection episodes during the subsequent nine months, and one rejection episode yearly thereafter were arbitrarily defined as "normal"; the table gives the number of rejection episodes beyond these normal estimates.
Diastolic dysfunction after cardiac transplantation

tote was used to calculate the time constant of isovolumic pressure decay \( T; P(t) = a e^{b t} + C \), where \( P(t) \) is instantaneous LV pressure; \( t \) is time; \( a \) and \( b \) are constants; and \( C \) is the asymptote. The time constant \( T \) of isovolumic pressure decay is defined as:

\[ T = -\frac{1}{b} \]

where \( T \) was calculated by iteration by the least squares method (best fit).

Echocardiograms

M mode echocardiograms of the left ventricle were recorded in patients in the supine position at the tip of the mitral valve leaflets with a 3-5 MHz or 2-25 MHz transducer and an Ekoline 20A echocardiograph (Smith-Kline Instruments). Left ventricular pressure was recorded simultaneously as the mitral valve leaflets with a 3-5 MHz transducer and an Ekoline 20A echocardiograph (Smith-Kline Instruments).

Left ventricular pressure was recorded simultaneously as the mitral valve leaflets with a 3-5 MHz transducer and an Ekoline 20A echocardiograph (Smith-Kline Instruments). Left ventricular pressure was recorded simultaneously as mentioned above. The recordings were made at a paper speed of at least 100 mm/s.

Cycle efficiency

Pressure-dimension loops were constructed from the left ventricular internal dimension and the instantaneous left ventricular pressure as originally described by Gibson and Brown.\(^{17,18}\) Cycle efficiency was defined as the ratio of the area within the pressure-dimension loop and that of the rectangle that encloses it.\(^{17,18}\)

Assessment of left ventricular asynchrony

Left ventricular asynchrony was assessed through frame by frame analysis of left ventricular angiograms.\(^{14}\) No extrasystoles or postextrasystoles were analysed. Left ventricular angiograms were performed in the right anterior oblique position at a frame rate of 50 frames/s after pressure recordings and echocardiograms were completed.

Frame by frame analysis of regional wall motion was performed from the digitised ventriculograms by a Cardio 200 computer (Kontron Image Analysis). Regional wall motion was analysed by a polar coordinate system with 24 segments (fig 1). No superposition was performed (fixed reference system). Regions adjacent to the mitral valve were excluded from analysis. Regional changes in area were calculated for each segment frame by frame. The delay between minimum cavity dimension and minimal segment area was calculated for each segment and the standard deviation of these intervals was defined as the "index of left ventricular asynchrony."

Evaluation of left ventricular passive diastolic properties

Passive viscoelastic diastolic properties were evaluated by simultaneous recording of the M mode echocardiograms and left ventricular diastolic pressure. From the digitised M mode echocardiograms the instantaneous internal left ventricular dimension (\( D_i(t) \)), posterior wall thickness (\( h(t) \)), midwall left ventricular circumference (\( l(t) \)), and the first derivative of the midwall left ventricular circumference (\( dl/dt \)) were obtained. The circular shape of the left ventricular short axis was confirmed by cross dimensional echocardiography. For the calculation of chamber stiffness and myocardial stiffness the time interval between minimum diastolic pressure and end diastolic pressure was analysed. Passive diastolic properties were analysed at end expiration. The stiffness of the left ventricular chamber and myocardium was calculated according to the method described by Hess et al.\(^{21}\) (appendix A).

STATISTICAL ANALYSIS

We used Student’s \( t \) test for unpaired data to compare patients with transplants and controls. Simple, partial, and multiple regressions were used to analyse the influence of specific variables such as ischaemic time and donor age on diastolic function. A \( p \) value of \(< 0.05\) was regarded as statistically significant.

Results

STANDARD HAEMODYNAMIC DATA

Table 4 shows the standard haemodynamic data obtained during diagnostic cardiac catheterisation in patients with transplants and in controls. The heart rate was significantly lower in control group 1c (\( p < 0.001 \)) than in the patients with transplants. Left ventricular systolic and end diastolic pressure, end diastolic volume, and ejection fraction did not differ between the groups.

CYCLE EFFICIENCY

Although cycle efficiency was slightly lower in the patients with transplants, there was no significant difference compared with the control group (table 5). Cycle efficiency was significantly greater after heart-lung transplantation than after cardiac transplantation (\( p < 0.05 \)). After cardiac transplantation cycle efficiency was slightly less than in controls (\( p < 0.05 \)) (table 5).

Regression analysis showed a significant inverse relation between recipient age and cycle efficiency in all patients with transplants (\( r = -0.457; p < 0.01 \)). No significant correlation between recipient age and cycle efficiency could be shown in the cardiac transplant group (\( r = -0.327; NS \)).

INDEX OF LEFT VENTRICULAR ASYNCHRONY

No difference in the synchrony of the onset of relaxation was noted between any of the groups (table 5). Asynchronous onset of relaxation was seen in only two cardiac transplant patients (fig 2). We saw no
Fig 1  Assessment of left ventricular asynchrony after cardiac and combined heart and lung transplantation. (a) Regional wall motion was analysed from left ventricular contours digitised frame by frame by (b) a polar coordinate system with 24 segments without superposition (fixed reference system). The delay between minimum cavity dimension and minimal segment area was calculated for each segment and the standard deviation of these time intervals was defined as the index of left ventricular asynchrony. The three dimensional display shows the percentage area change (z axis) for each frame (y axis) and segment (x axis) graphically.
Diastolic dysfunction after cardiac transplantation

Table 4  Standard haemodynamic variables (mean (SD))

<table>
<thead>
<tr>
<th></th>
<th>Total group</th>
<th>Cardiac transplants</th>
<th>Heart-lung transplants</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>HR</td>
<td>89 (13)</td>
<td>86 (10)</td>
<td>97 (8)**</td>
</tr>
<tr>
<td>EF</td>
<td>68 (9)</td>
<td>68 (9)</td>
<td>69 (7)</td>
</tr>
<tr>
<td>LVSP</td>
<td>122 (15)</td>
<td>121 (12)</td>
<td>126 (14)</td>
</tr>
<tr>
<td>LVEDP</td>
<td>10 (4)</td>
<td>10 (4)</td>
<td>10 (3)</td>
</tr>
<tr>
<td>LVEDVI</td>
<td>80 (7)</td>
<td>82 (6)</td>
<td>74 (9)</td>
</tr>
</tbody>
</table>

Heart-lung transplantation group vs control group 1a, *p < 0.05; vs control group 1b, **p < 0.01; and vs control group 1c, ***p < 0.001. Control group 1c vs patient groups, ****p < 0.001.

Heart-lung transplantation group v control group 1a, *p < 0.05; v control group 1b, **p < 0.01; and v control group 1c, ***p < 0.001. Control group 1c vs patient groups, ****p < 0.001. Pressure measurements were performed with fluid filled catheters during diagnostic cardiac catheterisation.

HR, heart rate; EF, left ventricular ejection fraction; LVSP, left ventricular peak systolic pressure; LVEDP, left ventricular end diastolic pressure; LVEDVI, left ventricular end diastolic volume index.

Heart-lung transplantation group v control group 1a, *p < 0.05; v control group 1b, **p < 0.01; and v control group 1c, ***p < 0.001. Control group 1c vs patient groups, ****p < 0.001. Pressure measurements were performed with fluid filled catheters during diagnostic cardiac catheterisation.

HR, heart rate; EF, left ventricular ejection fraction; LVSP, left ventricular peak systolic pressure; LVEDP, left ventricular end diastolic pressure; LVEDVI, left ventricular end diastolic volume index.

Regression analysis showed a modest influence of the ischaemic time and recipient age on the index of left ventricular asynchrony (multiple correlation: r = 0.399; p < 0.05). Simple correlations were not significant (recipient age v index of asynchrony, r = 0.164; ischaemic time v index of asynchrony, r = 0.317).

TIME CONSTANT OF ISOVOLUMIC PRESSURE DECAY (T)

T was normal in patients with transplants (table 5, fig 2); it was significantly prolonged in only two patients with transplants.

LEFT VENTRICULAR MYOCARDIAL STIFFNESS

The reference midwall circumference L1 was identical in controls and those with transplants (table 6). Both the constant of left ventricular myocardial stiffness bM (p < 0.02) and the elastic constant aM (p < 0.002) of the stress-strain relation were significantly increased in patients with transplants (table 6). The constants aM and bM were increased particularly after cardiac transplantation (p < 0.001 and p < 0.01, respectively). These indices were not significantly increased after heart-lung transplantation (table 6, fig 3). Myocardial stiffness bM was increased in only one heart-lung transplant (fig 3); this, however, increased the standard deviation substantially so that no significant difference between the two patient groups could be shown. The constant of left ventricular myocardial viscosity (νM) was similar in all groups.

As with chamber stiffness, regression analyses

Table 5  Cycle efficiency, index of left ventricular asynchrony, and time constant of isovolumic pressure decay after cardiac and heart-lung transplantation (mean (SD))

<table>
<thead>
<tr>
<th>Cycle efficiency (%)</th>
<th>Index of asynchrony (ms)</th>
<th>T (ms)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total group (32)</td>
<td>77.8 (8.9)</td>
<td>26.5 (12)</td>
</tr>
<tr>
<td>Cardiac (24)</td>
<td>75.9 (9.4)*</td>
<td>26.3 (8.7)</td>
</tr>
<tr>
<td>Heart-lung (8)</td>
<td>83.6 (3.3)**</td>
<td>24.5 (6.8)</td>
</tr>
<tr>
<td>Control group</td>
<td>82.1 (5.1)</td>
<td>23.6 (9.5)</td>
</tr>
</tbody>
</table>

*Cardiac transplants v control group, p < 0.05; **cardiac transplants v heart-lung transplants, p < 0.05.
showed a significant correlation between the constant of left ventricular myocardial stiffness $b_M$ and both ischaemic time and donor age (multiple correlation $r = 0.402; \ p < 0.05$). Simple correlations were not significant (ischaemic time $\nu$ constant of myocardial stiffness $b_M$: $r = 0.196$; donor age $\nu$ constant of myocardial stiffness $b_M$: $r = -0.326$).

**CORONARY ANGIOGRAMS**

Yearly follow up coronary angiograms showed normal coronary arteries in 24 patients with transplants, mild atherosclerotic plaques in six patients with transplants, and slight (<30%) coronary stenoses in two patients with transplants. Significant coronary stenoses were not seen in any of the patients studied.

**ENDOMYOCARDIAL BIOPSIES**

Endomyocardial biopsy specimens showed no evidence of cardiac allograft rejection in any of the patients with transplants.

**Discussion**

Although a transplanted heart comes from a young donor without evidence of preexisting cardiovascular disease, its later function could be influenced by the brain death of the donor, as well as by impaired haemodynamic function and cardiovascular disease of the donor. Additional mechanisms that could potentially alter the performance of the cardiac allograft are ischaemia during harvesting and transport of the donor heart, acute allograft rejections, insidious chronic rejection, 

**EVALUATION OF ALTERED DIASTOLIC FUNCTION AFTER CARDIAC TRANSPLANTATION**

While systolic function, as assessed by afterload increment, and the contractile reserve of the cardiac allograft were almost normal, diastolic function was abnormal. Our data showed an increase in myocardial stiffness, a small but insignificant increase in left ventricular chamber stiffness, and a slight reduction of cycle efficiency after cardiac transplantation (figs 2 and 3).

Diastolic function was almost normal after heart and lung transplantation (figs 2 and 3); left ventricular chamber stiffness and myocardial stiffness were increased in only one heart-lung transplant patient. This could be the result of differences in

<table>
<thead>
<tr>
<th>Table 6</th>
<th>Left ventricular chamber stiffness and myocardial stiffness after cardiac and combined heart-lung transplantation (mean (SD))</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chamber stiffness</td>
<td><strong>Myocardial stiffness</strong></td>
</tr>
<tr>
<td>$a_c$</td>
<td>$b_c$</td>
</tr>
<tr>
<td><strong>Total group</strong></td>
<td></td>
</tr>
<tr>
<td>0.020</td>
<td>1.12</td>
</tr>
<tr>
<td>(0.045)</td>
<td>(0.92)</td>
</tr>
<tr>
<td><strong>Cardiac transplants</strong></td>
<td></td>
</tr>
<tr>
<td>0.022</td>
<td>1.22</td>
</tr>
<tr>
<td>(0.031)</td>
<td>(0.84)</td>
</tr>
<tr>
<td><strong>Heart-lung transplants</strong></td>
<td></td>
</tr>
<tr>
<td>0.013</td>
<td>0.82</td>
</tr>
<tr>
<td>(0.021)</td>
<td>(0.73)</td>
</tr>
<tr>
<td><strong>Control group</strong></td>
<td></td>
</tr>
<tr>
<td>0.007</td>
<td>0.73</td>
</tr>
<tr>
<td>(0.098)</td>
<td>(0.36)</td>
</tr>
</tbody>
</table>

$a_c$ = elastic constant; $b_c$ = constant of chamber stiffness; $\nu_c$ = viscoelastic constant; $L_1$ = reference length for calculation of strain; $a_M$ = elastic constant; $b_M$ = constant of myocardial stiffness; $\nu_M$ = viscoelastic constant. **p < 0.001, *p < 0.002; †p < 0.01; ‡p < 0.02 compared with control group.
myocardial protection: in cardiac transplantation crystalloid cardioplegia was performed but for heart-lung transplantation the donor was cooled and blood cardioplegia was performed. Another explanation is the possible immunological protection of the heart by the lungs.

Others have questioned whether the passive diastolic properties of the myocardium are best represented by a viscoelastic model, but these theoretical considerations should be of no importance in our study because we saw no differences in the viscoelastic constant between any of the groups. The method reported by Hess et al was used to evaluate passive diastolic filling, because this method correlated well with the extent of endomyocardial fibrosis. Although no attempt was made to measure the extent of myocardial fibrosis in this study, these findings suggest that increased myocardial stiffness reflects increased myocardial fibrosis. Other explanations such as incomplete relaxation or considerable asynchrony of the onset of relaxation could be excluded in our study, because both the time constant of isovolumic pressure decay and the index of left ventricular asynchrony were normal (fig 2).

Finally, steeper pressure-circumference and stress-strain curves could theoretically be caused by a leftward shift of these relations, with the left ventricle working on a steeper portion of the diastolic pressure-circumference and stress-strain curves. However, the reference length L1 was nearly identical in all groups, which rules out any such leftward shift (table 6, fig 4).

While cycle efficiency was reduced after cardiac transplantation (fig 2), indicating incoordinate contraction and relaxation, the index of left ventricular asynchrony was normal. Although the index of left ventricular asynchrony and cycle efficiency are both indicators of incoordination, they reflect different aspects of it. The index of left ventricular asynchrony reflects variability in timing of relaxation onset, while cycle efficiency is independent of timing but dependent on changes in left ventricular pressure and dimension. Cycle efficiency reflects changes in left ventricular shape during the isovolumic contraction and relaxation periods and therefore incoordinate contraction and relaxation. Changes in left ventricular shape are usually also reflected by the "shape index" as originally described by Chen and Gibson. In this group of patients with transplants the shape index was not analysed, because most left ventricular angiograms showed apical dyskinesia after the intraoperative use of an apical vent (fig 1); thus the shape index would have given unreliable results.

None the less, the reduction in cycle efficiency after transplantation cannot be explained by apical dyskinesia, because apical dyskinesia was seen after cardiac transplantation and heart-lung transplantation whereas cycle efficiency was normal after heart-lung transplantation.

The time constant of isovolumic pressure decay
was normal in transplant patients. Therefore relaxation seems to be normal. This is of particular interest as relaxation is an active phenomenon that is modified by sympathetic innervation. Although it has been suggested that incoordinate relaxation could affect the time constant of isovolumic pressure decay, it can be shown mathematically that this is not the case (appendix B).

**FACTORS PREDISPOSING TO DIASTOLIC DYSFUNCTION AFTER CARDIAC TRANSPLANTATION**

Our data show that passive diastolic properties are significantly related to the ischaemic time of the donor heart, as is the index of left ventricular asynchrony. This finding accords with experimental findings. Donor age showed an inverse relation with passive diastolic properties; this could be because of differences in the cause of death and clinical course among younger donors. In contrast with cardiac transplant patients, only one heart-lung transplant patient showed impaired passive diastolic properties (fig 2). This may be because of the different type of myocardial protection used. The donor heart of this particular patient had a relatively long ischaemic time (2.92 h) and was obtained from a 14 year old girl, while the recipient was a large 17 year old boy.

The indices of incoordinate relaxation correlated weakly with recipient age. Although for cycle efficiency this correlation was obvious the result of the younger age of heart-lung transplant patients (fig 2), this was not the case for the index of left ventricular asynchrony (fig 2). More patients are required to determine whether the relation between incoordinate relaxation and recipient age is the result of the recipient's underlying disease or is simply age related.

Diastolic dysfunction was not related to the interval between transplantation and study; this suggests that there was no progressive deterioration of diastolic function with time. No relation was seen between diastolic dysfunction and immunosuppression with cyclosporin. However, only five of the patients did not receive cyclosporin. Diastolic dysfunction seems to be unrelated to denervation, because diastolic function was almost normal after heart-lung transplantation.

The number of preceding rejection episodes did not appear to influence diastolic function (table 3). This could be because rejection episodes in this group of transplanted patients were adequately treated. Evaluation of the effects of acute and chronic rejection, however, is extremely difficult if not impossible, because there is no way to measure exactly the severity or duration of rejection episodes.

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This study confirmed the presence of diastolic dysfunction after cardiac transplantation. Impairment of diastolic function seemed to be the result of increased myocardial stiffness and a mild degree of incoordinate contraction and relaxation. Increased myocardial stiffness is related to the ischaemic time of the donor heart. There is a basic difference in diastolic properties in patients with heart-lung transplants and those with cardiac transplants. This could be the result of differences in organ preservation or harvesting and of immunological factors.

We thank O M Hess (University of Zurich, Switzerland) for his help in establishing the iteration programs and in preparing the paper. We also thank Dr D G Gibson (Brompton Hospital, London) for his help in preparing this paper.

This study was supported by a grant from the Deutsche Forschungsgemeinschaft.

**Appendix A**

Calculation of left ventricular chamber stiffness by an exponential model with a viscoelastic constant according to the method described by Hess et al. It was calculated from the following equation:

\[
P(t) = a_c e^{b(t)l(t)} + v_c \frac{dl(t)}{dt}
\]

where \(P(t)\) is left ventricular pressure; \(a_c\) is elastic constant; \(b_c\) is the constant of chamber stiffness; \(v_c\) is the viscoelastic constant, and \(l(t)\) is the left ventricular circumference.

The constants \(a_c, b_c,\) and \(v_c\) were calculated by use of the formula mentioned above by iteration so that the least squares estimate between the measured and calculated values was minimised.

Calculation of left ventricular myocardial stiffness—For calculation of left ventricular myocardial stiffness the stress-strain relations were analysed. Meridional wall stress (Str(t)) was calculated as:

\[
Str(t) = 1.35^* \frac{P(t)*D(t)}{4*P(t)*h(t)*(1 + h(t)/D(t))} \text{[g/cm}^2]\]

where \(Str(t)\) is meridional wall stress; \(P(t)\) is left ventricular pressure; \(D(t)\) is left ventricular internal diameter; and \(h(t)\) is left ventricular posterior wall thickness.

For the calculation of strain (strain(t)) a reference length had to be defined. The reference midwall circumference \(L_1\) was (arbitrarily) calculated for a meridional wall stress of 1 g/cm². \(L_1\) was calculated by iteration of the following equation:

\[
Str(t) = a*bc^*l(t) + v*dl(t)/dt
\]
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Natural strain (E(t)) was calculated as:

\[ E(t) = \ln(t) - \ln(L1) \]

Myocardial stiffness was calculated by iteration of the following equation:

\[ \text{Str}(t) = a_m e^{b_m t} E(t) + v_m dE(t)/dt \]

where \( a_m \) is the elastic constant; \( b_m \) the constant of myocardial stiffness; and \( v_m \) the viscoelastic constant).

Appendix B

Two segments A and B with identical time constants of relaxation are analysed. Isovolvolic pressure decay is assumed to be represented by a monoexponential model with asymptote. If segment B starts to relax the time interval \( t^* \) later than segment A, isovolumic pressure decay is expressed by:

Segment A: \( P_a(t) = a e^{b t} + c \), and

Segment B: \( P_b(t) = a e^{b(t + t^*)} + c \)

The resulting pressure \( P(t) \) from both segments can be expressed by:

\[ 2P(t) = P_a(t) + P_b(t) = \left[ a e^{b t} + c \right] + \left[ a e^{b(t + t^*)} + c \right] = e^{b t} [a + a e^{b t^*}] + 2c \]

\[ P(t) = a/2 + a/2 e^{b t^*} e^{b t} + c \]

because \( t^* \) is a constant time interval, \( e^{b t^*} \) is also constant; thus the resulting pressure \( P(t) \) can be expressed by:

\[ P(t) = a/2 + a/2 e^{b t^*} + c \]

While the time constant of this relation \( T = 1/b \) remains constant with an asynchronous onset of relaxation, the constant \( a = P(t_0) \) changes by the factor:

\[ 1/2 + 1/2 e^{b t^*} \]

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