Supplementary table 1

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| Sports Category | Male Athletes (n=2393) | Female Athletes (n=1388) |
| Static Sport |  (n=200)BobsleighCricketDivingGymnasticsJudoJavelinKarateSailingShot putShootingTaekwondoWeight lifting |  (n=459)DivingGymnasticsJavelinJudoKarateSailingShot putTaekwondoWeight lifting |
| Endurance sport |  (n=584)Athletics (track event: 800 m, 1500 m, 3000 m and 10,000 m)BoxingCanoeingCyclingLong distance runningRowingSkatingSwimmingTriathlon |  (n=337)Athletics (track event: 800 m, 1500 m, 3000 m and 10,000 m)BoxingCanoeingCyclingLong distance runningRowingSkatingSwimmingTriathlon |
| Mixed Sport |  (n= 1609)Athletics (track (100 m, 200 m, 400 m)BadmintonBasketballBiathlonDanceFencingFootball HandballHockeyNetballPentathlonRugbySquashTable tennisTennisVolleyballWater Polo |  (n=592)Athletics (track (100 m, 200 m, 400 m)BadmintonBasketballBiathlonDanceFencingFootball HandballHockeyNetballPentathlonRugbySquashTable tennisTennisVolleyballWater Polo |