LETTERS TO THE EDITOR

The British Heart Journal welcomes letters commenting on papers that it has published within the past six months.

All letters must be typed with double spacing and signed by all authors.

No letter should be more than 600 words.

In general, no letter should contain more than six references (also typed with double spacing).

Permanent pacing after cardiac transplantation

Sr,—Scott et al reported that only a few patients given a permanent pacemaker subsequently needed long-term rate support.1 This accords with our experience and that of other groups.2 We recently learned, however, that what appears to be transient sinus node dysfunction may not be.1 Only one of the patients fitted with AAI(R) pacemakers that allowed for follow-up determination of sinus node recovery time also had a normal recovery phenomenon. One patient who had been in slow junctional escape rhythm until late in the postoperative period had permanent pacemaker placement before discharge. One year later he was in sinus rhythm at a rate of about 85 beats/min and a Holter recording showed that he was overriding the pacemaker most of the day. This accorded with the findings of Scott et al and Markewitz et al.3 The recovery phenomenon, however, was grossly abnormal with a postspacing pause of more than 4 s during which he had symptoms.

While it is clear that an abnormal recovery time is not in itself an indication for pacemaker placement, as we stated in our original version of our paper, this may not be true in a patient with a cardiac transplant who has had symptoms. Though much is known about the incidence of sinus node dysfunction after cardiac transplantation, the actual incidence of symptoms remains unknown and may be underestimated because of the low threshold for postoperative pacemaker placement. In our series of 90 patients three recipients had to be given a pacemaker.4 Sinus node deficiency had been evident in these patients but its severity had been underestimated.4 We want to draw attention to the fact that late restoration of sinus rhythm in a patient with a heart transplant may indicate reversion to a latent type of sick sinus syndrome rather than normalisation of sinus node function. These patients may still be liable to severe symptoms.

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3 Lee HS, Cross SJ, Davidson R, Reid T, Jennings K. Raised levels of antistreptokinase antibodies and antistreptolysin titres from four days to 54 months after administration of streptokinase or anistreplase. Eur Heart J 1993;14:94-9.

Spontaneous ventricular defibrillation

Sr,—We read with pleasure the article of van Hemel and Kingma on self terminating ventricular fibrillation.1 They suggest that transient ventricular fibrillation is unusual and presumably occurs when there is a rapid and complete re-establishment of pre-existing normal electrophysiological properties.2 In the myocardium they observed, they related the existence of transient ventricular fibrillation to the rapid electrophysiological improvement during the dynamic process of reperfusion.

We have worked on transient ventricular fibrillation for more than a decade and we want to question these two points. Firstly, transient ventricular fibrillation is not unusual. It has been reported in various mammals3 and it is not so rare clinically.2 Secondly, during ventricular fibrillation there is no coronary circulation and reperfusion stops when ventricular fibrillation starts. For this reason the suggestion that an "increase in organisation of ventricular fibrillation into ventricular flutter" is a result of rapid electrophysiological improvement during the dynamic process of reperfusion (which does not exist during ventricular fibrillation) seems unlikely. Because reperfusion can not explain the synchronisation of ventricular fibrillation that takes place over time and leads to spontaneous defibrillation we propose an alternative explanation.

On the basis of our experimental studies4 we have hypothesised that transient ventricular fibrillation requires the maintenance of a high sympathetic and low parasympathetic level during ventricular fibrillation. This hypothesis was based on results obtained in studies showing that transient ventricular fibrillation is a normal feature in mammals that have predominantly sympathetic cardiac autoregulation whereas sustained ventricular fibrillation occurs in those mammals that have predominantly parasympathetic autoregulation.2 Moreover, it has been shown that sustained ventricular fibrillation can be transformed into transient ventricular fibrillation either by pretreatment with various compounds that increase the cardiac catecholamine concentration during ventricular fibrillation5 or by intracoronary administration of adrenaline during ventricular fibrillation.6

Our hypothesis suggests that a high cardiac catecholamine concentration improves intercellular coupling and intercellular synchronisation, leading different myocardial cells to fibrillate coordinately.1 This sympathetically induced synchronisation organises ventricular fibrillation into ventricular flutter and leads to subsequent spontaneous restoration of the sinus rhythm.

According to this assumption, the phenomenon described by van Hemel and Kingma can be related to the increases in sympathetic activity induced by ventricular fibrillation which increase the cardiac concentration of catecholamines at the time. In a heart without structural heart disease, this increase in catecholamine concentration organises the configuration of the unsynchronised ventricular fibrillation into more organised "coarse" ventricular fibrillation, which in some cases terminates spontaneously.

The various problems involved in transient ventricular fibrillation were discussed.

1 Scott CD, McComb JM, Dark JH, Beaton RS. Permanent pacing after cardiac transplantation. Br Heart J 1993;69:399-403.
at a workshop on antiarrhythmic drugs and self ventricular defibrillation held in Tel-Aviv on 6–7 May 1993. The lectures presented at this workshop are now in print in the Journal of Basic and Clinical Pharmacology and Pharmacology.

1 van Hemel NM, Kingma JH. A patient in whom self terminating ventricular fibrillation was a manifestation of myocardial repolarisation. Br Heart J 1993;69:568-71.

2 Wiggers CJ. The mechanism and nature of ventricular fibrillation. Am Heart J 1940;28:399-412.


Spontaneous ventricular defibrillation.

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