- 42 Opasich C, Riccardi G, Assandri J, *et al*. The effects of physical training in post-myocardial infarction patients with exercise-induced silent ischaemia. *Eur Heart J* 1988; 9(suppl N):176-80.
- 43 Bonanno JA, Lies JE. Effects of physical training on coronary risk factors. *Am J Cardiol* 1974;33:760-4.
- 44 Erdman RAM, Duivendooden JH. Psychologic evaluation of a cardiac rehabilitation program: a randomised trial in patients with myocardial infarction. *J Cardiac Rehabil* 1983;3:696-704.
- 45 Taylor CB, Houston-Miller N, Ahn DK, Haskell W. Effects of exercise training programs on psychosocial improvement in uncomplicated post myocardial infarction patients. *J Psychosom Res* 1986;30:581-7.
- 46 Kavanagh T, Shephard RJ, Tuck JA, Qureshi S. Depression following myocardial infarction: the effects of distance running. *Ann NY Acad Sci* 1978;301:1029-38.
- 47 Langosch W. Psychological effects of training in coronary patients: a critical review of the literature. *Eur Heart J* 1988;9(suppl M):37-42.
- 48 Haskell WL. Physical activity after myocardial infarction. *Am J Cardiol* 1974;33:776-83.
- 49 Ibsen H, Kjoller E, Styperek J, Pedersen A. Routine exercise ECG three weeks after acute myocardial infarction. *Acta Med Scand* 1975;198:463-9.
- 50 Mansfield LW, Sivarajan ES, Bruce RA. Exercise testing of myocardial infarction patients prior to hospital discharge: a quantitative basis for exercise prescription. *Cardiac Rehab* 1978;8:17-20.
- 51 Rucker TW. Cardiac rehabilitation in a family practice setting. *J Fam Pract* 1980;10:407-14.
- 52 Zohman LR. Ten years of exercise programming for cardiacs. In: Zohman LR, Kattus AA, eds. *Progress in cardiac rehabilitation for the practising physician*. New York: Stratton Intercontinental Medical Book Corp, 1979:45-61.
- 53 Wenger N. Future directions in cardiovascular rehabilitation. *J Cardiopulmonary Rehabil* 1987;7:168-74.
- 54 Bethell HJN. How to do it: Set up a coronary rehabilitation programme. *Br Med J* 1988;297:120-1.

VIEWS FROM THE PAST W A Jolly

W A Jolly studied electrocardiography with Einthoven in 1908. On his return to Edinburgh in 1909 he and W T Ritchie recorded the first electrocardiogram showing atrial flutter. When he took up the chair of physiology in Cape Town in 1911 he brought with him the first electrocardiograph to be installed in South Africa; it is seen with him in this photograph. Source: Department of Physiology, University of Cape Town.

P C BELONJE, DENNIS M KRIKLER