

Zestril

lisinopril ICI

Prescribing Notes.

Special reporting to CSM required

Consult data sheet before prescribing.

Indications: Hypertension when standard therapy is ineffective or inappropriate. Congestive heart failure (adjunctive therapy).

Presentation: Tablets containing 2.5mg, 5mg, 10mg or 20mg lisinopril ('Zestril').

Dosage and administration:
Hypertension – initially 2.5mg daily, a 2.5mg dose seldom achieves a therapeutic response; adjust dose according to response. Maintenance usually 10-20mg once daily. Maximum is 40mg daily. Diuretic-treated patients – if possible stop diuretic 2-3 days before starting 'Zestril'. Resume diuretic later if desired.

Congestive heart failure (adjunctive therapy) – initially 2.5mg daily in hospital under close medical supervision, increasing to 5-20mg once daily according to response. Impaired renal function – may require a lower maintenance dose. 'Zestril' is dialysable. Elderly patients – no change from standard recommendations.

Contraindications: Pregnancy – stop therapy if suspected. Hypersensitivity to 'Zestril'. Patients reacting with angioneurotic oedema to previous ACE inhibitor treatment.

Precautions: Assessment of renal function is recommended. Renal insufficiency, renovascular hypertension, surgery/anaesthesia. Possibility of hypotension especially in ischaemic heart disease and cerebrovascular disease. Combination with antihypertensives may increase hypotensive effect. Sometimes increased blood urea and creatinine and/or cases of renal insufficiency if given with diuretics. Minimises thiazide-induced hypokalaemia and hypercalcaemia. Potassium supplements or potassium-sparing diuretics and potassium – containing salt substitutes not recommended. Indometacin may reduce hypotensive effect. Possible reduced response Afro-Caribbean patients. Use with caution in breastfeeding others. Do not use in aortic stenosis or outflow tract obstruction or cor pulmonale. Monitor lithium serum levels if lithium salts administered.

Side effects: Dizziness, headache, diarrhoea, fatigue, cough and nose. Less frequently, rash and sthenia. Rarely, angioneurotic oedema and other hypersensitivity reactions; renal failure; symptomatic hypotension (especially if volume-depleted); severe hypotension (more likely if severe heart failure); palpitation; hyperkalaemia; increases in liver enzymes and serum bilirubin (usually reversible on discontinuation of 'Zestril') and impotence.

Product licence numbers and NHS cost: 'Zestril' 2.5mg (9/0208) 28 tablets, £7.84, 5mg (9/0204) 28 tablets, £9.83, 10mg (9/0205) 28 tablets, £12.13, 20mg (9/0206) 28 tablets, £20.96.

'Zestril' is a trademark.

Further information is available on request.



Everything is beautiful!

Everyone has a certain zest for life. 'Zestril' lets your hypertensive patients enjoy their's. 'Zestril' is an effective ACE inhibitor from ICI. 'Zestril' is taken once daily, so encouraging good patient compliance. A valuable aspect

of 'Zestril' therapy is that it is well tolerated, and suitable for a wide range of hypertensive patients (for whom conventional therapy is ineffective or inappropriate). Your hypertensive patients will appreciate

the convenient dosage and good patient tolerability of 'Zestril'. It's a therapy they'll find easy to live with – one which helps retain their zest for life. Letting them enjoy 'everything that's beautiful' in life.

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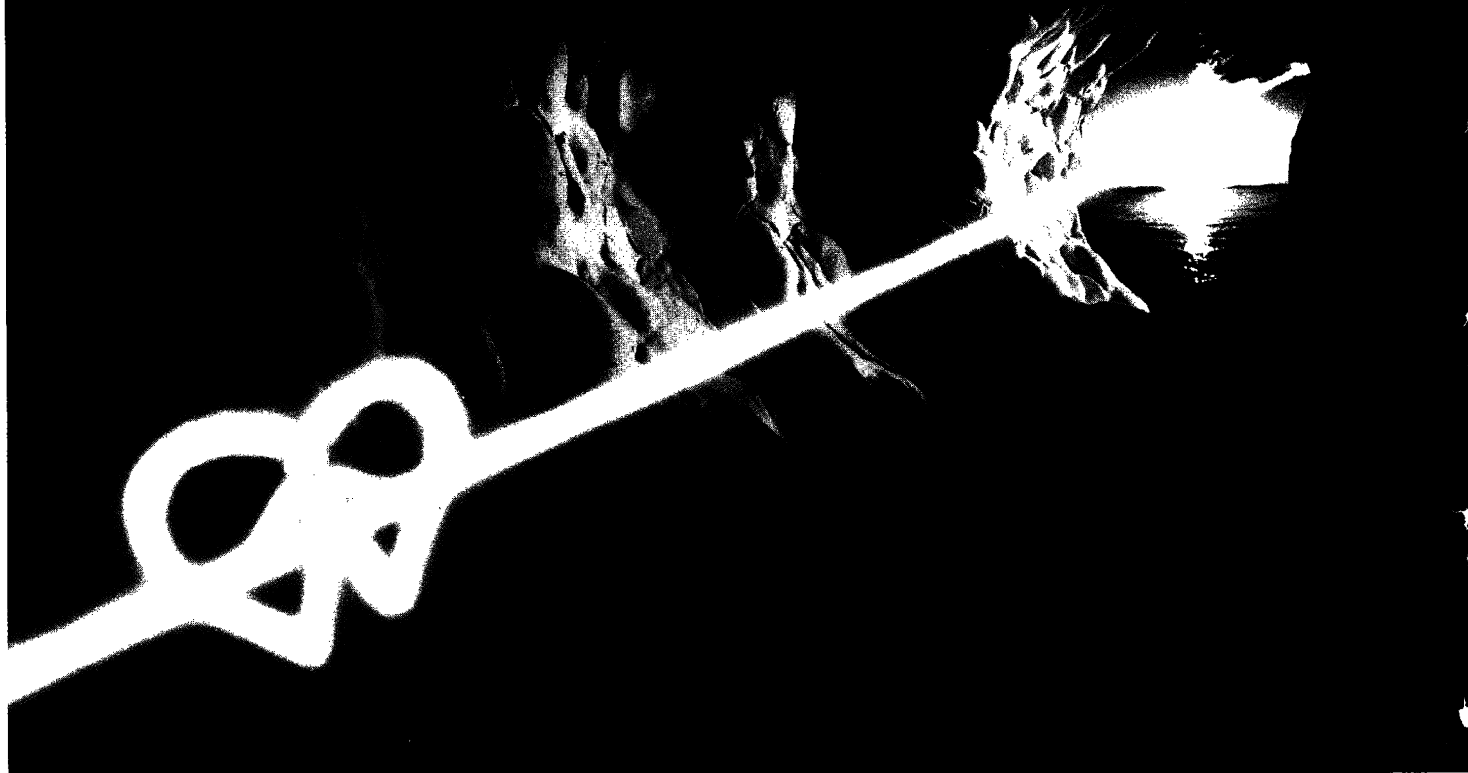


Once daily antihypertensive therapy which helps retain that zest for life.

ICI Pharmaceuticals (UK), Southbank, Alderley Park, Macclesfield, Cheshire. SK10 4TF.

H1001 Jan 90

NEW IN HYPERTENSION



Cardura can improve two major coronary risk factors

There are compelling reasons to consider Cardura first in mild to moderate hypertension.

Cardura in a single daily dose gives smooth and sustained control of blood pressure.^{1,2}

Cardura has been shown to reduce blood cholesterol, a second major coronary risk factor.³

In over 6,000 patients Cardura has been shown to have a predictable and acceptable side effect profile, and no unwanted metabolic effects have been observed to date.⁴

Unlike many of the newer anti-hypertensives, Cardura is indicated for first-line use.⁵

New Once Daily
CARDURA* 
doxazosin

Prescribing information: ▼ **Indications:** First-line treatment of hypertension and may be used as the sole agent to control blood pressure in the majority of patients, including those with asthma, gout and the elderly. **Dosage:** Cardura is used in a once daily regimen. The initial dose is 1mg. Dosage may then be increased after 1 or 2 weeks of therapy to 2mg and thereafter, if necessary, to 4mg. The majority of patients who respond to Cardura will do so at a dose of 4mg or less. Dosage can be further increased, if necessary, to 8mg or the maximum recommended dose of 16mg. **Use in children:** Not recommended. **Contra-indications:** Sensitivity to Cardura and related quinazolines. Lactation. **Use during pregnancy:** Cardura should only be used during pregnancy when, in the opinion of the physician, potential benefit outweighs potential risk. **Side effects:** Postural hypotension, rarely

associated with fainting. Other reactions include: dizziness, vertigo, headache, fatigue, asthenia or oedema. **Further information:** In short-term studies, Cardura produced a modest reduction plasma total cholesterol and LDL cholesterol. **Basic NHS Cost:** 1mg tablet (PL 57/0276) Calendar pack of 28, £9.60; 2mg tablet (PL 57/0277) Calendar pack of 28, £12.80; 4mg tablet (PL 57/0278) Calendar pack of 28, £16.00. *Trade Mark. Further information on request. **References:** 1. Smyth P et al. Eur J Clin Pharmacol 1988; **34**: 613-618. 2. Frick MH et al. Br J Clin Pharmacol 1986; **21** (Suppl 1): 55S-62S. 3. Cubeddu LX et al. Am J Hyperten 1988; **1**: 158-167. 4. Data on file, Pfizer Inc 1987. 5. Data sheet. Invicta* Pharmaceuticals. A division of Pfizer Limited, Sandwich, Kent CT13 9NJ.

