

Appendix Table 8: vote counting – sensitivity analysis, removing frequency of exercise outcomes, and removing studies pre-1990

Direction of result	Number of results		
	All studies	PA outcome results based on frequency of exercise removed	Pre-1990 studies removed
PA in CR same as control (P>0.05)	100 (69%)	70 (67%)	90 (71%)
PA in CR higher than control (P≤0.05)	38 (26%)	29 (28%)	33 (26%)
PA in control higher than CR (P≤0.05)	2 (1%)	1 (1%)	1 (1%)
PA difference between CR and control not clear (no P-value reported)	5 (3%)	4 (4%)	3 (2%)
Total	145	104	127