Prosthetic valve endocarditis

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After 40 years of continuous improvements in the design and materials used for prosthetic heart valves, valve replacement surgery is now performed with low morbidity and mortality. These advantages have been hampered by a few but severe adverse effects; in particular, infections of the prosthetic material continue to be an extremely serious complication occurring with a relatively low but increasing frequency ranging from 0.1–2.3% per patient year.\(^1\)--\(^3\) The prosthesis obviously predisposes to device related infections, especially those caused by novobiocin susceptible, coagulase negative staphylococci, which are able to adhere to a variety of surfaces\(^4\) and produce an antibiotic resistant biofilm.\(^5\)--\(^6\)

**Definition and frequency**

Prosthetic valve endocarditis (PVE) is an endovascular, microbial infection occurring on parts of a valve prosthesis or on reconstructed native heart valves.\(^7\) It is recommended to determine whether (a) a mechanical prosthesis, (b) a bioprosthetic xenograft, stented or unstented, (c) an allograft, (d) a homograft, or (e) a repaired native valve with or without implantation of an annular ring is involved.\(^8\)

Although clinical relevance and therapeutic considerations may be similar, infections of devices or lines placed inside the heart but not connected to the endocardial structures should be classified as “polymer associated infections” rather than PVE.

PVE should be classified as either being acquired perioperatively, and thus nosocomial (early PVE), or as community acquired (late PVE).\(^9\) Because of significant differences in microbiology of PVE observed within the first year of operation and later on, the time cut off point between early and late PVE should be regarded as one year.\(^9\)

The risk for early PVE is higher (approximately 5%) in patients with replacement surgery during active infective endocarditis, especially if the causal organism is unknown or the antibiotic treatment is insufficient. The incidence of late PVE is lower for mechanical prostheses than for bioprostheses. The weighted mean incidence for infections of bioprostheses calculated from published series is 0.49% per patient year for mitral valves and 0.91% per patient year for aortic valves. For mechanical prostheses, the incidence is 0.18% per patient year for mitral, 0.27% per patient year for aortic, and 0.29% per patient year for multiple implants.\(^10\)

Comparing different periods of implantation, hazard functions reveal a significant decline in early PVE cases in recent years, contrasting with a slight increase in the hazard for late PVE (fig 1).

**Pathogenesis**

Prostheses made from metal, pyrolyte or other materials do not allow adherence of microorganisms as long as they are free from thrombotic material. Infections of mechanical prostheses generally originate from the sewing cuff or from thrombi located near the sewing ring downstream in recirculation areas. Inflammatory peri prosthetic leaks, ring abscesses, and invasion of the infective process into the adjacent tissue are common findings. The pathogenesis of bioprosthetic infections may be similar to that of native valves. In these cases, the infection is restricted to the cusps, eventually initiating secondary bioprosthetic failure but with only a low tendency to invade the sewing cuff or to result in peri prosthetic abscesses.\(^10\) If the sewing cuff, however, is involved, the pathogenesis and clinical course are more or less the same as in PVE involving mechanical prostheses.

**Microbiology**

The microbiology of PVE is very different from that of native valve endocarditis (NVE). Streptococci and enterococci occur less frequently, while staphylococci, bacteria of the HACEK group (Haemophilus, Actinobacillus, Cardiobacterium, Eikenella, and Kingella), and fungi are found more frequently in cases of PVE. Novobiocin susceptible, coagulase negative staphylococci have a particularly high affinity for implanted or indwelling foreign surfaces, especially polymers.\(^4\) They are the most frequent

![Figure 1. Hazard functions for prosthetic valve endocarditis in 4189 consecutive patients during three successive follow up periods.](http://heart.bmj.com)

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The table includes hazard functions for prosthetic valve endocarditis in 4189 consecutive patients during three successive follow up periods.
Definition, pathogenesis, and microbiology of prosthetic valve endocarditis (PVE)

- Microbial infection of parts of a prosthetic valve or reconstructed native heart valve
- Early PVE is usually acquired perioperatively (nosocomial)
- Late PVE is mostly community acquired
- Time cut off point between early and late PVE should be one year (notable differences in microbiology)
- The risk of early PVE is higher (approximately 5%) in patients with replacement surgery during active infective endocarditis
- Mechanical prosthesis infections originate from the sewing cuff or from nearby located thrombi → periprosthetic leaks, ring abscesses, invasion of adjacent tissue
- Bioprostheses infections mostly are restricted to the cusps → secondary bioprosthetic failure
- Staphylococci (especially novobiocin susceptible, coagulase negative staphylococci), bacteria of the HACEK group, and fungi occur more frequently in PVE
- Streptococci and enterococci are found more frequently in native valve endocarditis

Antimicrobial treatment

The basic principles of antimicrobial treatment in PVE do not differ from those for NVE. Some special aspects need to be considered, however. PVE is usually associated with vegetations larger than those found in NVE. Consequently, antibiotics have to be used in dosages which result in maximum, non-toxic serum concentrations in order to penetrate the total vegetation. The duration of treatment usually has to be longer than for the treatment of NVE and should consider vegetation size as determined by TOE as well as the minimal inhibitory concentration (MIC) of the most effective combination of antibiotics (table 2). Antibiotic sterilisation of large vegetations is unlikely with an MIC ≥ 4 μg/ml.

In PVE caused by coagulase negative staphylococci, complex interactions between the microorganism and the synthetic material—for example, irreversible adhesion and production of a biofilm, which inhibit the host defence mechanisms—protects against antimicrobial treatment and makes antibiotic sterilisation extremely difficult.5

The presence of (micro-) abscesses is likely in PVE caused by coagulase negative staphylococci, and triple therapy including rifampicin (900 mg/day divided into three doses) is

Diagnostic approach

The diagnostic approach in PVE does not differ from that in NVE, as both are systemic infections maintaining a continuous bacteraemia. Hence, the diagnosis is established if in addition to typical clinical signs and symptoms and positive blood cultures, the device can be shown to be affected by echocardiography, preferably using multipane transoesophageal (TOE) probes. TOE should be performed without delay in all patients with suspicion of PVE.7 For the diagnosis of PVE, TOE is of such immense importance that institutions without this facility are best advised to ask for assistance from a specialised centre. With TOE the size of vegetation can be defined more precisely than with transthoracic echocardiography (TTE), and periannular complications indicating a locally uncontrolled infection (for example, abscesses, dehiscence, fistulas) may be detected earlier. Both size of vegetations and infection morphology significantly influence therapeutic decisions (namely duration of antimicrobial treatment and the need for urgent surgical intervention).

In otherwise unproven cases, gallium-67 scans or indium-111 leucocyte scintigraphy have been reported to be useful in detecting myocardial abscesses or diffuse tissue infiltrations. Their diagnostic impact has not been established so far.12

### Table 1  Microbiology of early and late PVE. Authors’ own findings compared to a recent European literature review

<table>
<thead>
<tr>
<th></th>
<th>Early PVE (%)</th>
<th>Late PVE (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Own experience</td>
<td>Europe</td>
</tr>
<tr>
<td></td>
<td>(n=64)</td>
<td>(n=112)</td>
</tr>
<tr>
<td>Staphylococcus epidermidis</td>
<td>29</td>
<td>43</td>
</tr>
<tr>
<td>Staphylococcus aureus</td>
<td>18</td>
<td>13</td>
</tr>
<tr>
<td>Streptococci</td>
<td>6</td>
<td>3</td>
</tr>
<tr>
<td>Enterococci</td>
<td>6</td>
<td>2</td>
</tr>
<tr>
<td>HACEK</td>
<td>18</td>
<td>17</td>
</tr>
<tr>
<td>Fungi</td>
<td>9</td>
<td>6</td>
</tr>
<tr>
<td>Mixed infections</td>
<td>6</td>
<td>–</td>
</tr>
<tr>
<td>Others</td>
<td>6</td>
<td>12</td>
</tr>
<tr>
<td>Culture negative</td>
<td>3</td>
<td>4</td>
</tr>
</tbody>
</table>

*Vadans group n=13 (10%), β haemolytic streptococci n=3 (2%), and Streptococcus bovis n=4 (5%)

HACEK, Haemophilus, Actinobacillus, Cardiobacterium, Eikenella, Kingella.

### Table 2  Duration of antimicrobial treatment in prosthetic valve endocarditis with respect to vegetation size and minimal inhibitory concentration (MIC)

<table>
<thead>
<tr>
<th>Vegetation size</th>
<th>MIC ≥ 4 μg/ml</th>
<th>2 μg/ml &gt; MIC ≥ 0.5 μg/ml</th>
<th>0.5 μg/ml &gt; MIC ≥ 0.1 μg/ml</th>
<th>MIC &lt; 0.1 μg/ml</th>
</tr>
</thead>
<tbody>
<tr>
<td>&lt; 4 mm</td>
<td>Antibiotic cure unlikely</td>
<td>6 weeks &gt; 6 weeks</td>
<td>6 weeks &gt; 6 weeks</td>
<td>6 weeks &gt; 6 weeks</td>
</tr>
<tr>
<td>5–9 mm</td>
<td>Antibiotic cure unlikely</td>
<td>6 weeks &gt; 6 weeks</td>
<td>6 weeks &gt; 6 weeks</td>
<td>6 weeks &gt; 6 weeks</td>
</tr>
<tr>
<td>&gt; 10 mm</td>
<td>Antibiotic cure unlikely</td>
<td>6 weeks &gt; 6 weeks</td>
<td>6 weeks &gt; 6 weeks</td>
<td>6 weeks &gt; 6 weeks</td>
</tr>
</tbody>
</table>

*Actual size of vegetation during treatment; MIC, minimal inhibitory concentration of the most effective antibiotic combination.
Table 3 Guidelines for endocarditis prophylaxis in patients with biological or prosthetic heart valves, categorised according to the patient population at high risk of acquiring endocarditis.

<table>
<thead>
<tr>
<th>Oropharynx, gastrointestinal tract, urogenital tract</th>
<th>Skin, heart catheterisation</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>No penicillin allergy</strong></td>
<td></td>
</tr>
<tr>
<td>1 hour before the procedure</td>
<td></td>
</tr>
<tr>
<td>• Outpatient: 2 g (3 g &gt; 70 kg bodyweight) amoxicillin orally</td>
<td>• Outpatient: 600 mg clindamycin orally or 1 g vancomycin iv for 1 hour or 800 mg teicoplanin</td>
</tr>
<tr>
<td>• Hospitalised: 2 g amoxicillin iv + 1.5 mg/kg gentamicin</td>
<td>• Hospitalised: vancomycin 1 g iv for 1 hour + 1.5 mg/kg gentamicin</td>
</tr>
<tr>
<td>6 hours after the procedure</td>
<td></td>
</tr>
<tr>
<td>• Outpatient: 1 g amoxicillin orally</td>
<td>• Outpatient: 300 mg clindamycin orally</td>
</tr>
<tr>
<td>• Hospitalised: 1 g amoxicillin + 1.5 mg/kg gentamicin</td>
<td>• Hospitalised: vancomycin 1 g iv for 1 hour + 1.5 mg/kg gentamicin</td>
</tr>
</tbody>
</table>

In case of penicillin allergy

| Outpatient: 1 g clindamycin orally | Hospitalised: vancomycin 1 g iv for 1 hour + 1.5 mg/kg gentamicin |

**Surgical reintervention**

If PVE is complicated, it has to be decided whether medical treatment should be continued or urgent surgical intervention is required. The indications for surgery in PVE are similar to those in NVE: large (> 10 mm), mobile vegetations, thromboembolic events with vegetations still demonstrable, sepsis persisting for more than 48 hours despite effective antibiotic treatment (guided by blood cultures and MICs), and acute renal failure. A cerebral embolic event is not a contraindication for open heart surgery provided that there is no cerebral haemorrhage and the time between embolic event and surgery is short (preferably < 72 hours) so that the blood–brain barrier can be expected not to be significantly disturbed (fig 2). Periprosthetic dehiscence with or
Treatment and prophylaxis of prosthetic valve endocarditis (PVE)

- Duration of treatment for PVE is usually longer than for native valve endocarditis
- Antibiotic sterilisation of coagulase negative staphylococci or enterococci PVE is extremely difficult
- Early surgical intervention is necessary in most cases to prevent secondary complications
- Oral anticoagulation should be replaced by intravenous heparin or low molecular weight heparin
- For PVE prophylaxis, antibiotics should be taken one hour before and six hours after the interventional procedure
- In hospitalised patients, antibiotics may be administered intravenously in combination with aminoglycosides

Prophylaxis

As the risk for an infection is much higher in patients with prosthetic heart valves than in patients with valvar heart disease, more intensive prophylaxis is needed in these patients. In patients with prosthetic valves, the antibiotics should be taken one hour before the interventional procedure and a repeat but reduced dosage administered six hours after the procedure. If patients are hospitalised, the antibiotics may be applied intravenously in combination with aminoglycosides one hour before and six hours after the procedure (table 3).

   - Experience with 1533 patients undergoing valve surgery between 1975 and 1979 revealed that PVE occurs uncommonly after original valve replacement surgery (4.4% in five years) but with a high mortality of 80%.
   - This article reviews the current understanding of PVE and provides an outline for diagnosis and treatment based on the published literature and on the authors’ personal clinical experiences.
   - Editorial on the recent perspectives for prevention of PVE.
   - This article gives the historic background to the prevention of PVE and discusses the current state of research in this area.
   - A European consensus status giving the latest guidelines for prevention, diagnosis, and treatment of infective endocarditis.
   - Prevalence, sources of infection, microbiology, diagnostic approach, and medical as well as surgical treatment of 140 patients with PVE from 4182 consecutive patients operated on in Düsseldorf between 1970 and 1992.
   - This study reported better visualisation of valvar vegetations in native as well as in prosthetic valve endocarditis with transthoracic (TTE) echocardiography. TTE was positive in only 5 of 10 patients with infective endocarditis, while TOE not only yielded abnormal findings in all 10 patients but also revealed additional information in 4 of 5 patients.
   - Adequate anticoagulant treatment in patients with PVE resulted in fewer central nervous system complications than inadequate anticoagulation.
   - Consensus opinion regarding management of PVE caused by commonly encountered microorganisms and those cases resulting from infrequent causes of PVE.
   - The analysis of an urgent surgical intervention after embolic cerebral infarction in 22 patients compared to 27 medically treated patients revealed that removing the source of infection and embolic hazard seems to be beneficial and that surgery should be performed within 72 hours to prevent secondary cerebral haemorrhage.
   - This review of 32 patients showed that allograft aortic root replacement is a valuable technique in the complex setting of PVE with involvement of the perianular region with low perioperative mortality and morbidity.