coronary artery just distal to its first right ventricular branch, which was considerably dilated and (together with several smaller vessels) was feeding an abnormal leash of vessels draining directly into the right ventricular cavity.

He underwent coronary artery bypass grafting. At operation there was no suggestion of a tumour and the inferior surface of the heart was free of important scarring, which accorded with the lack of electrocardiographic or clinical evidence of a second infarct. The dilated first right ventricular branch of the right coronary artery was identified and tied off distally. No other abnormal vessels could be visualised.

Discussion

We are aware of one report of an angiography documented acquired coronary artery fistula after myocardial infarction in which a fistula developed from the diagonal branch of the left anterior descending artery and communicated with the left ventricular cavity.¹ At rest our patient had considerable wall motion abnor-

mality in the territory of the right coronary artery but no history or electrocardiographic changes suggestive of infarction. Chronic ischaemia produced by progressive occlusion of the right coronary artery could have caused the wall motion abnormality while at the same time acting as the stimulus for the development of collateral vessels from the first right ventricular branch. Aberrant development of collateral vessels then led to fistula formation. Myocardial ischaemia in patients with congenital and acquired coronary artery fistulas has been attributed to coronary steal.¹³ The development of the fistula in our patient could have coincided with the worsening of ischaemia and his readmission in 1987.

We thank Mr M P G Jamieson for permission to report the surgical findings.

- 1 Yu R, Sharma B, Franciosa JA. Acquired coronary artery fistula to the left ventricle after acute myocardial infarction. *Am J Cardiol* 1986;58:557-8.
- 2 Ryan C, Gertz EW. Fistula from coronary arteries to left ventricle after myocardial infarction. *Br Heart J* 1977; 39:1147-9.
- 3 Wilde P, Watt I. Congenital coronary artery fistulae: six new cases with a collective review. *Clin Radiol* 1980;31:301-11.

ABSTRACTS IN CARDIOLOGY

Familial dilated cardiomyopathy—not so rare

We all know that inheritance plays a part in dilated cardiomyopathy: the question is how big a part. This study from the Mayo Clinic suggests that one in five patients with dilated cardiomyopathy will have one or more relatives who fulfil the diagnostic criteria for dilated cardiomyopathy. The prevalence of familial

disease is likely to be greater than the 20% reported, as an additional 28 patients (9%) from 22 families were considered to be of indeterminate status. There are no clinical features that distinguish familial from non-familial disease.

WILLIAM J McKENNA

The frequency of familial dilated cardiomyopathy in a series of patients with idiopathic dilated cardiomyopathy

Virginia V Michels, Patricia P Moll, Fletcher A Miller, A Javed Tark, Julia S Chu, David J Driscoll, John C Burnett, Richard J Radabaugh, James H Chesebro, Henry D Tazelaar

Background—Dilated cardiomyopathy is characterised by an increase in ventricular size and impairment of ventricular function. Most cases are believed to be sporadic, and familial dilated cardiomyopathy is usually considered to be a rare and distinct disorder. We studied the proportion of cases of idiopathic dilated cardiomyopathy that were familial in a large sequential series of patients whose first-degree relatives were investigated regardless of whether these relatives had cardiac symptoms.

Methods—We studied the relatives of 59 index patients with idiopathic dilated cardiomyopathy by obtaining a family history and performing a physical examination, electrocardiography, and two-dimensional, M-mode, and Doppler echocardiography. A total of 315 relatives were examined.

Results—Eighteen relatives from 12 families were shown to have dilated cardiomyopathy. Thus, 12 of the 59 index patients (20.3 percent) had familial

disease. There was no difference in age, sex, severity of disease, exposure to selected environmental factors, or electrocardiographic or echocardiographic features between the index patients with familial disease and those with nonfamilial disease. A noteworthy finding was that 22 of 240 healthy relatives (9.2 percent) with normal ejection fractions had increased left ventricular diameters during systole or diastole (or both), as compared with 2 of 112 healthy control subjects (1.8 percent) who were studied separately.

Conclusions—Dilated cardiomyopathy was found to be familial in at least one in five of the patients in this study, a considerably higher percentage than in previous reports. This finding has important implications for family screening and provides direction for further investigation into the causes and natural history of dilated cardiomyopathy. (*N Engl J Med* 1992;326:77-82.)