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Aims The CARDia trial randomised diabetic patients to coronary artery bypass grafting (CABG) or percutaneous coronary intervention (PCI) and concluded that PCI is a potentially safe and feasible alternative to CABG in selected patients with diabetes mellitus (DM) and multivessel coronary artery disease. The impact of insulin treatment on clinical outcomes after revascularisation is unclear. The present study is a sub group analysis of the CARDia trial comparing the cardiovascular outcomes at 12 months following revascularisation between the insulin treated (IT) and non-insulin treated (NIT) group.

Methods 508 patients with an established diagnosis of DM and de novo coronary artery disease were identified and randomised to CABG or PCI. Of those, 316 patients were treated with oral anti-diabetic medication and the rest were treated with additional subcutaneous insulin injections. Demographics, clinical presentation, history, haemodynamic parameters, anti diabetic therapy, concomitant medications, duration of DM and HBA1C were documented. Death, stroke and myocardial infarction were classified as the primary outcome events. The secondary outcome events included death, MI, Stroke, repeat revascularisation and TIMI major bleed. The clinical results of patients in the IT and NIT groups were compared.

Results There were 192 patients in the IT group (37.8%). Asian patients constituted one fifth of the total population with a slightly higher representation (24.5% vs 21.6%) in the NIT. The clinical severity of dyspnoea, heart rate, systolic and diastolic BP, body mass index, risk factors for coronary artery disease appeared similar in the IT and NIT groups, but more patients in the IT group had a prior MI (30.7% vs 19.6%, $p=0.004$) and duration of diabetes was longer in the IT group (14 vs 6 yrs, $p<0.001$). For the comparison of CABG vs PCI for the primary outcome events the HR and 95% CI in the IT and NIT groups respectively were 1.66 (0.76 to 3.76) and 1.01 (0.51 to 2.01). For death, MI, stroke, repeat revascularisation they were 2.47 (1.18 to 5.20) in the IT and 1.41 (0.71 to 2.57) in the NIT group. The results suggest that IT patients may have a worse outcome with PCI compared to CABG, whereas no difference was found for NIT patients.

Conclusion Our data suggest that insulin treatment is a marker for higher risk for PCI when compared with CABG. Treatment with insulin rather than diabetic status alone should be considered when choosing the mode of revascularisation.

35 SUCCESSFUL RECANALISATION OF CHRONIC TOTAL OCCLUSIONS IS ASSOCIATED WITH INCREASED LONG TERM SURVIVAL

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Introduction Chronic total occlusion (CTO) remains a challenging lesion subset. Despite advances in equipment and expertise, many CTO patients may not be offered PCI as physicians perceive procedural success may be lower, and the anatomy is stable. The aim of this study was to investigate the impact of procedural success on mortality following CTO-PCI in a large cohort of patients in the drug eluting stent era.

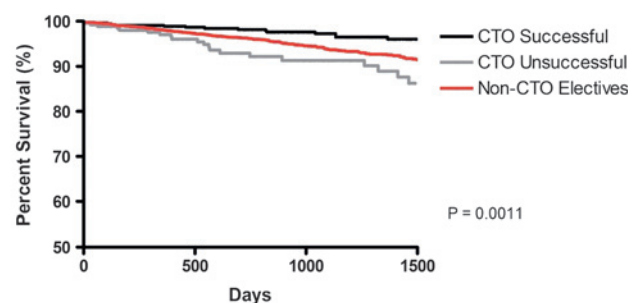
Methods 6122 consecutive patients underwent elective PCI at a single centre (October 2003–May 2010), 836 (13.7%) for CTO. Demographic and procedural data were collected at the time of intervention (Abstract 35 table 1). In-hospital MACE (myocardial infarction, urgent revascularisation, stroke or death) was documented at discharge. All cause mortality data was obtained from the Office of National Statistics via the BCIS/CCAD national audit out

to 4 years (mean 2.9 ± 1.6) and stratified according to successful or unsuccessful CTO recanalisation.

Abstract 35 Table 1

	Successful (n=572)	Unsuccessful (n=264)	p value
Age	62.4 \pm 0.47	63.7 \pm 0.69	0.1
Male	433 (75.7%)	209 (79.2%)	0.3
Diabetes	151 (26.9%)	74 (28.6%)	0.6
Hypertension	320 (63.8%)	160 (66.6%)	0.5
Hypercholesterolaemia	281 (56.0%)	147 (61.2%)	0.2
Previous MI	174 (31.7%)	94 (36.4%)	0.2
Radial access	123 (21.5%)	47 (17.8%)	0.3
Femoral access	416 (72.7%)	193 (73.1%)	0.6
Dual site access (bilateral femoral or radial + femoral)	23 (4.0%)	18 (6.8%)	0.5

Results 572 (68.4%) CTO procedures were successful. Coronary stents were implanted in 96.9% (mean 2.3 ± 0.1 stents per patient, 70% drug eluting). Prior revascularisation was more frequent among patients with unsuccessful CTO-PCI than successful; prior CABG 16.5% unsuccessful vs 7.4% successful, ($p<0.0001$), PCI 36.0% vs 21.2%, ($p<0.0001$). Baseline characteristics were otherwise similar (Abstract 35 table 1). Intra-procedural complications (coronary dissection, perforation, access site (dissection, haematoma) were more frequent in unsuccessful cases (19% (52) vs 4.1% (20) ($p<0.0001$) but did not have an impact on in-hospital MACE (2% vs 1.8%, $p=0.6$). All cause mortality was 8% (21) in the unsuccessful group and 3% (17) in the successful group out to 4 years, (Abstract 35 figure 1). Mortality following successful CTO-PCI was similar to that of the non-CTO elective PCI group (5.1%, $p=NS$).



Numbers at Risk	0	500	1000	1500
CTO Successful	572	427	305	162
CTO Unsuccessful	265	166	102	58
Non-CTO Electives	5285	3840	2267	696

Abstract 35 Figure 1 All cause mortality after PCI for elective patients.

Conclusion A successful angiographic outcome following CTO-PCI is associated with a survival advantage out to 4 years following intervention. These data suggest that the adoption of new techniques and technologies to improve procedural success may improve prognosis.

36 IN-STENT RESTENOSIS PRESENTS AS AN ACUTE CORONARY SYNDROME (ACS) IN 40% OF CASES: NOT SIMPLY A BENIGN CLINICAL ENTITY

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Background In-stent restenosis (ISR) following stent implantation may occur in 20% to 40% of the cases according to patient and lesion complexity. Although in the past ISR used to be seen as a "benign"