



Supplementary figure 3. Proportion of athletes in different blood pressure categories by seniority level and sex.

*, ≥ 130 and/or ≥ 90 mmHg corresponds to the threshold defining hypertension in the current U.S. (American Heart Association/American College of Cardiology) guidelines on hypertension, while ≥ 140 and/or ≥ 90 mmHg correspond to the European (European Society of Cardiology) guidelines. Please note the few number of female professional athletes.