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## ORIGINAL ARTICLE

# Heart transplantation in Fontan patients across Australia and New Zealand

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## ABSTRACT

**Objective** Patients with Fontan physiology may eventually require heart transplantation (HT). We determined the rates and outcomes of HT in a national, population-based multicentre study.

**Methods** From 1990 to 2015, 1369 patients underwent the Fontan procedure as recorded in the Australia and New Zealand Fontan Registry. We identified those who underwent HT and analysed their outcomes. We compared rates of HT between two catchment areas. In area 1 (n=721), patients were referred to the national paediatric HT programme or its associated adult programme. In area 2 (n=648), patients were referred to the national paediatric HT programme or one of the other adult HT programmes.

**Results** Mean follow-up time post-Fontan was 11 ±8 years. Freedom from Fontan failure was 74%±3.9% at 20 years. HT was performed in 34 patients. Patients living in area 1 were more likely to have HT (4.0%, 29/721 vs 0.8%, 5/648, p<0.001) with a cumulative proportion of 3.4% vs 0.7% at 10 years and 6.8% vs 1.2% at 20 years (p=0.002). Area 1 patients were more likely to undergo HT (hazard ratio 4.7, 95% CI 1.7 to 13.5, p=0.003) on multivariable regression. Post-HT survival at 1, 5 and 10 years was 91%, 78% and 71%, respectively. Compared with other patients with congenital heart disease (n=87), Fontan patients had similar in-hospital outcomes and long-term survival.

**Conclusions** Although HT after the Fontan procedure can be achieved with excellent outcomes, most patients with Fontan failure do not undergo HT. Significant regional differences in rates of HT in Fontan patients exist.

## INTRODUCTION

Excellent long-term outcomes can be expected after the Fontan completion.<sup>1</sup> Despite this, a proportion of patients will experience primary myocardial dysfunction or intolerance of the Fontan circulation, and in the absence of a correctable lesion, will require heart transplantation (HT).<sup>2</sup>

Such patients may experience Fontan-specific co-morbidities such as protein-losing enteropathy (PLE), plastic bronchitis and intractable arrhythmias, thrombosis, among others. In addition, the challenges associated with reoperative cardiac surgery and potential requirement for reconstruction of the great arteries may further complicate their management. Such patients are often perceived to be of higher operative risk compared with

other potential transplant candidates with congenital heart disease (CHD).<sup>3–5</sup>

The Australia and New Zealand Fontan Registry, the largest of its kind, provides us with a unique opportunity to evaluate management of patients with a failing Fontan circulation.<sup>6</sup> We determined the rates of transplantation in patients with a Fontan circulation and examined their early and late outcomes. To our knowledge, this study is the first to examine at a national level, the rates of transplantation for patients with a Fontan circulation.

## METHODS

The Australian and New Zealand Fontan Registry was commenced in 2008, and includes patients who underwent the Fontan procedure in both countries. All eight paediatric and seven adult centres overseeing the care of patients with CHD in Australia and New Zealand participated in this study. The clinical characteristics, early and late outcomes of the patients have been reported previously.<sup>1–6–8</sup> Patients who died prior to discharge after the Fontan procedure, those who underwent Fontan takedown in the same admission and patients referred from overseas were excluded from this study, resulting in 1369 patients for analysis.

The Australia and New Zealand Cardiothoracic Organ Transplant Registry (ANZCOTR) records the details of all heart transplants performed in Australia and New Zealand (n=2479) since 1984. This registry was interrogated for details of all paediatric and adult patients with CHD who received HT.

Using both registries, we identified patients with a Fontan circulation who underwent HT. In addition to information from the two registries, supplementary data were collected from each transplant centre via site visits and entered into a standardised database. Information collected were patient demographics, clinical, intraoperative, post-operative and follow-up details. Only the data from the centres that performed HT for patients with a Fontan circulation were included for comparative analyses. Ethics approval was granted nationally in Australia and New Zealand and by the Research Ethics Committee of participating institutions.

Within Australia and New Zealand, there are six transplant centres. In Australia, the national paediatric HT programme is located at the Royal Children's Hospital (RCH), Melbourne. Local



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patients from the RCH with heart failure have their care transitioned to an adult HT programme based at the Alfred Hospital, Melbourne. In the other Australian states, patients with heart failure are transitioned and followed-up by one of three other adult heart failure programmes in their respective states. In New Zealand, the national paediatric and adult HT services are based at The Starship Children's Hospital and Auckland City Hospital in Auckland, which integrate adult and paediatric programmes at a single site.

To examine referral patterns, we categorised patients into two catchment areas. In *area 1*, patients are referred to either a national paediatric HT programme or the associated adult HT programme of the same city. In *area 2*, patients are referred to either a national paediatric HT programme at RCH or one of the three other adult HT programmes (figure 1). The national paediatric HT programme at the RCH in Australia receives all paediatric patients from around the country. Thus, patients who are followed-up in *area 2*—where three Australian adult HT centres are located—are usually referred to this national paediatric HT centre if they are <18 years of age. We compared the cumulative proportion of Fontan failure and transplantation in patients with Fontan circulation between these two catchment areas.

Fontan failure was defined as death, HT, Fontan takedown or conversion to an extracardiac Fontan, PLE, plastic bronchitis or New York Heart Association functional class III or IV at follow-up. Since decision-making regarding (1) Fontan conversion, (2) Fontan takedown and (3) HT may potentially be institution-specific, we performed a separate analysis after exclusion of these three events as end points of Fontan failure. Hospital mortality was defined as death prior to hospital discharge or within 30 days of surgery. Primary graft dysfunction was defined as evidence of ventricular dysfunction with haemodynamic instability requiring high-dose inotropic support and/or a mechanical assist device within 24 h after transplantation. Stroke was defined as a focal neurological deficit of central origin that persisted beyond 24 h which was associated with positive imaging findings. Renal impairment was identified by pretransplant and post-transplant serum creatinine of >100  $\mu\text{mol/L}$ . Renal failure was defined as the need for dialysis or doubling of pretransplant serum creatinine levels.

## Statistical analysis

Continuous variables were compared using the unpaired t test, the Wilcoxon rank sum test and one-way analysis of variance. Data normality was assessed using the Shapiro–Wilk test. The Bonferroni post hoc test was used for multiple pairwise comparisons. Categorical variables were compared using the Fisher's exact and  $\chi^2$  tests.

The Kaplan–Meier method was used to estimate survival and was compared using the log-rank statistic. Multivariable Cox regression was used to determine if catchment area was associated with likelihood of Fontan failure and undergoing HT. The covariates entered into the multivariable Cox regression model were: age at Fontan procedure, type of Fontan (atriopulmonary (AP), lateral tunnel (LT), extracardiac conduit (ECC)), time period (1975–1989, 1990–1999, 2000–2009, 2010–2015), ventricular morphology (left ventricle (LV), right ventricle (RV) dominant), hypoplastic left heart syndrome, number of surgical palliations prior to Fontan completion and prior bidirectional cavopulmonary connection.

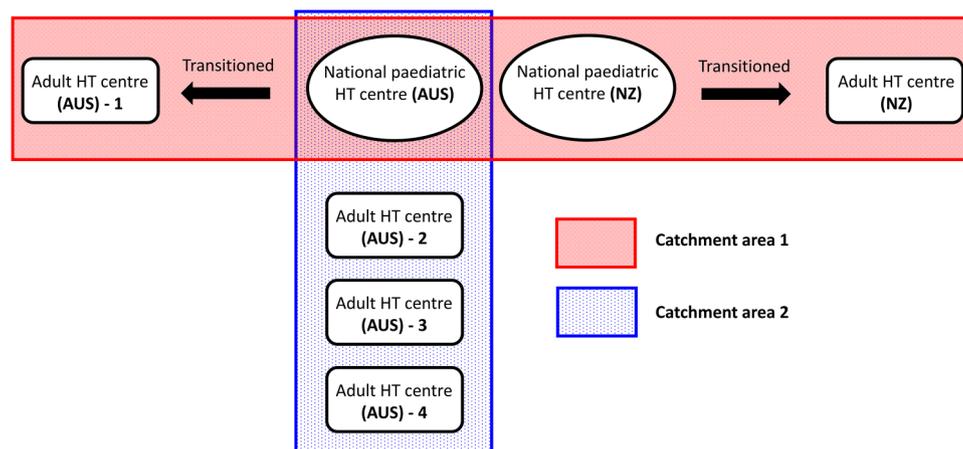
Due to the non-linear relationship of age at Fontan with late outcomes, the age variable was analysed as four groups: <3 years, 3–5 years, 5–7 years and >7 years, with 3–5 years used as the reference group as we have previously done.<sup>1</sup> Statistical analyses were conducted using SPSS V23.0 (Armonk, New York, IBM).

## RESULTS

### Comparison of catchment areas

Of the 1369 Fontan patients discharged alive, 53% (721/1369) were followed-up in *area 1* and 47% (648/1369) were followed-up in *area 2*. Overall mean follow-up time post-Fontan was  $11 \pm 8$  years (13 408 patient-years). The characteristics of the patients between groups are presented in table 1.

Patients in *area 1* had a longer mean length of follow-up. There was no follow-up information available in 4.8% (67/1369) of patients, and this proportion was similar between areas (*area 1*: 4.3%, 31/721 vs *area 2*: 5.6%, 36/648,  $p=0.32$ ). Follow-up within the preceding 3 years was not available in 17% (237/1369) patients, and this was more often in those from *area 2* (*area 1*: 14%, 103/721 vs *area 2*: 21%, 134/648,  $p=0.002$ ).



**Figure 1** Graphical depiction of catchment areas: in *area 1*, patients are referred to either a national paediatric heart transplantation (HT) programme or its associated adult programme. In *area 2*, patients are referred to either a national paediatric HT programme or the three other adult HT programmes. The overlap exists as the national paediatric HT programme in Australia receives all paediatric patients referred from around the country. Thus, patients who are followed-up in *area 2*—where three Australian adult HT centres are located—are usually referred to this national paediatric HT centre if they are <18 years of age. AUS, Australia; NZ, New Zealand.

**Table 1** Characteristics at the time of Fontan procedure compared between areas of follow-up

	Area 1 (n=721)	Area 2 (n=648)	p Value
Male	425 (59)	359 (55)	0.19
Median age at Fontan in years	4.6 (3.5–6.2)	4.8 (3.8–6.4)	0.034
Median (IQR)*			
Fontan type			
AP	124 (17)	81 (13)	0.015
LT	132 (18)	146 (23)	0.06
ECC	458 (64)	415 (64)	0.87
Unknown	7 (1)	6 (1)	>0.99
Time period			
1975–1989	112 (16)	74 (11)	0.028
1990–1999	183 (25)	155 (24)	0.57
2000–2009	264 (37)	247 (38)	0.58
2010–2015	162 (22)	172 (27)	0.089
Morphology			
LV	405 (56)	347 (54)	0.36
RV	216 (30)	189 (29)	0.77
Biventricular/indeterminate	100 (14)	112 (17)	0.086
HLHS	80 (11)	81 (13)	0.45
Palliations prior to Fontan—mean (SD)†	2.0 (1.1)	1.8 (1.0)	0.001
BCPC prior to Fontan	413 (57)	384 (59)	0.48
Mean follow-up time—mean (SD) years‡	11 (8)	10 (8)	0.046
No follow-up available	31 (4)	36 (6)	0.32
No follow-up available in previous 3 years	103 (14)	134 (21)	0.002

\*Compared using non-parametric statistical testing.

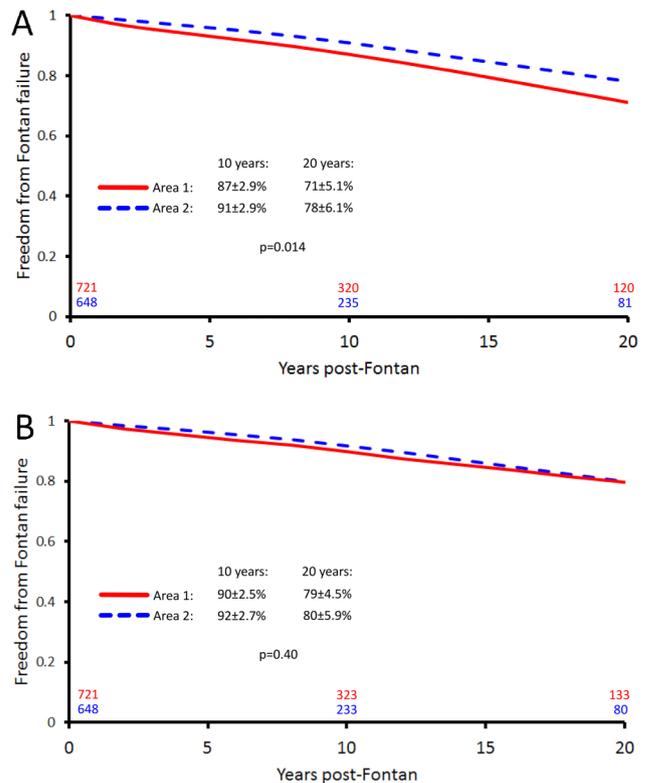
†Compared using parametric statistical testing.

‡AP, atriopulmonary; BCPC, bi-directional cavo-pulmonary connection; ECC, extracardiac conduit; HLHS, hypoplastic left heart syndrome; IQR, interquartile range; LT, lateral tunnel; LV, left ventricle; RV, right ventricle.

Overall freedom from documented Fontan failure was 89% ±2.2% at 10 years and 74%±3.9% at 20 years. The initial mode of failure was death in 62 patients, HT in 19 patients, Fontan takedown or conversion in 39 patients, PLE or plastic bronchitis in 40 patients and New York Heart Association functional class III or IV in 41 patients. Freedom from Fontan failure was higher in area 2 compared with area 1 as displayed in figure 2A. Patients from area 1 were more likely to have documented Fontan failure on multivariable Cox regression (HR 1.4, 95% confidence interval (CI) 1.0 to 1.9, p=0.035).

Since decision-making regarding (1) Fontan conversion, (2) Fontan takedown and (3) HT may potentially be institution-specific, we performed a separate analysis after exclusion of these three events as end points of Fontan failure. After exclusion of these events, overall freedom from Fontan failure was 91%±2.0% at 10 years and 80%±3.5% at 20 years. The initial mode of failure was death in 72 patients, PLE or plastic bronchitis in 41 patients and New York Heart Association functional class III or IV in 45 patients. This was similar between groups as displayed in figure 2B. There was no longer an association on multivariable analysis (HR 1.1, 0.8 to 1.6, p=0.53).

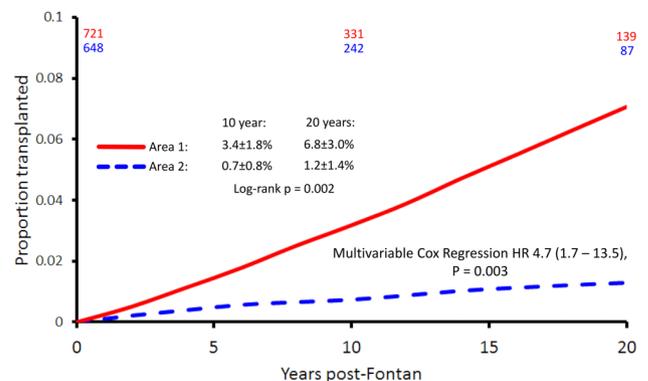
Using both the Australia and New Zealand Fontan Registry and the ANZCOTR, we identified 34 patients with a Fontan circulation who underwent HT. As displayed in figure 3, patients being followed-up in area 1 were more likely to receive HT compared with those in area 2 (area 1: 29/731 vs area 2: 5/648) with a cumulative proportion of 3.4%±1.8% vs 0.7%±0.8% at



**Figure 2** (A) Freedom from documented failure of Fontan circulation; (B) freedom from documented failure of Fontan circulation after excluding Fontan conversion, takedown and heart transplantation.

10 years and 6.8%±3.0% vs 1.2%±1.4% at 20 years (p=0.002). Multivariable Cox regression analysis of the 1369 Fontan patients demonstrated that patients living in area 1 were more likely to undergo HT (HR 4.7, 95% CI 1.7 to 13.5, p=0.003).

Comparison of patients followed-up in Australia (n=1080) versus New Zealand (n=289) showed similar rates of freedom from Fontan failure (Australia: 75%±4.3% vs New Zealand: 69%±9.4% at 20 years, p=0.45) and Fontan failure after exclusion of conversion, takedown and transplantation (80%±4.1% vs 79%±7.6% at 20 years, p=0.86). The cumulative rates of transplantation at 20 years were also similar between the two countries (Australia: 3.2%±1.6% vs New Zealand: 2.3%±2.2%, p=0.68). There were no associations between country with Fontan failure or transplantation on multivariable analyses.



**Figure 3** Cumulative proportion of heart transplantation in two catchment areas for 1369 patients with Fontan circulation in Australia and New Zealand. (Generated using the Kaplan–Meier method.)

### Patients with a Fontan circulation undergoing HT

All 34 heart transplants in patients with a Fontan circulation were performed at four out of a total of six transplant centres in Australia and New Zealand. Their characteristics are displayed in table 2. The age distribution was as follows: 0–6 years (n=3), 6–12 years (n=5), 12–18 years (n=10) and > 18 years (n=16). The indications for HT were chronic heart failure (79%, 27/34), intractable supraventricular arrhythmia (12%, 4/34) and PLE (9%, 3/34).

Two patients were bridged to transplantation with a ventricular assist device. A Berlin Heart EXCOR device was used in a 5-year old with hypoplastic left heart syndrome. A Thoratec paracorporeal device was used in a 26-year old patient with repaired double-inlet LV. The mean number of prior cardiac procedures was  $2.7 \pm 1.1$  (median 3, range 1–5) and 62% (21/34) of patients had three or more prior cardiac procedures. All five patients with hypoplastic left heart syndrome had undergone the Norwood procedure followed by a bidirectional cavopulmonary shunt and Fontan completion.

**Table 2** Characteristics of patients with a Fontan circulation (n=34) undergoing heart transplantation

	Fontan patients (n=34)
Age—median years (IQR)	17 (11–31), range 4–51
Blood group	
O	17 (50)
A	10 (29)
B	4 (12)
AB	3 (9)
Ventricular morphology	
LV dominant	19 (56)
RV dominant	15 (44)
Diagnoses	
Atrioventricular septal defect	3 (9)
Double-inlet LV	6 (18)
Double-outlet RV	8 (24)
Hypoplastic left heart syndrome	5 (15)
Transposition of the great arteries	5 (15)
Tricuspid atresia	7 (21)
Dextrocardia	4 (12)
Situs inversus	1 (3)
Left atrial isomerism	2 (6)
Right atrial isomerism	1 (3)
Time since Fontan (years)—mean (SD)	11.5 (9.1), range: 0.23–33
Type of Fontan	
ECC	16 (47)
AP	14 (41)
LT	4 (12)
Fenestration	10 (29)
Fenestration closure prior to Tx	3 (9)
Number of prior surgeries—mean (SD)	2.7 (1.1)
Bidirectional cavopulmonary connection	13 (38)
Blalock–Taussig shunt	5 (15)
Norwood procedure	5 (15)
PLE	5 (15)
Plastic bronchitis	1 (3)
Pulmonary AVM	1 (3)
History of atrial arrhythmia	8 (24)

AP, atriopulmonary Fontan; AVM, arteriovenous malformation; ECC, extracardiac conduit; IQR, interquartile range; LT, lateral tunnel Fontan; LV, left ventricle; PLE, protein-losing enteropathy; RV, right ventricle; Tx, transplantation.

Operative details are presented in table 3. Reconstruction of the aortic arch was required in 9% (3/34) patients while pulmonary artery reconstruction was performed in 53% (18/34). The mean cardiopulmonary bypass time was  $282 \pm 99$  min while the mean donor heart ischaemic time was  $291 \pm 91$  min.

Operative mortality was 5.8% (2/34). Two patients died due to sepsis (at 5 and 38 days postoperative). One patient who died in hospital was supported on extracorporeal membrane oxygenation (ECMO) for septic shock despite intact ventricular function. Primary graft failure occurred in 12% (4/34) patients, all of whom were supported with ECMO and recovered. Post-transplant renal impairment occurred in 29% (10/34). Of these, seven required haemofiltration or haemodialysis, one patient required peritoneal dialysis and two were managed conservatively. No patient required permanent dialysis.

Mean follow-up was  $7.0 \pm 6.0$  years (median 4.7, range 0.1–21 years). Follow-up was 100% complete. There were six late mortalities. One patient was readmitted 38 days post-transplant and died of sepsis. Other patients died of cardiac allograft vasculopathy (n=2), renal failure (n=1), PLE (n=1), which recurred 2 years after transplantation in a patient with preoperative PLE. The cause of death is unknown in one patient. Aside from the aforementioned patient who died of PLE, the other four patients had complete resolution of PLE. Kaplan–Meier survival is demonstrated in figure 4. Post-transplant survival at 1, 5 and 10 years was 91%, 78% and 71%, respectively.

### Comparison with patients with other forms of CHD identified by the ANZCOTR

Of the 2479 heart transplants recorded in the ANZCOTR across six transplant centres, 139 had a diagnosis of CHD. Of those 139 patients, we identified 34 patients with a Fontan circulation and 87 patients without a Fontan circulation (27 univentricular, 60 biventricular) who underwent HT at the same four centres. The characteristics and outcomes of these patients are presented in table 3. A greater proportion of HT for Fontan patients occurred after January 2000 compared with those transplanted before this point (36% (25/70) vs 18% (9/51),  $p=0.04$ ). Fontan patients had longer cardiopulmonary bypass and donor ischaemic times. Survival analysis between Fontan patients and those with other CHD is presented in figure 4. Long-term survival after HT in patients with Fontan circulation was similar to survival after HT in other patients with CHD.

### DISCUSSION

The number of patients living with a Fontan circulation is expected to grow.<sup>1</sup> Data from the Australian and New Zealand Fontan Registry demonstrated survival of 76% at 25 years for the AP, 90% at 20 years for LT and 97% at 13 years for ECC Fontan.<sup>1</sup> Nevertheless, the Fontan circulation will eventually fail in a significant number of patients. In more recent years, a greater proportion of patients with CHD referred for HT have a Fontan circulation.<sup>9</sup> Similarly, in the current study the proportion of patients with a Fontan circulation was greater after 2000.

### Differences in rates of HT for patients with a Fontan circulation

While previous studies have investigated factors associated with mortality for Fontan patients on transplant waiting lists,<sup>10</sup> no study has specifically examined the differences in transplantation rates in the Fontan population at a national level. Patients with a failing Fontan circulation considered for HT often present with co-morbidities that place them at higher risk of postoperative morbidity and mortality such as hepatic and renal dysfunction, PLE

**Table 3** Perioperative characteristics and early outcomes in patients with Fontan circulation compared with those with other forms of congenital heart disease

Patients' details	Fontan (n=34)	Other univentricular (n=27)	*	Biventricular (n=60)	†	‡	p Value
Age—median years, (IQR)§	17 (11–31)	14 (5–24)	0.065	20 (14–41)	0.26	0.011	0.042
Weight median kg (IQR)§	58 (26–73)	32 (15–65)	0.054	60 (38–74)	0.45	0.005	0.007
Univentricular							
LV dominant	19 (56)	14 (52)	>0.99	–	–	–	>0.99
RV dominant	15 (44)	13 (48)	>0.99	–	–	–	>0.99
Hypoplastic left heart syndrome	6 (18)	7 (26)	0.53	–	–	–	0.53
Biventricular							
TGA	–	–	–	14 (23)	–	–	–
ccTGA	–	–	–	10 (17)	–	–	–
TOF	–	–	–	7 (12)	–	–	–
Ebstein's anomaly	–	–	–	4 (7)	–	–	–
Aortic stenosis	–	–	–	4 (7)	–	–	–
Mitral regurgitation	–	–	–	3 (5)	–	–	–
AVSD	–	–	–	4 (7)	–	–	–
VSD	–	–	–	9 (15)	–	–	–
Others¶	–	–	–	5 (8)	–	–	–
Days on waiting list—median (IQR)§	179 (112–499)	130 (72–290)	0.24	133 (62–307)	0.087	0.79	0.89
Previous cardiac surgery	34 (100)	24 (89)	0.081	52 (87)	0.047	>0.99	0.089
Number of prior surgeries—mean (SD)**	2.7 (1.1)	2.4 (1.7)	>0.99	1.9 (1.2)	0.006	0.18	0.006
Preoperative inotropes	4 (12)	3 (11)	>0.99	7 (12)	>0.99	>0.99	>0.99
Preoperative VAD	2 (6)	0 (0)	0.13	8 (13)	0.32	0.054	0.094
Preoperative creatinine (µmol/L)—mean (SD)**	78 (42)	56 (27)	0.11	79 (51)	>0.99	0.043	0.038
Operative							
Cardiopulmonary bypass time—mean min (SD)**	282 (99)	209 (82)	0.012	207 (93)	0.001	>0.99	0.001
Ischaemic time—mean min (SD)**	291 (91)	230 (92)	0.064	233 (100)	0.022	>0.99	0.016
Great artery reconstruction	19 (56)	10 (37)	0.20	0 (0)	<0.001	<0.001	<0.001
Aortic arch reconstruction	3 (9)	3 (11)	>0.99	0 (0)	0.045	0.035	0.041
Pulmonary artery repair/reconstruction	18 (53)	7 (26)	0.04	0 (0)	<0.001	<0.001	<0.0001
Early outcomes							
In-hospital mortality	2 (6)	4 (15)	0.39	5 (8)	>0.99	0.45	0.46
Primary graft failure	4 (12)	4 (15)	>0.99	10 (17)	0.76	>0.99	0.81
Stroke	1 (3)	1 (4)	>0.99	3 (5)	>0.99	>0.99	0.88
Renal impairment	11 (32)	5 (19)	0.25	14 (23)	0.35	0.78	0.43
Post-transplant ECMO	5 (15)††	3 (11)	>0.99	8 (13)	>0.99	>0.99	0.92
Post-transplant IABP	3 (9)	2 (7)	>0.99	7 (12)	0.74	0.71	0.80

Categorical variables displayed as number (percentage).

\*Comparison between Fontan and other univentricular repairs.

†Comparison between Fontan and biventricular repairs.‡Comparison between other univentricular and biventricular repairs.

§Compared using non-parametric statistical testing.

\*\*Compared using parametric statistical testing.

¶Others: these five patients had: truncus arteriosus, tricuspid dysplasia, VSD with partial Uhl's anomaly, partial anomalous pulmonary venous drainage, anomalous left main coronary artery.

††One patient was placed on ECMO due to septic shock despite intact graft function.

AVSD, atrioventricular septal defect; ECMO, extracorporeal membrane oxygenation; IABP, intra-aortic balloon pump; IQR, interquartile range; LV: left ventricle; RV: right ventricle; TGA, transposition of the great arteries; ccTGA, congenitally corrected TGA; TOF, tetralogy of Fallot; VAD, ventricular assist device; VSD, ventricular septal defect.

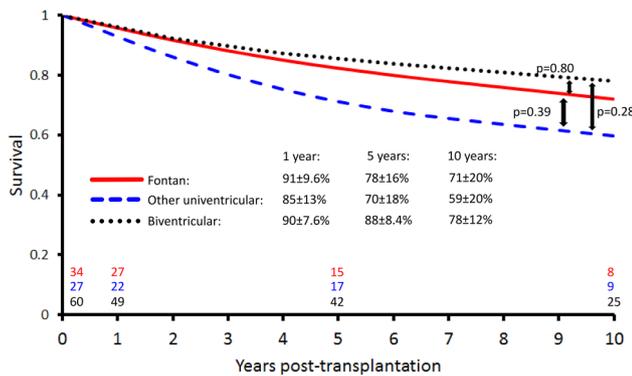
and plastic bronchitis.<sup>1 5</sup> Reoperative cardiac surgery is inherently risky. Difficult intraoperative dissection of distorted thoracic structures and reconstruction of the great vessels at the time of HT are often required. This results in longer cardiopulmonary bypass and donor ischaemic times which contribute towards perioperative morbidity.<sup>5 11</sup> Demanding perioperative management, coupled with early reports of greater mortality after HT meant that patients with Fontan circulation may have been perceived to be of higher perioperative risk by transplantation programmes. All these may have limited the general access of patients with a Fontan circulation to HT, particularly in adult centres where recipient numbers are larger than the potential donor pool.

To our knowledge, this study is the first to investigate the rates of transplantation for patients with a Fontan circulation at a national level. It appears from our study that patients living in areas which

refer to either a national paediatric HT programme or its associated adult programme (area 1) are more likely to receive HT.

Despite regional variations in the rate of HT in the Fontan population, the overall rate of HT is low in all areas. Even in area 1, freedom from Fontan failure was 71% at 20 years, yet the cumulative proportion transplanted at 20 years was only 6.8%. While not all patients with Fontan failure are suitable for HT, a substantial portion of patients with Fontan failure nonetheless did not undergo HT.

Patients from area 1 were statistically more likely to have Fontan failure compared with those in area 2. However, this was due to the fact that more Fontan takedown, conversion and HT procedures were performed in area 1. After exclusion of these procedures there was no association between the area and likelihood of Fontan failure.



**Figure 4** Survival after heart transplantation in Fontan patients compared and patients with other forms of congenital heart disease.

### Results of HT in patients with a Fontan circulation

In a multicentre study of 488 who underwent HT from 1990 to 2002, Lamour *et al*<sup>3</sup> compared 107 patients with a Fontan circulation undergoing cardiac transplantation with 381 patients with other forms of CHD and found that patients with a Fontan circulation were 8.6 times more likely to die after HT. Five-year survival was 60% in the Fontan group compared with 74% in the other CHD group. Other groups have also reported similar results.<sup>9 12</sup> These findings initially raised concerns regarding HT in these patients.

Recently, individual centres have reported more favourable early results (operative mortality of  $\leq 15\%$ ) in HT for patients with a failing Fontan.<sup>5 13 14</sup> The relatively low operative mortality (6%) seen in our study may be related to several factors. There was a small number of patients with PLE (15%) compared with higher proportions of up to 50% in other studies.<sup>5 12 15</sup> Only one of the patients in our series underwent transplantation within the first year for early Fontan failure. Of the 1369 patients in the Fontan Registry, the 34 who underwent HT may represent a selected, robust group who were deemed more appropriate for HT. We did not have detailed information on the number of patients who were diagnosed with Fontan failure and were managed conservatively or palliated.

Kovach *et al*,<sup>2</sup> using the Paediatric Heart Transplant Study database, analysed HT performed for CHD at 32 institutions from 1992 to 2008. Patients with a Fontan circulation ( $n=194$ ) were compared with those who had undergone a Glenn shunt ( $n=189$ ) and those with other forms of CHD ( $n=421$ ). They found similar long-term survival after HT between the groups. This was consistent with our study. While these results are encouraging, differences in survival after HT may nevertheless reflect selection bias. Patients with a Fontan circulation who are the most critically ill may not have been referred for or survived to HT.

### Strategies in HT for patients with Fontan circulation

Given the foreseeable growth in the number of patients with a Fontan circulation referred for HT,<sup>9</sup> we believe that transplant teams should adjust their practice to deal with these complex patients. We typically transfer patients with a Fontan circulation to the operating room at least 4 h prior to the donor heart's estimated arrival. This time is usually necessary to perform extensive dissection and reconstruction of the great vessels.<sup>11</sup> The coordination with the heart retrieval team must be precise to minimise unnecessary donor ischaemic time. Surgeons who perform HT in patients with CHD must have a thorough understanding of the relevant anatomy, in particular the distorted

intrathoracic structures that exist following multiple univentricular palliation procedures.

### LIMITATIONS

This study is limited by its retrospective nature. This study involved a long study period, with perioperative strategies changing over time. Furthermore, we may not have complete information on the patients who were diagnosed with Fontan failure and were palliated without referral to HT.

### CONCLUSION

Although HT after the Fontan procedure can be achieved with excellent outcomes, most patients with Fontan failure do not undergo HT. Significant regional differences in rates of HT in Fontan patients exist.

### Key messages

#### What is already known on this subject?

A proportion of patients living with a Fontan circulation will require heart transplantation (HT). Such patients are often perceived to be of higher operative risk compared with other potential transplant candidates with congenital heart disease (CHD).

#### What might this study add?

This study is the first to investigate the rates and outcomes of transplantation for patients with a Fontan circulation at a national level. Patients living in areas which refer to either a national paediatric HT programme or its affiliated adult programme are more likely to undergo HT. The overall rate of HT for Fontan patients is low in all areas. A substantial portion of patients with Fontan failure do not undergo HT.

#### How might this impact on clinical practice?

Our study suggests that a centralised programme with unified indications for HT and expertise in surgical management of heart failure in CHD may result in greater access to transplantation for patients with failing Fontan circulation of all ages.

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