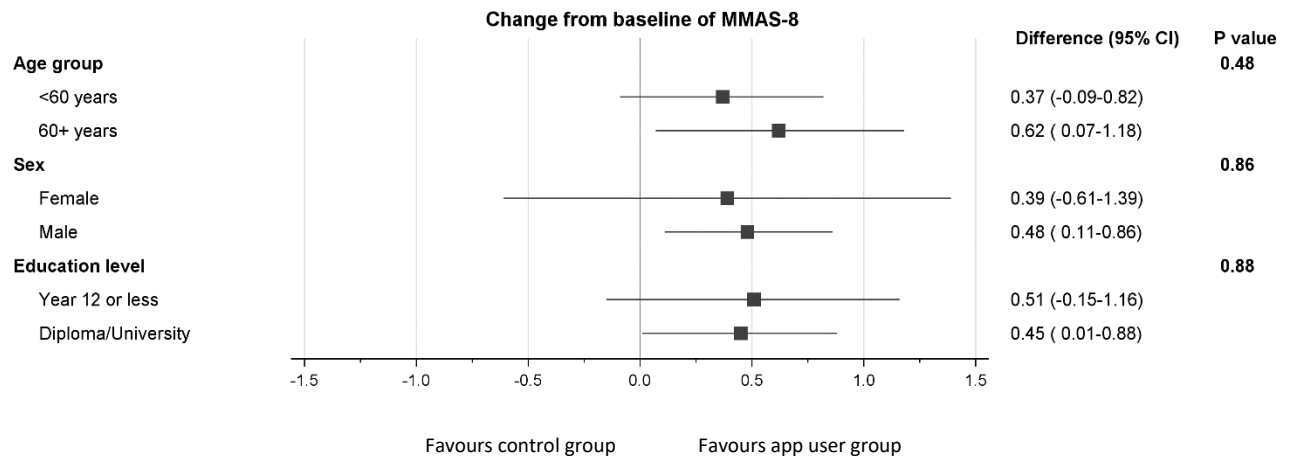


**Supplemental Figure 3. Sub-group analyses of the primary outcome.**



There was also no evidence of an interaction between the baseline MMAS-8 score and the randomisation groups ( $p=0.16$ ), which indicates that the assumptions of the ANCOVA method were met and the response to treatment was not dependent on the baseline MMAS-8 score. The regression coefficient of the baseline MMAS-8 score on the final MMAS-8 score was 0.76 (95% CI 0.54-0.98) in the usual care group and 0.58 (95% CI 0.43-0.73) in the app user group.