

SCS endotype	Investigation	Pathophysiology	Treatment	Efficacy	Side-effects	Relevant clinical trials
Microvascular angina secondary to impaired vasodilatation	Reduced CFR and/or increased microvascular resistance	Anatomical remodelling, vascular rarefaction, disturbed coronary regulation	<b>B-blockers</b>	Reduction in myocardial oxygen consumption	Fatigue, blurred vision, cold hands.	Bugiardini et al <sup>1</sup> Kayaalti et al <sup>2</sup>
			<b>ACE inhibitors</b>	Improve CFR, reduce workload, may improve small vessel remodelling	Cough, renal impairment, hyperkalaemia.	Pauly et al <sup>3</sup>
			<b>Ranolazine</b>	Improves MPRI in patients with MVA and reduced CFR	Nausea, dizziness, headache	NCT01342029 <sup>4</sup> NCT01815957 <sup>5</sup>
			<b>Phosphodiesterase inhibitors</b>	↓cGMP degradation, ↑vascular smooth muscle relaxation and ↑ CFR for those with baseline CFR <2.5	Flushing, tinnitus, headache	Denardo et al <sup>6</sup>
Microvascular angina secondary to abnormal vasoconstriction	Hyper-reactivity to stimuli (e.g. acetylcholine, exercise, stress)	Endothelial dysfunction, inappropriate prearteriolar vasoconstriction	<b>ACE inhibitors</b>	Improves endothelial vasomotor dysfunction	Cough, renal impairment, hyperkalaemia.	Mancini et al <sup>7</sup>
			<b>Calcium antagonists</b>	Vascular smooth muscle relaxation, reduction in myocardial oxygen consumption	Constipation, ankle swelling, flushing	Bairey Merz et al <sup>8</sup>
			<b>Nicorandil</b>	Potassium channel activator with coronary microvascular dilatory effect	Dizziness, flushing, weakness, nausea	Chen et al <sup>9</sup>
			<b>Statins</b>	Improved coronary endothelial function, pleiotropic effects including reduced vascular inflammation	Myalgia, headache, cramps	Treasure et al <sup>10</sup> Kayikcioglu et al <sup>11</sup>
			<b>Exercise</b>	Beneficial effect on endothelium ↓ resting blood flow and ↑ vasodilatory capacity	Muscle fatigue, myalgia	Czernin et al <sup>12</sup>
			<b>Hormone-replacement therapy</b>	Oestrogen therapy improves endothelial function short-term in CMD	↑ Risk of breast cancer, marginally ↑ risk of CVD	NCT00600106 <sup>13</sup>
Microvascular angina secondary to abnormal pain processing	Enhanced nociception	Dysfunctional cortical pain processing	<b>Tricyclic antidepressants</b>	Improved symptom burden potentially through reduced visceral pain	Blurred vision, dry mouth, drowsiness, impaired coordination	Canon et al <sup>14</sup>
			<b>Xanthine derivatives</b>	Anti-algogenic effect (due to the direct involvement of adenosine in cardiac pain generation)	Nausea & vomiting, palpitations	Eriksson et al <sup>15</sup>
Epicardial and/or microvascular coronary vasospasm	Propensity to coronary vasospasm	Vascular smooth muscle hyper-reactivity	<b>Calcium channel antagonists</b>	↓ spontaneous and inducible coronary spasm via vascular smooth muscle relaxation and ↓ oxygen demand	Constipation, ankle swelling, flushing	Nishigaki et al meta-analysis <sup>16</sup> Johnson et al <sup>17</sup>
			<b>Nitrates</b>	↓ spontaneous and inducible coronary spasm via large epicardial vasodilation, ↓ oxygen demand. Lack of efficacy in microvascular angina with potential deleterious effect	Headaches, dizziness, flushing	Lombardi et al <sup>18</sup> Russo et al <sup>19</sup>
			<b>Rho-kinase inhibitors</b>	↓ Calcium sensitivity of smooth muscle by ↑ phosphatase activity reducing phosphorylated (active) myosin light chains	Rash, dizziness. Not licensed for use in Europe or USA.	Mohri et al <sup>20</sup>
Adjunctive non-pharmacological interventions	May be useful in all endotypes	Metabolic syndrome, endothelial dysfunction, cardiovascular risk factors, anxiety/depression	Smoking cessation, Exercise, cardiac rehabilitation, Mediterranean diet, cognitive behavioural therapy			Stampfer et al <sup>21</sup>

## Web-Only References

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