## Contents

<table>
<thead>
<tr>
<th>Volume 108 Issue 24</th>
<th>HEART 15 December 2022</th>
</tr>
</thead>
</table>

### Highlights from this issue

1921 Heartbeat: continuing or starting regular exercise after a cardiovascular event improves outcomes in older adults  
C M Onw

### Editorials

1924 Late-life physical activity changes after a cardiovascular event: can we reduce mortality risks?  
C Barbiellini Amidei

1926 Do not underestimate the impact of load and of remodelling capabilities of the right heart  
E Donal, H Yonemizu

1928 Emergency cardiac computed tomography  
C Greer, D E Newby, P D Adamson

### Reviews

1930 Exercise prescription in individuals with hypertrophic cardiomyopathy: what clinicians need to know  
S Cai, S Sharma

1938 Physical activity and exercise recommendations for patients with valvular heart disease  
N Chaturath, M Papadakis

### Coronary artery disease

1972 Prospective Randomised Trial of Emergency Cardiac Computerised Tomography (PROTECCT)  
W Aziz, H Morgan, O M Demir, A Sinha, T Rua, R Rajani, A-L Chang, E Woo, S M Mok, G Benedetti, A Villa, R Preston, R Navin, K O’Kane, L Hunter, T Ismail, G Carr-White, N Beckley-Heelscher, J Peacock, M Marker, R Razavi, D Perera

### Heart failure and cardiomyopathies

1979 Rational design and a randomised trial of intravenous iron in patients with heart failure  
P R Kalra, J G Celend, M C Peine, F Z Ahmed, P WX Foley, P A Kalra, N N Lang, R E Lane, J C Madougall, P Pelliconi, M T B Pope, M Robertson, I B Squire, E A Thomson, I Ford

### Valvular heart disease

1986 Diagnostic accuracy of splinter haemorrhages in patients referred for suspected infective endocarditis  
R Schiebinger, W Baig, J Wu, J A T Sandoe

### Education in Heart

1991 Frailty assessment in the management of cardiovascular disease  
C Wilkinson, K Rockwood

### Cardiology in focus

1996 Demystifying electrophysiology  
B Hanna, N Akwung

### Image challenge

1937 Mobile mass in the left atrium with a peculiar auscultation  
M A Lopez-Lizarraga, A Esquerrra-Osorio, R Perez-Lopez

### Cardiac risk factors and prevention

1945 Association between exercise habit changes and mortality following a cardiovascular event  

1952 Directly observed therapy for resistant/refractory hypertension diagnosis and blood pressure control  
A Pio-Abreu, F Trani-Ferreira, G V Silva, I A Bortolotto, L P Drager

### Congenital heart disease

1957 Transcatheter versus surgical closure of atrial septal defect in adult patients with tricuspid regurgitation  

1964 Transfer of congenital heart patients from paediatric to adult services in England  
F Espuny Pujol, R C Franklin, S Crowe, K L Brown, I Swan, C Pagel, K M English

### Guidelines for Authors and Reviewers

Full instructions are available online at http://heart.bmj.com/pages/authors. Authors retain copyright but are required to grant Heart an exclusive licence to publish (http://authors.bmj.com/submitting-your-paper/copyright-and-authors-rights.html).

### Impact factor

7.385

This issue has been made freely available online under the BMJ member benefit and is freely available online.