

13 MACE RATE FOLLOWING NORMAL REGADENOSON STRESS PERFUSION CARDIOVASCULAR MAGNETIC RESONANCE: A SINGLE CENTRE EXPERIENCE

*G Lewis, J Tan, H Mathias, W Bradlow, R Steeds, B Holloway. *University Hospitals Birmingham, UK*

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Stress perfusion cardiovascular magnetic resonance (SPCMR) is now established in the investigation of myocardial ischaemia. Various pharmacological options exist for inducing stress conditions. Regadenoson is an A-2A agonist with many advantages over Adenosine, including easier administration and fewer side effects. Whilst the use of Regadenoson has been studied in nuclear myocardial perfusion imaging (MPI), its efficacy has not been as robustly documented in SPCMR. Our centre has a large nuclear MPI service, with a smaller but rapidly growing stress perfusion CMR service. The aim of this study was to determine the major adverse cardiac event (MACE) rate following a normal Regadenoson SPCMR examination.

A retrospective RIS (Radiology Information System) search was performed over a 2 year period (2013 – 2014) which yielded 156 SPCMR studies. 95 were excluded due to alternative/undocumented pharmacological stress agents, positive results for inducible ischaemia or failure to complete stress perfusion sequences. This yielded a total cohort of 61 patients who had a normal Regadenoson SPCMR study (this included well documented artefacts such as dark-rim). Basal, mid and apical short axis views were obtained during first pass of contrast (Gadovist, 0.2mg/kg, 6ml/second) at peak stress (400 micrograms Regadenoson). Rest perfusion was repeated 15 min after the initial contrast injection. All patients were scanned on a Siemens 1.5T Avanto MRI scanner. All patients were followed up for at least 1 year for MACE, i.e. cardiovascular death, myocardial infarction or coronary revascularisation.

Out of 61 patients who had a normal Regadenoson SPCMR study, 1 patient experienced MACE within the follow up period (intra-operative death during cardiac transplantation). Excluding this, no patients suffered adverse events during the follow up period. In conclusion, a normal Regadenoson stress perfusion CMR examination is associated with a very low MACE rate within 2 years.

14 PEAK TURBULENT KINETIC ENERGY ASSESSED BY CARDIAC MAGNETIC RESONANCE CORRELATES BETTER THAN AORTIC VALVE AREA WITH LEFT VENTRICULAR PARAMETERS IN AORTIC STENOSIS

¹*M Loudon, ¹M Bissell, ¹V Stoll, ²P Dyverfeldt, ²C Carlhäll, ²T Ebbers, ¹A Hess, ³B Prendergast, ¹S Neubauer, ¹S Myerson. ¹University of Oxford Centre for Clinical Magnetic Resonance Research, Department of Cardiovascular Medicine, University of Oxford; ²Center for Medical Image Science and Visualization (CMIV) and Linköping University, Sweden; ³Department of Cardiovascular Medicine, St Guy's and St Thomas' NHS Foundation Trust, London

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Introduction Previous studies have shown only modest correlation between aortic valve area (AVA) and left ventricular mass in aortic stenosis (AS), likely due to the variable additional afterload from the aortic and systemic circulation.

Cardiac magnetic resonance (CMR) has developed sequences to measure turbulent kinetic energy (TKE) in the proximal aorta,

derived from time resolved three-dimensional (4D) flow imaging. It represents energy dissipation and irreversible pressure loss. Work in the same patient cohort demonstrated peak TKE is higher in bicuspid than tricuspid AS, probably due to larger ascending aortas. We assessed peak systolic TKE in patients with wide ranging AS (mild to severe) and correlated it with left ventricular (LV) parameters.

Methods 22 patients with tricuspid AS (mean age 72.1 ± 8.6 years, mean indexed valve area (AVA) $0.55 \pm 0.18 \text{ cm}^2/\text{m}^2$) and 20 with bicuspid AS (age 65.2 ± 8.5 , indexed AVA $0.77 \pm 0.42 \text{ cm}^2/\text{m}^2$) were scanned. Peak systolic TKE was measured using specialist analysis software and systolic LV longitudinal strain with proprietary feature-tracking software.

Results LV mass index was the only measure of LV function that correlated with AVA: inverse correlation ($r = -0.404$; $p = 0.006$). Peak TKE had a stronger correlation with LV mass ($r = 0.53$; $p = 0.001$), especially in bicuspid AS ($r = 0.83$; $p = 0.0001$). Peak TKE also correlated with indexed LV end diastolic volume ($r = 0.486$; $p = 0.003$), stroke volume ($r = 0.564$; $p = 0.0004$) and stroke work ($r = 0.58$; $p = 0.0003$). This correlation was especially strong in BAV AS (Table 1). No correlation with LV ejection fraction or systolic longitudinal strain was found.

Abstract 14 Table 1 LV parameter correlates with peak systolic TKE

Correlations with TKE	AS		TAV AS		BAV AS	
	r	p	r	p	r	p
	LV mass index	0.530	0.001	0.203	0.391	0.830
LVEDVi	0.486	0.003	-0.126	0.5976	0.688	0.005
SVi	0.564	0.0004	-0.044	0.853	0.784	0.001
LVEF	-0.087	0.621	0.072	0.762	0.026	0.928
Stroke work index	0.58	0.0003	0.21	0.373	0.833	0.0002

Conclusions Peak TKE is a promising tool to better understand the variable effects of AS on the LV, beyond simply severity of AS. The effect is particularly strong in bicuspid AS, who have larger aortas - the likely mechanism for increased TKE.

15 CARDIAC MAGNETIC RESONANCE IMAGING IN END STAGE RENAL DISEASE USING T1 AND FEATURE-TRACKING

^{1,2}E Rutherford, ^{1,*}K Mangion, ¹C McComb, ¹M Talle, ²AD Struthers, ¹C Berry, ¹PB Mark. ¹BHF Glasgow Cardiovascular Research Centre, Glasgow; ²University of Dundee, Division of Cardiovascular & Diabetes Medicine, Dundee

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Introduction Premature cardiovascular death is the leading cause of mortality amongst End Stage Renal Disease (ESRD) patients. Imaging myocardial fibrosis in ESRD is challenging as gadolinium contrast agent use is contraindicated. Global longitudinal strain (GLS) and native T1 relaxation time may be more informative than ejection fraction (EF) in this patient group.

Methods 33 haemodialysis patients and 28 matched healthy controls underwent CMR at 3T (Magnetom Verio, Siemens, Erlangen, Germany). GLS, strain rate (SR) and early diastolic strain rate (EDSR) were calculated using feature-tracking software (Diogenes Image Arena, Munich, Germany). T1 maps were acquired using an optimised MOLLI investigational prototype

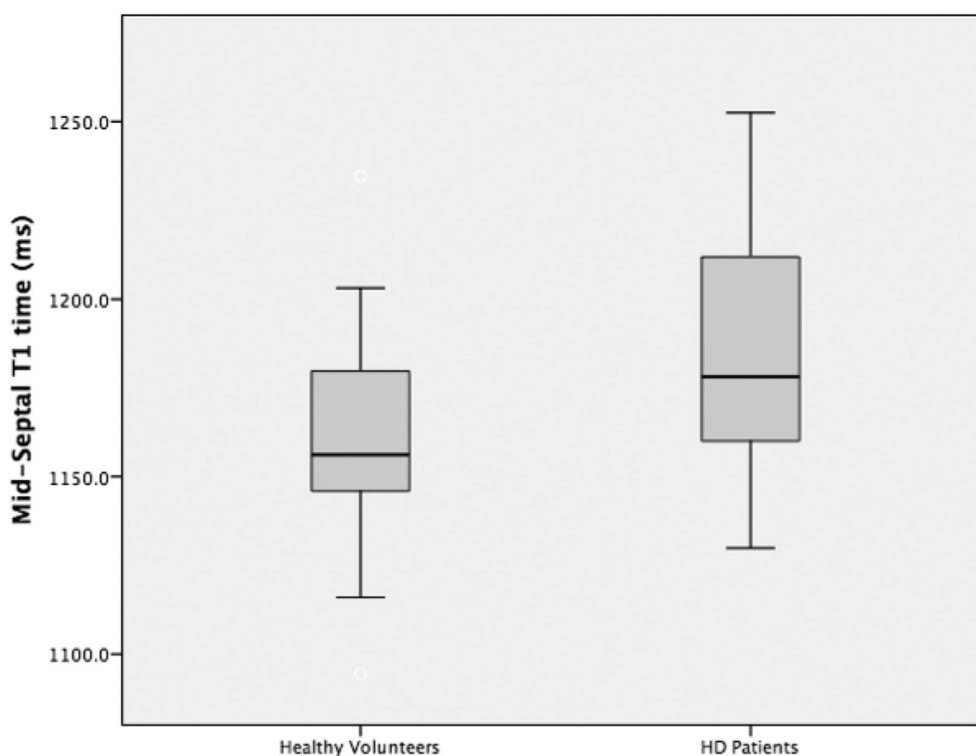
sequence (Siemens Healthcare WIP 448). Global (GT1), septal (ST1) and mid-septal (MST1) T1 times were calculated.

Results Indexed LVM (LVMI), T1 (Figure 1) and GLS values were higher in ESRD (Table 1). In ESRD patients T1 values positively correlated with LVMI (GT1 r^2 0.204 p = 0.008, ST1 r^2 0.201 p = 0.009, MST1 r^2 0.248 p = 0.003). Septal T1 values also positively correlated with end diastolic volumes (ST1 r^2 0.145 p = 0.029, MST1 r^2 0.213 p = 0.007). GLS also positively correlated with LVMI (GLS r^2 0.426 p = 0.013). Lower EDSR and SR tended to correlate with higher LVMI although this did not reach statistical significance (EDSR r^2 -0.342 p = 0.051, SR r^2 -0.327 p = 0.063).

Conclusions In ESRD patients, T1 relaxation times correlate with LV mass indices and end diastolic volumes, features associated with adverse outcome. GLS may be associated with adverse outcomes as it correlates with LVMI. Further work is required to explore the relationship between strain, T1 and their prognostic implications in ESRD patients.

Abstract 15 Table 1 Patient Characteristics and Cardiac Parameters

Variable	Healthy Volunteers	HD Patients	Significance (p value)
Age (years)	59.2 ± 14.0	57.8 ± 15.4	0.715
Male (%)	57.1	57.6	0.973
Global T1 (ms)	1154 ± 32	1171 ± 27	0.027
Septal T1 (ms)	1163 ± 30	1184 ± 29	0.007
Mid-septal T1 (ms)	1161 ± 29	1184 ± 34	0.006
LVMI (g/m ²)	56.9 ± 9.9	75.0 ± 18.5	<0.001
Ejection Fraction (%)	62.8 ± 6.0	63.2 ± 9.3	0.834
GLS (%)	-21.8 ± 6.2	-17.7 ± 5.3	0.007
Strain Rate (s ⁻¹)	1.06 ± 0.37	0.95 ± 0.24	0.156
EDSR (s ⁻¹)	0.97 ± 0.36	1.03 ± 0.36	0.473



Abstract 15 Figure 1 Box-plot of Mid-Septal T1 times in Healthy Volunteers and ESRD Patients

16

THE CARDIAC TOXICITY CMR STUDY IN PATIENTS WITH LUNG CANCER TREATED WITH CHEMO-RADIOTHERAPY: THE CART STUDY- A SEMI QUANTITATIVE ANALYSIS OF THE MYOCARDIAL PERFUSION INDEX

¹*K Mangion, ¹C Berry, ¹J Foster, ²S Nowicki, ¹N Sattar, ²N O'Rourke, ²M Glegg, ²M Sankaralingham, ³J Paul, ²C Lawless, ³J Stobo, ²N Mohammed, ¹A Radjenovic. ¹BHF Glasgow Cardiovascular Research Centre, University of Glasgow, UK; ²The Beatson West of Scotland Cancer Centre, NHS Greater Glasgow and Clyde; ³Cancer Research UK Clinical Trials Unit, Institute of Cancer Sciences, University of Glasgow

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Background There are limited data on the cardiac effects of radiotherapy and chemo-radiotherapy on the heart in patients with non-small cell lung cancer (NSCLC). CART is a pilot study designed to investigate change in myocardial function and tissue properties where Patients will undergo cardiac magnetic resonance (CMR) at baseline, during treatment, at 6 weeks and at 6 months after treatment completion. Here we report our preliminary findings related to temporal changes in myocardial perfusion index (MPI).

Methods CMR was performed on a Siemens MAGNETOM Verio (Erlangen, Germany) 3.0 Tesla scanner. First-pass myocardial perfusion was assessed by saturation recovery prepared dynamic contrast enhanced sequence during administration of 0.1 mmol/kg of gadoterate meglumine (Dotarem). Semiquantitative analysis was performed on segmented basal and mid-LV short axis slices to derive normalised upslopes of myocardial signal intensity profiles (myocardial perfusion index, MPI). The change in MPI over time was analysed statistically using a linear mixed effects model.

Results 13 patients currently have undergone CMR at baseline and during treatment (mean age 66 years, SD: 9; 71% male), 8 patients have undergone CMR at 6 weeks post treatment initiation (5 patients lost to follow-up/ died), and 6 patients have undergone CMR at 6 months from baseline (n = 2 lost to