

**Conclusion** Adenosine-induced increase in MBF measured using perfusion mapping is accurate for the confirmation of hyperaemia during stress CMR studies and is superior to traditional, clinically used markers of adequate stress.

### 19 MYOCARDIAL PERFUSION MAPPING IN CARDIAC AMYLOIDOSIS- UNEARTHING THE SPECTRUM FROM INFILTRATION TO ISCHAEMIA

<sup>1</sup>Tushar Kotecha, <sup>1</sup>Ana Martinez-Naharro, <sup>1</sup>James Brown, <sup>1</sup>Callum Little, <sup>1</sup>Daniel Knight, <sup>1</sup>Alexandros Steriotis, <sup>1</sup>Niket Patel, <sup>1</sup>Roby Rakhit, <sup>1</sup>Philip Hawkins, <sup>1</sup>Julian Gillmore, <sup>2</sup>James Moon, <sup>3</sup>Hui Xue, <sup>3</sup>Peter Kellman, <sup>1</sup>Marianna Fontana. <sup>1</sup>National Amyloidosis Centre, Division of Medicine, University College London, Royal Free Hospital, London, UK; <sup>2</sup>Barts Heart Centre, West Smithfield, London, UK; <sup>3</sup>National Heart, Lung and Blood Institute, National Institutes of Health, Bethesda, Maryland, USA

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**Background** Cardiac involvement is the main driver of outcome in systemic amyloidosis, but the relationship between amyloid deposits and outcomes is not well understood. The simple explanation of physical, mechanical replacement of the interstitium by amyloid seems insufficient. Preliminary studies support the hypothesis that myocardial ischaemia could contribute to cell damage.

**Purpose** (1) To assess myocardial ischaemia in cardiac amyloidosis. (2) To compare patients with cardiac amyloidosis to patients assessed on invasive coronary angiography (ICA) to have normal coronary physiology (NCP), microvascular dysfunction (MVD) and triple vessel coronary disease (3VD). (3) To assess correlation of perfusion mapping to markers of disease severity and prognosis.

**Methods** 86 patients and 20 healthy volunteers (HV) underwent CMR at 1.5T (Siemens) with standard cine, PSIR-LGE, T1,T2,Extracellular Volume (ECV) mapping and adenosine stress with myocardial blood flow (MBF) mapping. Thirty-eight patients also underwent ICA with 3 vessel assessment of Index of Microcirculatory Resistance and Fractional Flow Reserve: 7 had cardiac amyloidosis, 8 had NCP, 15 had MVD and 8 had 3VD.

**Results** Cardiac amyloidosis patients had severe reduction in stress MBF and myocardial perfusion reserve (MPR) ( $1.22 \text{ ml/g/min} \pm 0.70$  and  $1.62 \pm 0.63$ ) compared to HV ( $3.21 \text{ ml/g/min} \pm 0.64$ ,  $p < 0.001$  and  $4.17 \pm 0.78$ ,  $p < 0.001$ ), NCP ( $2.66 \pm 0.56$ ,  $p < 0.001$  and  $2.51 \pm 0.43$ ,  $p = 0.036$ ) and MVD ( $2.10 \pm 0.31$ ,

$p < 0.001$  and  $2.29 \pm 0.87$ ,  $p = 0.014$ ) with the degree of reduction being similar only to patients with 3VD ( $1.44 \pm 0.54$ ,  $p = 1.000$  and  $1.64 \pm 0.68$ ,  $p = 1.000$ ) (figure 1). Rest MBF was also lower in amyloidosis than HV. Cardiac amyloidosis stress MBF and MPR inversely correlated with amyloid burden (ECV,  $r = -0.715$ ,  $p < 0.001$ , transmural LGE,  $p < 0.01$ ), systolic dysfunction (EF,  $r = 0.405$ ,  $p < 0.01$ ), and blood biomarkers (NT-proBNP ( $r = -0.678$ ,  $p < 0.001$ ) and Troponin T ( $r = -0.628$ ,  $p < 0.001$ )). There was a correlation between stress MBF and native T1 ( $r = -0.588$ ,  $p < 0.001$ ) but not T2 ( $p = 0.591$ ). Stress MBF and MPR were early disease markers, being elevated in patients with early cardiac amyloid infiltration (raised ECV, no LGE,  $p < 0.01$  vs HV).

**Conclusion** Myocardial ischaemia is common in cardiac amyloidosis – with stress MBF and MPR similar to that of patients with 3VD. The reduction correlates with the degree of amyloid infiltration and markers of adverse prognosis, highlighting the potential role of myocardial ischaemia as a key mechanism in the pathophysiology of cardiac amyloidosis.

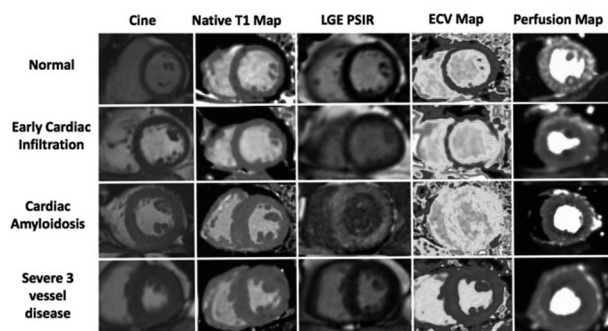
### 20 ENDOTHELIAL LOSS AS A CAUSE OF IMPAIRED MYOCARDIAL PERFUSION RESERVE ON CMR IN SEVERE AORTIC STENOSIS

Kenneth Chan, Betty Raman, Joseph Westaby, Sairia Dass, Mario Petrou, Rana Sayeed, Houshan Ashrafiyan, Saul G Myerson, Theodoros D. Karamitsos, Mary Sheppard, Stefan Neubauer, Masliza Mahmod. University of Oxford Centre for Clinical Magnetic Resonance Research (OCMR), Oxford, UK

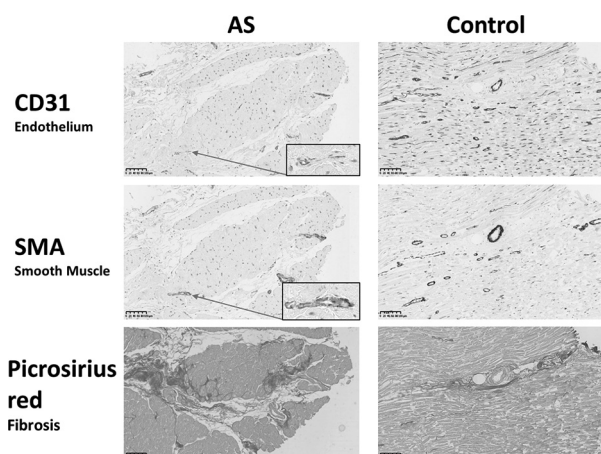
10.1136/heartjnl-2019-BSCMR.20

**Background** Impaired myocardial perfusion reserve occurs in pressure overload hypertrophy such as in severe aortic stenosis (AS) despite unobstructed epicardial coronaries. However the pathological mechanisms underlying this are poorly understood. We sought to assess myocardial perfusion reserve in severe AS by stress perfusion cardiovascular magnetic resonance (CMR), and examine the findings in relation to the histological evidence of vascular changes in the myocardium.

**Methods** Fourteen patients with severe AS and unobstructed epicardial coronaries underwent adenosine stress perfusion CMR before and 6 months after surgical aortic valve replacement (AVR). Myocardial biopsies were obtained during AVR and stained using CD31 +for endothelium, smooth muscle actin (SMA) for smooth muscle, and picrosirius red for



**Abstract 19 Figure 1** Short axis cine SSFP images in end-diastole, corresponding native T1 mapping, late gadolinium enhancement (LGE) images, ECV Mapping and stress myocardial blood flow mapping in a normal subject, a patient with early cardiac infiltration (raised ECV, no LGE), a patient with cardiac amyloidosis, a patient with severe three vessel coronary disease



**Abstract 20 Figure 1**

fibrosis. Nine age- and sex- matched post-mortem myocardial samples served as histological controls.

**Results** When compared to controls, the myocardium of patients with severe AS had reduced vessel density, total quantity of SMA +ve and CD31 +ve, in addition to the expected increase in fibrosis. There was absence of CD31 +ve endothelium in SMA +ve arterioles, indicating endothelial loss. (Figure 1) Importantly, patients with an aortic valve area (AVA)  $\leq 0.8\text{cm}^2$  had greater endothelial loss compared to those with an AVA  $>0.8$  and  $\leq 1.0\text{cm}^2$  ( $1.34\% \pm 0.44\%$  vs  $2.84 \pm 1.03\%$ ,  $p=0.006$ ), and endothelial loss also correlated with myocardial perfusion reserve index (MPRI),  $r=0.66$ ,  $p=0.019$ . MPRI improved significantly post AVR (from  $0.95 \pm 0.17$  to  $1.50 \pm 0.43$ ,  $p=0.018$ ).

**Conclusion** In severe AS, there is microvascular rarefaction and loss of endothelium, which is more pronounced in patients with the most severe aortic valve narrowing. This appears to be an underlying mechanism for reduced myocardial perfusion reserve, which may be reversible post AVR.

## 21 INTRACARDIAC THROMBI IN CARDIAC AMYLOIDOSIS, A COMMON FINDING

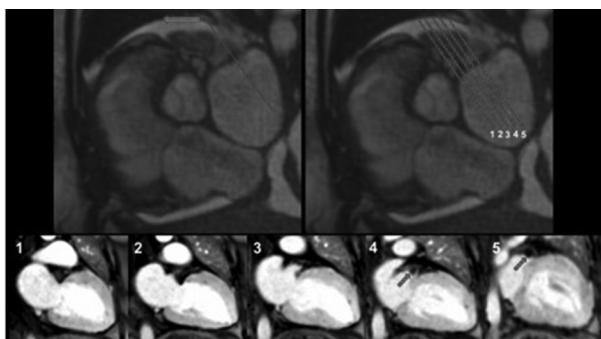
<sup>1</sup>Tushar Kotecha, <sup>2</sup>Esther Gonzalez-Lopez, <sup>1</sup>Andrej Corovic, <sup>1</sup>Sarah Anderson, <sup>1</sup>Liza Chacko, <sup>1</sup>James Brown, <sup>1</sup>Dan S Knight, <sup>3</sup>A John Baksi, <sup>4</sup>James C Moon, <sup>5</sup>Peter Kellman, <sup>2</sup>Pablo Garcia-Pavia, <sup>1</sup>Julian D Gillmore, <sup>1</sup>Phillip N Hawkins, <sup>1</sup>Marianna Fontana. <sup>1</sup>Royal Free Hospital, London, UK; <sup>2</sup>University Hospital Puerta de Hierro Majadahonda, Madrid, Spain; <sup>3</sup>Royal Brompton Hospital, London, UK; <sup>4</sup>Barts Health NHS Trust, London, UK; <sup>5</sup>National Institutes of Health, National Heart, Lung and Blood Institute, Bethesda, USA

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**Background** Cardiac amyloidosis (CA) has been associated with a high prevalence of intracardiac thrombi, but this was reported in small cohorts of high risk patients (with a clinical indication for transoesophageal echocardiography). It is therefore not known whether such observations are applicable to the general CA population.

**Purpose** To assess the prevalence of intracardiac thrombi in patients with CA.

**Methods** 324 consecutive patients with CA were studied prospectively using a standard CMR protocol at 1.5T, including early and late gadolinium imaging and T1 mapping. Early



**Abstract 21 Figure 1** Acquisition of stack through the LAA. Early gadolinium images of the LAA (bottom row) acquired using a 5 mm contiguous stack through the LAA (top row) and an inversion time of 440 ms to confirm the presence or absence of thrombus vs normal pectinate muscle. The thrombus in the left atrial appendage can only be visualised in the last two images (red arrows in panel 4 and 5) and could have been missed with the acquisition of only one image

gadolinium images (segmented imaging, trigger 2) of the left atrial appendage (LAA) were acquired using a 5 mm contiguous stack and a TI of 440 ms.

**Results** The study participants comprised 155 with light chain CA (AL), 166 with transthyretin amyloidosis (ATTR), 2 with Apo A-I, and 1 with Apo A-IV CA. The prevalence of intracardiac thrombi was 5.2% in AL, 7.2% in ATTR; 6.2% overall. 90% of thrombi were in the LAA. This was higher when there was atrial fibrillation (9.1% AL, 14.3% ATTR) but intracardiac thrombi were also present in sinus rhythm (SR) 3.1% (4.5% AL, 1.1% ATTR). In all patients with AF the thrombi were present despite long term anticoagulation. The presence of intracardiac thrombi was associated with a greater degree of systolic dysfunction and myocardial amyloid infiltration (higher native T1 and ECV).

**Conclusions** The prevalence of intracardiac thrombi in CA and AF is high despite long term anticoagulation, with significant thrombus prevalence even in SR, meriting vigilance for intracardiac thrombi in all. CMR with early gadolinium imaging of the LAA is a valuable screening tool for thrombi in the LAA and should be routine part of the clinical protocol when amyloidosis is suspected. Current guidelines for electrical cardioversion after prolonged anticoagulation without screening for thrombus in the LAA should not be applied to patients with CA.

## 22 IMPAIRED STRESS-INDUCED OXYGENATION IN HYPERTROPHIC CARDIOMYOPATHY IS ASSOCIATED WITH AN INCREASED RISK OF VENTRICULAR ARRHYTHMIA

<sup>1</sup>Betty Raman, <sup>1</sup>Masliza Mahmud, <sup>1</sup>Kenneth Chan, <sup>1</sup>Sanjay Sivalokanathan, <sup>2</sup>Theodoros D Karamitsos, <sup>3</sup>Joseph Selvanayagam, <sup>1</sup>Rina Ariga, <sup>1</sup>Aaron T Hess, <sup>1</sup>Elizabeth M Tunnicliffe, <sup>1</sup>Hugh Watkins, <sup>1</sup>Stefan Neubauer\*. <sup>1</sup>Oxford Centre for Clinical Magnetic Resonance Research, Division of Cardiovascular Medicine, Radcliffe Department of Medicine, University of Oxford, Oxford, UK; <sup>2</sup>First Department of Cardiology, Aristotle University of Thessaloniki, AHEPA Hospital, Thessaloniki, Greece; <sup>3</sup>Department of Cardiovascular Medicine, Flinders Medical Centre, Bedford Park, Adelaide, Australia

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**Background** Myocardial ischaemia is believed to promote fatal life-threatening ventricular arrhythmias in hypertrophic cardiomyopathy (HCM). Oxygen sensitive cardiac magnetic resonance (CMR) or blood oxygen level dependent (BOLD) imaging can detect blunted myocardial oxygenation during vasodilator stress in HCM. Whether or not impairment in stress oxygenation is associated with ventricular arrhythmia risk is unknown.

**Objectives** To investigate the relationship between blunted stress oxygenation and ventricular arrhythmia in HCM and examine the determinants of stress oxygenation in HCM.

**Methods** 103 genotyped HCM patients and 32 (age, gender and body mass index matched) healthy controls underwent adenosine stress BOLD, stress first pass perfusion imaging and late gadolinium imaging (LGE) to assess stress oxygenation, myocardial perfusion reserve index (MPRI), and fibrosis burden respectively. Stress oxygenation response (BOLD  $\Delta$ SI) was estimated as a relative increase in oxygen sensitive BOLD signal intensity from rest to peak vasodilator stress. All HCM patients had 24-holter monitoring to assess for ventricular tachycardia ( $\geq 3$  beats,  $\geq 120$  beats per minute).

**Results** As expected, both MPRI ( $1.5 \pm 0.4$  v  $2.0 \pm 0.3$ ,  $p < 0.0001$ ) and stress oxygenation ( $9.1\% \pm 4.1\%$  v  $17.0\%$ )