

Supplemental Table 1: RCTs of STEMI patients – PPCI versus Thrombolysis

Study	Study Type	Age (Years)	Number of Patients	Outcomes Assessed	Findings
SENIOR PAMI Trial (2005) PPCI vs. Thrombolysis	RCT	≥70	483	Death or disabling stroke at 30 days	Primary endpoint: <ul style="list-style-type: none"> <li>• 11.3% for PPCI vs. 13% for thrombolytic, <math>P=0.57</math></li> <li>• No difference in in-hospital major bleeding (5.6% for PPCI vs. 6.2% for thrombolytic, <math>P=0.79</math>)</li> </ul>
Zhang <i>et al</i> (2006) PPCI vs. Thrombolysis	RCT	>75	102	In-hospital, 30-day Follow-up to 12 months: MACE including death, non-fatal myocardial infarction, target vessel revascularisation	In-hospital: <ul style="list-style-type: none"> <li>• Mortality lower in PPCI group (2.0% vs 15.4%, <math>P=0.04</math>).</li> <li>• PPCI better for reducing hospital mortality in diabetics (<math>OR=0.43</math>, 95%CI: 0.33–0.85, <math>P=0.01</math>) or anterior myocardial infarction (<math>OR=0.44</math>, 95% CI: 0.31–0.87, <math>P=0.02</math>)</li> </ul> Thirty day: <ul style="list-style-type: none"> <li>• MACE composite and LVEF similar</li> </ul> One year: <ul style="list-style-type: none"> <li>• MACE significantly lower in PPCI group (21.3% and 45.2%, <math>P=0.029</math>)</li> </ul>
Bueno <i>et al</i> (2011) PPCI vs. Thrombolysis	RCT	≥75	266	Primary endpoint a composite of all-cause mortality, reinfarction, or disabling stroke at 30 days	Primary endpoint: <ul style="list-style-type: none"> <li>• No difference PPCI (18.9%) vs. fibrinolysis (25.4%) (<math>OR=0.69</math>, 95% CI: 0.38–1.23, <math>P=0.21</math>)</li> </ul> Recurrent ischaemia: <ul style="list-style-type: none"> <li>• Less common in PPCI group (0.8 vs. 9.7%, <math>P&lt;0.001</math>)</li> </ul> Major bleeding: <ul style="list-style-type: none"> <li>• No difference PPCI 5 (3.8%) vs. fibrinolysis 6 (4.5%) (<math>OR=0.84</math>, 95% CI: 0.25–2.82, <math>P=0.78</math>)</li> </ul>

PPCI- primary percutaneous coronary intervention; RCT-randomised controlled trial; MACE-major adverse cardiac event; OR-odds ratio; LVEF-left ventricular ejection fraction; CI-confidence interval

**Supplemental Table 2: Studies of NSTEMI patients – Invasive care versus conservative care**

Study	Study Type	Age (Years)	Number of Patients	Primary Outcomes Assessed	Findings
Bach et al (2004) Invasive vs. Conservative for NSTEMI	RCT	>65	2,220	Rates of 30-day and 6-month mortality, nonfatal MI, rehospitalization, stroke, and hemorrhagic complications	Death and MI at 6 months: <ul style="list-style-type: none"> <li>Among patients &gt;75 years of age the early invasive strategy conferred an absolute reduction of 10.8% (10.8% vs. 21.6%, <math>P=0.016</math>) in death or MI at 6 months</li> </ul> Major bleeding: <ul style="list-style-type: none"> <li>Major bleeding rates were higher with early invasive strategy in patients &gt;75 years of age (16.6% vs. 6.5%, <math>P=0.009</math>).</li> </ul>
Italian Elderly ACS Trial (2012) Invasive vs. Conservative for NSTEMI-ACS	RCT	$\geq 75$	313	Composite of death, MI, disabling stroke, and repeat hospitalisation for cardiovascular causes or severe bleeding within 1-year	Composite outcome: <ul style="list-style-type: none"> <li>No difference in primary outcome (27.9% vs. 34.6%, HR=0.80, 95% CI: 0.53-1.19, <math>P=0.26</math>), but significantly reduced in patients with elevated troponin on admission (HR=0.43, 95% CI: 0.23-0.80)</li> </ul> Individual outcomes: <ul style="list-style-type: none"> <li>No significant differences</li> </ul>
Sanchis et al (2016) Invasive vs. Conservative for Comorbid NSTEMI	RCT	>70	106	Primary outcome a composite of all-cause mortality, reinfarction, and readmission for cardiac cause at 2.5-years	Composite outcome: <ul style="list-style-type: none"> <li>No difference in primary outcome: Invasive vs. conservative (IRR=0.946, 95% CI: 0.466–1.918, <math>P=0.877</math>)</li> </ul> Rate of mortality or ischaemic events: <ul style="list-style-type: none"> <li>No difference (invasive vs conservative: IRR=0.595, 95% CI: 0.244-1.451, <math>P=0.254</math>)</li> </ul> Bleeding: <ul style="list-style-type: none"> <li>No difference (invasive vs conservative: IRR=0.445, 95% CI: 0.097-2.127, <math>P=0.289</math>)</li> </ul>
After Eighty Study (2016)	RCT	$\geq 80$	457	Primary outcome a composite of MI, need	Composite outcome: <ul style="list-style-type: none"> <li>Invasive significantly superior to conservative (40.6% vs.</li> </ul>

Invasive vs. Conservative for NSTEMI-ACS				for urgent revascularisation, stroke, and death with median follow-up of 1.53 years	<p>61.4%, HR=0.53, 95% CI: 0.41-0.69, <math>P=0.001</math>)</p> <p>Individual outcomes:</p> <ul style="list-style-type: none"> <li>• Myocardial infarction: (HR=0.52, 95% CI: 0.35-0.76, <math>P=0.001</math>)</li> <li>• Need for urgent revascularisation: (HR=0.19, 95% CI: 0.07-0.52, <math>P=0.001</math>)</li> <li>• Stroke: (HR=0.60, 95% CI: 0.25-1.46, <math>P=0.26</math>)</li> <li>• All-cause mortality: (HR=0.89, 95% CI: 0.62-1.28, <math>P=0.53</math>)</li> </ul> <p>Bleeding complications:</p> <ul style="list-style-type: none"> <li>• Any bleeding: invasive 10% vs. conservative 7%</li> <li>• Major bleeding: invasive 1.7% vs. conservative 1.8%</li> </ul>
Reaño <i>et al</i> (2020) Invasive vs. Conservative NSTEMI-ACS	Meta-analysis	>65	3,768	All-cause mortality (mean follow-up 4 years), cardiovascular mortality (mean follow-up 8 years), MI (mean follow-up 2 years), stroke (mean follow-up 2 years), need for revascularisation (mean follow-up 2 years), recurrent angina (1 trial, follow-up 1-year)	<p>All-cause mortality:</p> <ul style="list-style-type: none"> <li>• No significant benefit for invasive strategy (invasive 31% vs. conservative 36%, RR=0.69, 95% CI: 0.39-1.23)</li> </ul> <p>Cardiovascular mortality:</p> <ul style="list-style-type: none"> <li>• No significant benefit for invasive strategy (invasive 19% vs. conservative 22%, RR=0.86, 95% CI: 0.67-1.10)</li> </ul> <p>MI:</p> <ul style="list-style-type: none"> <li>• No significant benefit for invasive strategy (invasive 10% vs. conservative 16%, RR=0.63, 95% CI: 0.39-1.04)</li> </ul> <p>Stroke:</p> <ul style="list-style-type: none"> <li>• No significant benefit for invasive strategy (invasive 2% vs. conservative 3%, RR=0.52, 95% CI: 0.26-1.03)</li> </ul> <p>Need for revascularisation:</p> <ul style="list-style-type: none"> <li>• Significant benefit for invasive strategy (invasive 2% vs. conservative 8%, RR=0.29, 95% CI: 0.14-0.59, <math>P=0.0006</math>, <math>I^2=3\%</math>)</li> </ul> <p>Recurrent angina:</p> <ul style="list-style-type: none"> <li>• No significant benefit for invasive strategy (RR 0.81, 95% CI: 0.45-1.46, <math>P=0.49</math>)</li> </ul>

Ma <i>et al</i> (2018) Invasive vs. Conservative NSTE-ACS	Meta-analysis	≥75	832,007	<p>Primary outcome death at follow-up from 6 months to 5 years</p> <p>Secondary outcomes included in-hospital death, MI at follow-up, composite of death and MI, MACE (combination of death, MI, stroke, revascularisation, and rehospitalisation per study protocol) at follow-up from 6 months to 3 years, stroke at follow-up from 6 months to 1.5 years, rehospitalisation at follow-up from 6 months to 1-year, in- hospital major bleeding, in-hospital any bleeding</p>	<p>Primary outcome:</p> <ul style="list-style-type: none"> <li>• Invasive better (RR=0.65, 95% CI: 0.59–0.73, <math>P&lt;0.001</math>)</li> <li>• Observational studies invasive better (RR=0.63, 95% CI: 0.57–0.70, <math>P&lt;0.001</math>)</li> <li>• RCTs no difference (RR=0.82, 95% CI: 0.64–1.05, <math>P=0.119</math>)</li> </ul> <p>In-hospital death:</p> <ul style="list-style-type: none"> <li>• Invasive superior (RR=0.70, 95% CI: 0.53–0.92, <math>P=0.011</math>)</li> </ul> <p>MI at follow-up:</p> <ul style="list-style-type: none"> <li>• Invasive superior (RR=0.58, 95% CI: 0.46–0.72, <math>P&lt;0.001</math>)</li> </ul> <p>Composite of death and MI:</p> <ul style="list-style-type: none"> <li>• Invasive superior (RR=0.63, 95% CI: 0.50–0.79, <math>P&lt;0.001</math>)</li> </ul> <p>MACE (6 months to 3 years):</p> <ul style="list-style-type: none"> <li>• Invasive superior (RR=0.60, 95% CI: 0.49–0.74, <math>P&lt;0.001</math>)</li> </ul> <p>Stroke (6 months to 1.5 years):</p> <ul style="list-style-type: none"> <li>• Invasive superior (RR=0.54, 95% CI: 0.30–0.97, <math>P=0.040</math>)</li> </ul> <p>Rehospitalisation (6 months to 1-year):</p> <ul style="list-style-type: none"> <li>• No difference (RR=0.95, 95% CI: 0.75–1.21, <math>P=0.67</math>)</li> </ul> <p>In-hospital major bleeding:</p> <ul style="list-style-type: none"> <li>• No difference (RR=1.78, 95% CI: 0.31–10.13, <math>P=0.51</math>)</li> </ul> <p>In-hospital any bleeding:</p> <p>Higher risk with invasive (RR=2.51, 95% CI: 1.53–4.11, <math>P&lt;0.001</math>)</p>
Gnanenthiran <i>et al</i> (2017) Revascularisation vs.	Meta-analysis	≥75	20,540	In-hospital mortality, mortality at follow-up, MI, revascularisation, rehospitalisation for	<p>In-hospital mortality:</p> <ul style="list-style-type: none"> <li>• Invasive significantly superior (OR=0.65, 95% CI: 0.53–0.79, <math>P&lt;0.0001</math>, <math>I^2=38%</math>)</li> </ul>

Conservative for NSTEMI-ACS				cardiac causes, stroke, major bleeding	<p>Mortality at follow-up:</p> <ul style="list-style-type: none"> <li>Invasive significantly superior (OR=0.67, 95% CI: 0.61-0.74, <math>P&lt;0.00001</math>, <math>I^2=0\%</math>)</li> <li>No difference in RCTs (OR=0.84, 95% CI: 0.66-1.06, <math>P=0.15</math>, <math>I^2=0\%</math>)</li> </ul> <p>In-hospital MI:</p> <ul style="list-style-type: none"> <li>Invasive significantly superior (OR=0.43, 95% CI: 0.30-0.61, <math>P&lt;0.00001</math>, <math>I^2=0\%</math>)</li> </ul> <p>MI at follow-up:</p> <ul style="list-style-type: none"> <li>Invasive significantly superior (OR=0.56, 95% CI: 0.45-0.70, <math>P&lt;0.00001</math>, <math>I^2=18\%</math>)</li> <li>Invasive significantly superior in RCTs alone (OR=0.51, 95% CI: 0.40-0.66, <math>P&lt;0.00001</math>, <math>I^2=0\%</math>)</li> <li>Subgroup analysis of patients <math>\geq 80</math>, invasive significantly superior (OR=0.60, 95% CI: 0.43-0.84, <math>P=0.002</math>, <math>I^2=60\%</math>)</li> </ul> <p>Revascularisation:</p> <ul style="list-style-type: none"> <li>Invasive significantly superior at 12-18 months (OR=0.27, 95% CI: 0.13-0.56, <math>P=0.0005</math>, <math>I^2=0\%</math>)</li> </ul> <p>Rehospitalisation:</p> <ul style="list-style-type: none"> <li>No difference invasive vs. conservative (OR=0.95, 95% CI: 0.75-1.22, <math>P=0.71</math>, <math>I^2=0\%</math>)</li> </ul> <p>Stroke:</p> <ul style="list-style-type: none"> <li>Invasive significantly superior at 6-18 months (OR=0.53, 95% CI 0.30 to 0.95, <math>P=0.03</math>, <math>I^2=0\%</math>)</li> <li>Remained superior for patients <math>\geq 80</math> (OR=0.54, 95% CI: 0.29-0.97, <math>P=0.04</math>, <math>I^2=0\%</math>)</li> <li>Invasive insignificantly superior in RCTs (OR=0.59, 95% CI: 0.25-1.36, <math>P=0.21</math>, <math>I^2=0\%</math>)</li> </ul> <p>Major bleeding:</p> <ul style="list-style-type: none"> <li>In-hospital significantly more likely in invasively treated</li> </ul>
-----------------------------	--	--	--	--	--

					<p>(OR=2.37, 95% CI: 1.53-3.68, <math>P=0.0001</math>, <math>I^2=30\%</math>)</p> <ul style="list-style-type: none"> <li>• Long-term follow-up bleeding significantly more likely in invasively treated (OR=2.38, 95% CI: 1.64-3.45, <math>P&lt;0.00001</math>, <math>I^2=0\%</math>)</li> <li>• Long-term follow-up bleeding significantly more likely in invasively treated in RCTs (OR=2.19, 95% CI: 1.12-4.28, <math>P=0.02</math>, <math>I^2=0\%</math>)</li> </ul>
--	--	--	--	--	--

RCT-randomised controlled trial; MI-myocardial infarction; OR-odds ratio; CI-confidence interval; NSTEMI-non ST elevation acute coronary syndrome; ACS-acute coronary syndrome; HR-hazard ratio; NSTEMI-non ST elevation myocardial infarction; MACE-major adverse cardiac event; RR- relative risk

#### Table 1 References

1. **SENIOR-PAMI Trial:** Grines C. Senior PAMI: a prospective randomized trial of primary angioplasty and thrombolytic therapy in elderly patients with acute myocardial infarction. *Transcatheter cardiovascular therapeutics*. 2005;2005.

2. **Zhang et al:** ZHANG QZ, Rui-yan; ZHANG, Jian-sheng; HU, Jian; YANG, Zhen-kun; ZHENG, Ai-fang; ZHANG, Xian; SHEN, Wei-feng. Outcomes of primary percutaneous coronary intervention for acute STElevation myocardial infarction in patients aged over 75 years. *Chinese Medical Journal (English Edition)*. 2006; 119(14):1151-1156.
3. **Bueno et al:** Bueno H, Betriu A, Heras M, Alonso JJ, Cequier A, García EJ, et al. Primary angioplasty vs. fibrinolysis in very old patients with acute myocardial infarction: TRIANA (TRatamiento del Infarto Agudo de miocardio eN Ancianos) randomized trial and pooled analysis with previous studies. *European heart journal*. 2011;32(1):51-60.

#### Table 2 References

1. **Bach et al:** Bach RG, Cannon CP, Weintraub WS, et al. The Effect of Routine, Early Invasive Management on Outcome for Elderly Patients with Non–ST-Segment Elevation Acute Coronary Syndromes. *Ann Intern Med*. 2004;141:186–195.
2. **Italian Elderly ACS Trial:** Savonitto S, Cavallini C, Petronio AS, Murena E, Antonicelli R, Sacco A, et al. Early Aggressive Versus Initially Conservative Treatment in Elderly Patients With Non–ST-Segment Elevation Acute Coronary Syndrome: A Randomized Controlled Trial. *JACC: Cardiovascular Interventions*. 2012;5(9):906-16.
3. **Sanchis et al:** Sanchis J, Núñez E, Barrabés JA, Marín F, Consuegra-Sánchez L, Ventura S, et al. Randomized comparison between the invasive and conservative strategies in comorbid elderly patients with nonST elevation myocardial infarction. *European Journal of Internal Medicine*. 2016;35:89-94.
4. **After Eighty Study:** Tegn N, Abdelnoor M, Aaberge L, Endresen K, Smith P, Aakhus S, et al. Invasive versus conservative strategy in patients aged 80 years or older with non-ST-elevation myocardial infarction or unstable angina pectoris (After Eighty study): an open-label randomised controlled trial. *Lancet*. 2016;387(10023):1057-65.
5. **Reaño et al:** Reaño JDP, Shiu LAB, Miralles KV, Dimalala MGC, Pestaño NS, Punzalan FER, et al. A systematic review and meta-analysis on the effectiveness of an invasive strategy compared to a conservative approach in patients > 65 years old with non-ST elevation acute coronary syndrome. *PLoS One*. 2020;15(2):e0229491-e.
6. **Ma et al:** Ma W, Liang Y, Zhu J. Early Invasive Versus Initially Conservative Strategy in Elderly Patients Older Than 75 Years with Non-ST-Elevation Acute Coronary Syndrome: A Meta-Analysis. *Heart Lung and Circulation*. 2018;27(5):611-20.
7. **Gnanenthiran et al:** Gnanenthiran SR, Kritharides L, D'Souza M, Lowe HC, Brieger DB. Revascularisation compared with initial medical therapy for non-ST-elevation acute coronary syndromes in the elderly: a meta-analysis. *Heart*. 2017;103(24):1962-9.