Coronary revascularisation plays an important role in the management of patients with ischaemic heart disease. Its principle builds on restoring antegrade flow thereby relieving angina. As a result, the need for medication is reduced which, in turn, may improve quality of life and socioeconomic independency. Also the prognosis is beneficially affected. This is not only true for patients with severe coronary atherosclerosis such as patients with left main or three vessel disease, but also for patients with less advanced disease.1–3

WHY OFF-PUMP BYPASS SURGERY?

The first milestones in coronary revascularisation were surgical. It all started after the second world war with the implantation of the internal mammary artery indirectly into the cardiac muscle (the Vineberg procedure). A few years later, procedures for direct coronary artery revascularisation were designed, initially including endarterectomy, followed by the construction of an anastomosis between a donor artery or vein and the coronary artery. Interestingly, these first operations were performed on the beating heart without the use of extracorporeal circulation and cardiac arrest.4 The results of these early initiatives were generally unpredictable, preventing general acceptance and widespread use. It became clear that the safety and efficacy of surgical coronary revascularisation in terms of in-hospital complications and immediate and long term clinical outcome greatly depends, among other factors, on the quality of the anastomosis between the donor graft and recipient coronary artery. To predictably create these delicate and very precise hand sewn anastomoses, the surgeon needs a still and bloodless field with full exposure of the target area, enabling the required complex and coordinated manipulation of the microsurgical instruments.

In this respect, the introduction of cardiopulmonary bypass (CPB) and cardiac arrest by Favaloro in 1967 proved to be a tremendous step forward. Because basic surgical requirements could now be properly addressed, consistent high quality anastomoses could be produced by the broad majority of cardiac surgeons. Indeed, the reported excellent clinical outcome and long term results initiated a tremendous increase in the number of bypass operations reaching the clinical status of “gold standard”. Earlier efforts using different techniques were completely overwhelmed and almost forgotten for nearly 30 years. Excellent long term clinical results have been reported in a wide variety of patients, especially when using the internal mammary artery.5–6 The superiority of coronary artery bypass grafting (CABG) with the use of CPB and cardiac arrest—the so-called conventional CABG—with respect to angina reduction and the need for repeat revascularisation, in comparison with medical treatment and percutaneous transluminal coronary angioplasty (PTCA), is subject to little discussion.5–6 As a result, conventional bypass surgery has been quoted as “safe, effective, durable, reproducible, complete, versatile and teachable”.5–6

The question, however, is whether bypass surgery with CPB and cardiac arrest is indeed safe. Data from the National Cardiac Surgery Database of the Society of Thoracic Surgeons encompassing 170 895 patients are summarised in table 1.5–6 Overall, the proportion of patients suffering no complications was only 64.3%.7 In addition, health insurance data and data from clinical studies disclose that 10.2% do not leave the hospital within 14 days after the operation and 3.6% of the patients are discharged to a non-acute care facility.2–6 The scope of the problem becomes clear when one considers that bypass surgery is performed in approximately 800 000 patients/year worldwide. Conventional bypass surgery is increasingly being questioned and this has stimulated the quest for novel surgical techniques guaranteeing the good results of precise direct coronary revascularisation, but avoiding factors believed to adversely affect the outcome and, thus, leading to less perioperative morbidity, faster recovery, shorter hospital stay, and reduced costs. One of these factors may be the use of cardiopulmonary bypass.

In this paper, the clinical experience and the reasons why isolated, off-pump surgery may lead to improved outcome are addressed. Off-pump surgery is defined as CABG surgery on the beating heart without the use of CPB and cardiac arrest, irrespective of the surgical access to the heart. Isolated bypass surgery implies coronary bypass surgery without concomitant cardiac or vascular procedures at the time of bypass grafting.
DENTRIMENTS OF PERIOPERATIVE MORBIDITY AND MORTALITY

Surgical risk is influenced by a number of patient related factors such as age, severity of coronary artery disease, left ventricular function, and the presence of comorbid conditions (for example, diabetes, renal insufficiency, pulmonary and peripheral vascular disease, obesity). On the basis of these demographic and clinical determinants, risk models have been developed which can be used to either calculate the surgical risk or to stratify patients into low, medium or high risk subgroups.  

In addition to these patient related factors—which unfortunately cannot be corrected but, at best, may be modified or optimised before surgery—a number of procedure related factors play a role (table 2). In case of conventional bypass surgery, access to the heart must be obtained via full sternotomy, the heart and ascending aorta are cannulated for CPB, cardiac arrest is induced, and the ascending aorta is manipulated for the construction of a proximal anastomosis. CPB requires the cannulation of the heart, anaesthesiology, and pharmacology during the off-pump, no-aortic touch bypass surgery since the incidence of atherosclerosis of the ascending aorta—and thus the risk of emboli—increases with age.  

In addition to the risk of microemboli, CPB induces a total body inflammatory response caused by the activation of the complement system due to contact of the blood with the artificial surface of the CPB circuit.  All organs are affected to a varying degree, potentially leading to dysfunction and/or damage of the brain, lungs, heart itself, bowel, kidneys, and coagulation system. Although the role of CPB in this response has been established and a whole body of evidence indicates that avoidance of CPB reduces oxidative stress, inflammation, and perioperative morbidity, it must be stressed that other factors such as the trauma of the surgical incision and the use of anaesthetic drugs may contribute to this inflammatory response as well.  Thus, changes in surgical access to the heart, anaesthesiology, and pharmacology during the off-pump bypass may lead to a reduction in inflammation and postoperative morbidity.  

As opposed to the heart, CPB produces a non-pulsatile flow which is thought to have an adverse effect on the microcirculation, leading to arteriolar shunting. This may contribute to postoperative organ dysfunction or failure. Non-pulsatile flow is one of the mechanisms which, in combination with the inflammatory response and the release of free radicals, is thought to be responsible for postoperative renal failure.  

Irrespective of the exact pathophysiology of CPB induced postoperative morbidity and mortality, these side effects have revitalised the nearly forgotten art of off-pump bypass surgery. The increasing public awareness of these complications and of less invasive alternative techniques in coronary revascularisation (PTCA) and other fields of surgery contribute to this new impetus.  

Off-pump surgery on the beating heart also offers the opportunity to reduce the surgical incision and trauma to skin, soft tissue, and bone. Smaller access by means of various forms of minithoracotomy may reduce the risk of perioperative infection and enhance the speed of recovery. Sternotomy requires 6–12 weeks to heal and prevents early return to normal daily activities. Deep sternal wound infection occurs in 1–4% of the patients and is associated with a 25% mortality. The determinants of deep sternal wound infections are obesity, the presence of diabetes, renal failure, redo surgery, and a number of operator related variables such as the use of more than one mammary artery and excessive use of electrocautery. Unfortunately, some of these risk factors such as obesity may not be compatible with reduced access.
NOVEL APPROACH, NEW PROBLEMS

The potential advantages of a novel surgical approach, in this case off-pump bypass surgery, must be weighed against novel technical problems and limitations (table 3).

As stated before, the quality of the coronary anastomosis must be guaranteed. In the early days of off-pump bypass surgery, motion of the target area was controlled by pharmaco-logic reduction of global myocardial contractility and/or heart rate, with or without some primitive form of regional stabilisation by means of traction sutures. The breakthrough, however, came with the introduction of advanced regional mechanical stabilisers such as the CardioThoracic Systems Ultima device and the Utrecht Octopus in the mid 1990s. These devices consistently reduced the motion of the target area sufficiently to offer workable conditions for the majority of the surgical community. These stabilisers are, respectively, compressive and suction type devices that are fixed to one side of the operating table or chest wall retractor, with the other end appended to the epicardial surface. As a result the coronary artery anastomosis can be constructed with enough surgical comfort and allow graft patency rates comparable to conventional CABG. Not surprisingly this has augmented the number of off-pump bypass operations from a negligible number in 1995 to 10% in 1999, and is expected to be 50% by 2005.

Yet, to construct a coronary anastomosis safely, the surgeon also needs a bloodless field. Therefore, the flow of the recipient coronary artery must be temporarily interrupted. For this purpose, vessel snares (suture or silicone elastomer tape) or atraumatic vascular clips are used proximally and often also distally to the coronary arteriotomy. This is invariably associated with myocardial ischaemia. Although generally well tolerated, it may occasionally provoke arrhythmia and haemodynamic instability, eventually necessitating conversion to on-pump bypass surgery and cardiac arrest. The interruption of the flow of the right coronary artery is known to provoke these complications. This can be addressed by placing an intracoronary shunt or seal when performing the anastomosis. Although unproven, these mechanical solutions, as well as the coronary sutures or clips, all add to endothelial damage which may contribute to the development of late luminal narrowing. In addition, the clinical value of shunts is questioned since they may be cumbersome to use and, with respect to the shunt, blood flow through the shunt is only 30–50% of the native coronary flow.

Ensuring a dry, bloodless field may also be hindered by back bleeding from perforating septal branches in the vicinity of the arteriotomy. This can be addressed by frequent blotting, intermittent saline infusion, or the use of high flow carbon dioxide moisturised insufflation. It will be clear that, as opposed to conventional CABG, the off-pump surgeon needs an innovative and more flexible attitude to create optimal conditions consistently during surgery.

Haemodynamic instability and a drop in systemic blood pressure may occur when compressing or luxating the heart. Little displacement is required when reaching the left anterior and diagonal arteries. This is not the case when the circumflex or right coronary artery needs to be grafted. A nearly vertical displacement may be needed for the posterior wall, which is obtained by either deep pericardial traction stitches or a sling or a supporting device. Such a notable displacement is surprisingly well tolerated in most patients, but can provoke a significant drop in blood pressure and myocardial flow.

Patients with left ventricular hypertrophy or poor ventricular function may not tolerate such a manoeuvre. Yet these patients are potentially ideal candidates for off-pump bypass surgery since a slight depression of myocardial contractility, induced by global ischaemic cardiac arrest during bypass surgery with CPB, may prohibit weaning from CPB or may lead to a low output syndrome which is the most common cause of operative mortality. Generally, all regions of the heart can be reached in the great majority of patients by perfect placement of the traction stitches and by improving venous
**Table 3** Disadvantages and technical limitations of off-pump coronary artery bypass surgery

<table>
<thead>
<tr>
<th>Technical issues</th>
<th>Proposed solutions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Motion of the heart</td>
<td>Pharmacologic or mechanical stabilisation</td>
</tr>
<tr>
<td>Temporary interruption of coronary flow</td>
<td>Luminal shunt during construction of anastomosis</td>
</tr>
<tr>
<td>Comorbid conditions</td>
<td>Arterial anastomosis</td>
</tr>
<tr>
<td>Blood flow in arteriotomy</td>
<td>Distal perfusion cannula</td>
</tr>
<tr>
<td>Pressure drop</td>
<td>Temporary luminal shunt</td>
</tr>
<tr>
<td>Limited space for:</td>
<td></td>
</tr>
<tr>
<td>- preparation of mammary artery identification of coronary artery</td>
<td>Endoscopic video assisted surgery</td>
</tr>
<tr>
<td>- construction of anastomosis</td>
<td></td>
</tr>
</tbody>
</table>

**Determinants of perioperative morbidity**

- Age
- Extent of coronary artery disease
- Ventricular function
- Comorbid conditions
- Extent of the surgical trauma
- Use of cardiopulmonary bypass
- Global ischaemic cardiac arrest
- Manipulation and instrumentation of the ascending aorta

The clinical experience with off-pump bypass surgery is summarised in table 4. These data should be interpreted with caution since all but one originate from non-randomised observations made by pioneers in the field. Therefore selection bias, time bias, observation bias, and publication bias cannot be ruled out. Also, there is quite some variation in the definition of the outcome measures and in the consistency and methods of the acquisition of the clinical events between the studies. Taking into account these limitations, these data suggest that perioperative mortality and morbidity following off-pump bypass surgery compares favourably with those of the National Cardiac Surgery Database summarised in table 1. Only one study conducted at the University Medical Center Utrecht, using the Octopus Tissue Stabilizer, directly compared off- and on-pump bypass surgery by means of a randomised clinical trial. This study revealed, however, no superiority in 30 day clinical outcome and only a modest superior cognitive outcome at three months which became negligible at 12 months after off-pump bypass surgery. Taking into account the expectations of off-pump bypass surgery, these findings were somewhat disappointing. The study, however, was conducted in patients of whom 50% had two vessel disease with a normal ventricular function and little comorbidity. This is also reflected by the low incidence of complications in patients who underwent on-pump bypass surgery. Two findings, however, favour off-pump CABG: there was a reduced need for blood products in the off-pump group, and there was a 41% reduction in postoperative creatine kinase MB release. The former is a consistent finding in most of the observational studies summarised in table 4. The latter suggests that avoiding CPB reduces the degree of myocardial necrosis which is in accordance with a significant reduction in troponin I release in off-pump patients reported previously. Apparently local ischaemia during clamping of the coronary arteries is less harmful than global cardiac ischaemia. The clinical importance of this finding is that postoperative elevation of cardiac markers of necrosis has been identified as an independent correlate with one year clinical outcome. Information on long term results of off-pump CABG is derived from the cases studies cited above (table 4) and the randomised clinical trial we directed at the University Medical Center Utrecht. Again, taking into account the limitations of
Table 4  In-hospital and 30 day clinical events after off-pump bypass surgery

<table>
<thead>
<tr>
<th>Author (ref)</th>
<th>Year</th>
<th>Number of patients</th>
<th>Death</th>
<th>CVA</th>
<th>AMI</th>
<th>RF</th>
<th>Inf</th>
<th>Redo</th>
<th>AF</th>
</tr>
</thead>
<tbody>
<tr>
<td>Subramaniam et al</td>
<td>1997</td>
<td>182</td>
<td>3.8</td>
<td>0.5</td>
<td>3.8</td>
<td>nr</td>
<td>2.7</td>
<td>3.2</td>
<td>8.0</td>
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<tr>
<td>Stemk et al</td>
<td>1997</td>
<td>64</td>
<td>3.1</td>
<td>1.6</td>
<td>3.1</td>
<td>nr</td>
<td>nr</td>
<td>nr</td>
<td>nr</td>
</tr>
<tr>
<td>Djegelet et al</td>
<td>1998</td>
<td>209</td>
<td>0.5</td>
<td>nr</td>
<td>1.9</td>
<td>2.0</td>
<td>4.0</td>
<td>nr</td>
<td>1.0</td>
</tr>
<tr>
<td>Jansen et al</td>
<td>1998</td>
<td>100</td>
<td>0.0</td>
<td>nr</td>
<td>nr</td>
<td>1.0</td>
<td>1.0</td>
<td>1.0</td>
<td>12.0</td>
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<tr>
<td>Magavern et al</td>
<td>1998</td>
<td>60</td>
<td>0.0</td>
<td>nr</td>
<td>nr</td>
<td>nr</td>
<td>nr</td>
<td>1.7</td>
<td>11.0</td>
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<tr>
<td>Tasdemir et al</td>
<td>1998</td>
<td>2052</td>
<td>1.9</td>
<td>nr</td>
<td>nr</td>
<td>nr</td>
<td>nr</td>
<td>nr</td>
<td>nr</td>
</tr>
<tr>
<td>Calaforte et al</td>
<td>1999</td>
<td>122</td>
<td>0.0</td>
<td>nr</td>
<td>nr</td>
<td>nr</td>
<td>nr</td>
<td>nr</td>
<td>nr</td>
</tr>
<tr>
<td>Arom et al</td>
<td>2000</td>
<td>350</td>
<td>3.4</td>
<td>1.4</td>
<td>6.0</td>
<td>2.5</td>
<td>nr</td>
<td>nr</td>
<td>14.0</td>
</tr>
<tr>
<td>Cartier et al</td>
<td>2000</td>
<td>300</td>
<td>1.3</td>
<td>1.6</td>
<td>4.0</td>
<td>nr</td>
<td>nr</td>
<td>nr</td>
<td>30.0</td>
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<tr>
<td>Koulkas et al</td>
<td>2000</td>
<td>53</td>
<td>0.0</td>
<td>2.2</td>
<td>0.0</td>
<td>0.0</td>
<td>0.0</td>
<td>nr</td>
<td>6.0</td>
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<tr>
<td>Hart et al</td>
<td>2000</td>
<td>1582</td>
<td>1.0</td>
<td>0.6</td>
<td>1.3</td>
<td>0.9</td>
<td>0.3</td>
<td>nr</td>
<td>12.0</td>
</tr>
<tr>
<td>Varghees et al</td>
<td>2001</td>
<td>35</td>
<td>2.9</td>
<td>nr</td>
<td>nr</td>
<td>nr</td>
<td>nr</td>
<td>nr</td>
<td>nr</td>
</tr>
<tr>
<td>Yeatman et al</td>
<td>2001</td>
<td>75</td>
<td>1.3</td>
<td>0.0</td>
<td>2.7</td>
<td>6.0</td>
<td>nr</td>
<td>nr</td>
<td>12.0</td>
</tr>
<tr>
<td>Hernandez et al</td>
<td>2001</td>
<td>1754</td>
<td>2.5</td>
<td>1.3</td>
<td>nr</td>
<td>nr</td>
<td>nr</td>
<td>nr</td>
<td>21.0</td>
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<tr>
<td>Gus kas et al</td>
<td>2001</td>
<td>200</td>
<td>1.0</td>
<td>1.5</td>
<td>1.0</td>
<td>nr</td>
<td>nr</td>
<td>nr</td>
<td>nr</td>
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<tr>
<td>Van Dijk (39)</td>
<td>2002</td>
<td>142 off-p</td>
<td>0.0</td>
<td>0.7</td>
<td>4.9</td>
<td>0.0</td>
<td>5.0</td>
<td>5.0</td>
<td>20.0</td>
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<tr>
<td>Van Dijk (39)</td>
<td>2002</td>
<td>139 on-p</td>
<td>0.0</td>
<td>1.4</td>
<td>4.3</td>
<td>nr</td>
<td>nr</td>
<td>nr</td>
<td>nr</td>
</tr>
</tbody>
</table>

All events are expressed as percentage.
AF, atrial fibrillation; AMI, acute myocardial infarction; CVA, cerebrovascular accident; Inf, infection; nr, not reported; off-p, off-pump coronary artery bypass surgery; on-p, on-pump coronary artery bypass surgery; Redo, postoperative rethoracotomy for bleeding, infection or graft revision; RF, postoperative renal failure.

### Expectations and potential limitations of off-pump bypass surgery

- No need for cardiopulmonary bypass
- Reduction of surgical trauma
- Reduction of perioperative morbidity, recovery time, hospital stay, and costs
- Limited access, motion of the heart
- Quality of the anastomosis
- Haemodynamic changes, inducing organ dysfunction and reducing applicability
- Completeness of revascularisation

The observational studies, survival free from myocardial infarction after off-pump bypass surgery compares favourably with off-pump surgery. A striking feature is a higher occurrence of angina pectoris after off-pump bypass surgery and a higher frequency of percutaneous revascularisation during the follow up period. This may be explained by less complete revascularisation and, thus, the learning curve of this surgically more demanding operation. This was not observed in the randomised clinical trial we conducted (Natho H, et al, unpublished data).

With respect to graft patency, data from observational studies in comparison with historical controls suggest similar early graft patency between off-pump (91–99%) and on-pump (94–99%) bypass surgery. The other end of the spectrum consists of bypass surgery. The most invasive approach, conventional CABG via full sternotomy, is now being challenged by full and limited access off-pump CABG. The slightly disappointing absence of notably better early clinical outcome after off-pump CABG draws our attention to the gap in the spectrum. This place could be filled by TECAB, the perfect intermediate between percutaneous techniques and current surgery. While not possible for mainstream clinical use yet, this could change within a time frame of as little as five years. In the meantime, the trend towards better clinical outcome, however slight, should urge surgeons to expand carefully the use of off-pump techniques and limited size incisions whenever possible.

### THE FUTURE

Doctors together with their patients now have a therapeutic spectrum of myocardial revascularisation procedures. At one end there is plain balloon PTCa which is the least invasive modality, followed by stents and other more advanced novel catheter technologies, and adjunctive pharmacologic and genetic intervention. The other end of the spectrum consists of bypass surgery. The most invasive approach, conventional CABG via full sternotomy, is now being challenged by full and limited access off-pump CABG.

### REFERENCES

3. Observational study reporting the frequency of permanent stroke and transient neurologic dysfunction after conventional bypass surgery. The paper indirectly puts into perspective the potential role of off-pump bypass surgery.
5. Extensive report and summary of the American Heart Association/American College of Cardiology guidelines on bypass surgery: history, complications, outcome, and determinants.
7. Retrospective analysis of the immediate outcome of 350 patients treated in a single centre. Patients were stratified into three risk groups. The clinical information in combination with the discussion provides insights into the potential role of off-pump bypass surgery.
10. Landmark paper on the role of cardiopulmonary bypass in the perioperative morbidity, providing insight into the pathophysiology and, thus, potential solutions.
12. Small randomised clinical trial assessing the changes in renal function after off- and on-pump surgery. The protective effects of off-pump surgery are demonstrated.


► Experimental study disclosing the potential adverse haemodynamic effects during the manipulation of the heart during off-pump bypass surgery—a problem which can be adequately addressed but may still limit the use of off-pump bypass surgery.


► First multicentre randomised clinical trial comparing off- and on-pump bypass surgery. Detailed surgical data and clinical outcome at 30 days are reported.


► Multicentre randomised clinical trial comparing off- and on-pump bypass surgery. Neurologic outcome and detailed information on neurocognitive dysfunction and outcome at three months are reported.


► Small, single centre, randomised clinical trial assessing the protective effects of off-pump bypass surgery in comparison to on-pump surgery on myocardial cell damage and loss.


► Non-randomised study assessing the course of the serum markers of myocardial tissue damage during off- and on-pump surgery through various routes of cardiac access. Off-pump surgery is associated with less injury in comparison with on-pump surgery.


► A prospective, observational study reporting graft patency after LIMA insertion on the left anterior descending artery during off-pump surgery.


► A succinct and concise summary of the clinical outcome of a large series of patients who underwent off-pump bypass surgery with the Octopus method in seven centres in the USA and Europe.


► Indirect comparison of the in-hospital outcome between 1741 patients who underwent off-pump bypass surgery with 6126 patients who underwent conventional bypass surgery in four centres of the Northern New England Cardiovascular Disease Study Group.


Additional references appear on the Heart website—www.heartjnl.com