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**VALSARTAN INHIBITS AORTIC REMODELLING BY  
BLOCKING THROMBOSPONDIN-1 MEDIATED  
TRANSFORMING GROWTH FACTOR- $\beta$  1/SMADS  
PATHWAY IN DIABETIC RATS**

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<sup>1</sup>孙慧, <sup>2</sup>张薇. <sup>1</sup>济南市中心医院; <sup>2</sup>山东大学齐鲁医院

**Objectives** Angiotensin II (Ang II) and transforming growth factor  $\beta$  (TGF $\beta$ ) are closely involved in the pathogenesis of diabetic complications. The aim of the study was to determine whether aberrant thrombospondin 1 (TSP1) mediated TGF $\beta$ 1/Smads signalling pathway specifically impacts vascular fibrosis and valsartan exerts an anti-fibrotic effect in diabetic rats.

**Methods** Age-matched male Wistar rats (200–240 g) were randomly divided into control group (n=8), diabetic group (n=16) and valsartan group (n=16). Type 2 diabetes mellitus (T2DM) was induced by high-calorie diet and streptozotocin injection. Morphological and biomechanical properties of thoracic aorta were assessed by echocardiography and cardiac catheterisation. Masson staining was used for histological evaluation of collagen. The expressions of components in TSP1 mediated TGF $\beta$ 1/Smads signalling pathway were analysed by immunohistochemistry and real time quantitative reverse transcription PCR.

**Results** In comparison with controls, the thoracic aorta in diabetic rats was reduced in distensibility and compliance, with excessive collagen deposition. Components in TSP1 mediated TGF $\beta$ 1/Smads signalling pathway, including TSP1, TGF $\beta$ 1, TGF $\beta$  type II receptor (T $\beta$ RII), Smad2 and Smad3, were accumulated in the cytoplasm of vascular smooth muscle cells. Their protein and mRNA levels were up-regulated by hyperglycaemia. All these abnormalities were obviously attenuated by valsartan, an Ang II subtype 1 receptor blocker.

**Conclusions** TSP1-mediated TGF $\beta$ 1/Smads activation plays an important role in macrovascular remodelling of T2DM. Valsartan can block the TSP1 mediated TGF $\beta$ 1/Smads signalling pathway and alleviate vascular fibrosis.