Online appendix Figure 4a.

**Improved CONSORT 2010 Flow Diagram**

- **assessed for eligibility**: 
  - not meeting criteria
  - declined
  - other reason 1
  - etc.

- **randomized**: 
  - allocated
    - received intervention
    - did not receive intervention
    - reason 1
    - etc.
  - did not receive intervention
    - reason 1
    - etc
  - loss to follow up
    - reason 1
    - etc
  - discontinued treatment
    - reason 1
    - etc
  - excluded from analysis
    - reason 1
    - etc

- **intervention A**: 
  - analyzed

- **intervention B**: 
  - analyzed