Haemodynamic and energetic properties of stunned myocardium in rabbit hearts

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Abstract

**Objective**—To amplify the description of myocardial stunning.

**Design**—Control versus 30 min after a 20 min no flow ischaemia.

**Experimental animals**—15 isolated rabbit hearts perfused with erythrocyte suspension.

**Main outcome measures**—Left ventricular systolic function in terms of aortic flow, peak systolic pressure (LVPmax), dP/dtmax, and the end systolic pressure-volume relation (ESPVR); early relaxation from dP/dtmin and rate of left ventricular pressure decay (r). Passive properties: ventricular and myocardial stiffness. Coronary resistance from coronary blood flow and perfusion pressure. Total myocardial oxygen consumption (MVO$_2$tot). Total mechanical energy via pressure-volume area (PVA). Contractile efficiency (Econ) and MVO$_2$ of the unloaded contracting heart (MVO$_2$unl). External mechanical efficiency (Eext) from stroke work and MVO$_2$tot.

**Results**—Systolic variables in stunned myocardium were significantly decreased (mean (SD)): aortic flow: 38 (13) v 9 (11) ml/min; LVPmax: 112 (19) v 74 (18) mm Hg; dP/dtmax: 1475 (400) v 1075 (275) mm Hg/s. ESPVR was not significantly decreased, at 138 (73) v 125 (58) mm Hg/ml, but the volume axis intercept was shifted rightward: 0·30 (0·37) v 0·65 (0·25) ml. Likewise, early relaxation was impaired: dP/dtmin (v -1275 (250) v -975 (250) mm Hg/s) and r (37 (7) v 46 (10) ms). LVPed was significantly decreased at 19 (12) v 12 (7) mm Hg, and both the ventricular (end diastolic pressure-volume relation) and the myocardial stiffness (constant k) were increased by 75% and 31%, respectively. Coronary resistance increased non-significantly from 0·83 (0·31) to 1·04 (0·41) mm Hg/(ml/min/100 g). Decreases in PVA (570 (280) v 270 (200) mm Hg/ml/100 g), MVO$_2$tot (40 (9) v 34 (8) µl/beat/100 g), and MVO$_2$unl (26 (9) v 22 (6) µl/beat/100 g) did not reach significance, in contrast to significant decreases in Econ (31 (18) v 14 (7)% and Eext (0·75 (0·29) v 0·18 (0·25) arbitrary units).

**Conclusions**—Ventricular systolic function is decreased after brief episodes of ischaemia. The decrease in diastolic function probably amplifies the systolic deterioration during myocardial stunning. Passive diastolic properties are also changed, shown by increases in both ventricular and myocardial stiffness. The increase in coronary resistance indicates stunning at the vascular level which could limit oxygen supply. With maintained MVO$_2$tot during stunning, external efficiency is decreased. Possible candidates for this metabolic stunning are inadequate excitation-contraction coupling and disturbed O$_2$ utilisation by the contractile apparatus.

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After brief periods of ischaemia, myocardial function remains depressed for hours or even days. This is known as myocardial stunning.$^1$$^2$

Although there are many published reports on myocardial stunning,$^3$$^4$ the phenomenon is far from completely understood. Many of the studies focus only on systolic properties$^5$ as one aspect of that particular myocardial state.

Depending on the duration and severity of the ischaemic insult, postischaemic myocardium can become entirely$^9$ or almost entirely akinetic.$^9$$^{10}$ In the present study, we reveal some effects on diastolic properties that are similarly impaired after relative short periods of ischaemia$^{11}$$^{12}$ and could have a common basis with systolic properties at a cellular level.$^3$ Thus changes in mechanical properties were also assessed in this study. The vascular system is additionally affected in the stunned myocardium, and endothelial cell injury,$^{13}$ increased capillary permeability,$^{14}$ reduced reactive hyperaemia,$^{15}$ prolonged increase in coronary resistance,$^{16}$$^{17}$$^{18}$ or development of the no reflow phenomenon$^{19}$ were reported. Although ventricular function is depressed, oxygen consumption in the stunned myocardium is normal or close to normal.$^{16}$$^{20}$$^{21}$ Hence the stunned myocardium is inefficient. To describe not only one aspect of myocardial stunning but this altered state as an entity, experiments were performed in isolated, blood perfused rabbit hearts, and haemodynamic and metabolic variables were assessed during normal perfusion and during reperfusion after global ischaemia.
Methods

Experimental Preparation
Experiments were performed on 15 male New Zealand White rabbits with an average age of 6 months and an average weight of 2300 (SD 200) g; the rabbits were handled according to the animal welfare regulations of the federal authorities. To avoid any ischaemic insult that could precondition the myocardium, the hearts were connected to a modified Langendorff setup after rapid excision, and continuously perfused at normothermia. Bovine erythrocytes were added to the modified Krebs-Henseleit solution (11 mM glucose) so that the packed cell volume was 30%. The solution contained 4 g/100 ml albumin, and the calcium concentration was 3.6 mM. Oxygenation of the recirculating erythrocyte suspension was achieved using a paediatric hollow fibre oxygenator (Masterflo 34, Dideco). The perfusate temperature was held at 37°C, and the coronary arterial pressure was maintained at desired levels using a servo controlled roller pump.

A water filled latex balloon (No 14–16, H Sachs Elektronik) was inserted into the left ventricular cavity through the mitral valve. The balloon was connected to a “systemic” circuit that contained two artificial valves and a Windkessel. An ultrasonic flow probe in connection with a flowmeter (T 206, Transonic Systems) was used to assess aortic flow and a pressure transducer (P 23 ID, Statham) to measure aortic pressure (≈ afterload). In addition, this circuit permitted changing preload- ing and afterloading conditions. A 3F microtip manometer (SPR-249, Millar) was inserted into the balloon to measure left ventricular pressure. For measurement of left ventricular dimensions, sonomicrometry was employed (system 6, Triton): to assess the intraventricu lar diameter, two piezoelectric crystals were glued to either side of the balloon, and a third crystal was sutured to the left ventricular epicardium for assessment of wall thickness. All blood from the right heart was drained by a cannula placed in the pulmonary artery to measure total coronary blood flow using another ultrasonic flow probe. The difference in arteriovenous oxygen content was continuously measured using absorption spectrophotometry (AXO systems). This system was calibrated on separate occasions against direct measurements provided by a Lex-O₂-Con analyser.

Experimental Protocol
After stabilisation of the ventricular function, control conditions were recorded. For assessing the end systolic pressure-volume relation, preload conditions were changed by increasing left ventricular end diastolic pressure in five to seven 1·5 mm Hg steps. Data were recorded when steady state was achieved. The hearts were then subjected to a period of 20 min normothermic no flow ischaemia. After 30 min reperfusion, five to seven data sets from different preloading conditions were recorded again. Coronary arterial pressure was held constant (80 (SD 2) mm Hg) throughout the protocol. All variables were assessed at constant temperature of 37°C. The hearts were weighed after the end of the protocol and after drying them for 24 h at 80°C.

Data Acquisition
The following variables were continuously registered with an eight channel forced-ink chart recorder (type 481, Brush): aortic flow, left ventricular pressure, dP/dt, intraventricular diameter, wall thickness, coronary blood flow, and the difference in arteriovenous oxygen content. The variables were simultaneously stored on magnetic disc after digitising at a sampling rate of 500 Hz for later analysis.

Calculations and Statistics
Haemodynamic data were analysed from an average of six to eight consecutive beats. The end systolic pressure-volume relation, the pressure-volume area (PVA; fig 1A), the relaxation rate r (monoexponentially fitting the left ventricular pressure decay), the ventricular stiffness (monoexponentially fitting the end diastolic pressure-volume relation), and the myocardial stiffness were calculated using a computer program EASYDAT and, if appropriate, using equations suggested by Mirsky.

Coronary blood flow was normalised to 100 g wet weight. Coronary resistance was cal-

Figure 1 The end systolic pressure-volume relation (ESPVR) was constructed by linear fitting of five to seven pairs of end systolic pressures and volumes that were obtained by preload variation (panel A). The pressure-volume area (PVA) was assessed from the area circumscribed from the systolic portion of the pressure-volume (PV) loop, the ESPVR and the end diastolic pressure-volume relation (EDPVR). Five to seven MVo₂ and PVA pairs were linearly fitted for construction of the MVo₂-PVA relation (panel B). The MVo₂ intercept of this relation is identical to the MVo₂ of the unloaded contraction.
culated from coronary arterial pressure and normalised blood flow. MV0₂ was calculated according to the Fick principle from normalised coronary blood flow and the difference in arteriovenous oxygen content.

The contractile efficiency was determined as the inverse slope of the MV0₂-PVA relation, and the MV0₂ for the unloaded contraction was assessed as the intercept of the MV0₂-PVA relation with the MV0₂-axis (fig 1B). As an index of external efficiency, the ratio of stroke work and myocardial oxygen consumption was determined. The stroke work in turn was calculated from left ventricular peak pressure and stroke volume. If applicable, comparison between normal and postischaemic variables was performed at matched preload conditions (= intraventricular volume).

Data are presented as mean (SD). Statistical analysis was performed with an IBM compatible personal computer and a statistical software package (SYSTAT).³² Non-ischaemic and postischaemic data were compared by paired t testing. A P value of <0.05 was considered significant.

Results
Heart rate was similar in the non-ischaemic and the postischaemic hearts, at 149 (30) v 147 (31) beats/min. However, both the slightly decreased length of systole [66 (31) v 51 (9) ms] and increased length of diastole [146 (30) v 166 (41) ms] led to a significant decrease of the relation between systole and diastole by 30% [0·44 (0·17) v 0·31 (0·07)]. As expected, all systolic global variables were significantly depressed in the postischaemic reperfused hearts: aortic flow was decreased by 76%, LVPmax by 34%, and dP/dtmax by 27%. The slope of the end systolic pressure-volume relation (ESPVR) was insignificantly decreased, at 125 (38) v 138 (73) mm Hg/ml, but the volume axis intercept (Vo) was shifted to the right [0·30 (0·37) v 0·65 (0·25) ml; fig 2A], additionally indicating impaired contractile state in stunned myocardium. Likewise, global ischaemia impaired early relaxation as measured in terms of both dP/dtmin [by 25%; v -1275 (250) v -975 (250) mm Hg/s], and relaxation rate r [by 34%; v 35 (9) v 47 (11) ms]. The end diastolic pressure was significantly decreased, at 12 (7) v 19 (12) mm Hg and wall thickness was insignificantly increased by 10%, from 5·6 (1·7) to 6·2 (2·2) mm. Thus end diastolic wall stress decreased non-significantly from 4·5 (3·8) to 2·8 (2·8) g/cm². If pre- and postischaemic volumes were compared not as matched end diastolic volumes but as pressures, postischaemic volumes showed significant increases [1·3 (0·2) v 1·4 (0·2) ml] indicating a rightward shifted end diastolic pressure-volume relation (EDPVR). In this case, wall thickness was insignificantly increased [5·6 (1·4) v 6·0 (1·7) mm] whereas wall stress remained essentially unchanged [3·3 (0·9) v 3·2 (1·5) g/cm²].

The slope of the monoeXponential EDPVR was steeper in the stunned myocardium, at 8·9 (5·7) v 5·1 (3·2) ml⁻¹, and the pressure axis intercept was almost unchanged: 1 (1) v 0 (1) mm Hg; fig 2B). This fit therefore showed a rightward shift of the entire EDPVR. Myocardial stiffness was also plotted against stress. The slope (= stiffness constant k) of this linear relation was significantly increased in the stunned myocardium [179 (34) v 235 (36)] indicating that the postischaemic myocardium was stiffer. Both linear relations intercepted the myocardial stiffness axis at comparable values which were not significantly different from zero: 4·1 (5·1) v 2·3 (3·7) g/cm²; fig 2C).

Coronary blood flow was decreased, at 82 (32) v 103 (39) ml/min/100 g; this decrease however, did not reach statistical significance. Coronary resistance, in turn, was increased at constantly held coronary arterial pressure. Total myocardial oxygen consumption [40 (9) v 34 (8) μl/beat/100 g] and oxygen consumption for the unloaded contraction [MV0₂ axis intercept: 26 (9) v 22 (6) μl/beat/100 g] were both non-significantly decreased by 15% (fig 3A). The pressure-volume area (PVA = measure of total mechanical energy), in contrast, was decreased by 53%, from 570 (280) to 270

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**Figure 2** Effects of 20 min global no flow ischaemia on the end diastolic pressure-volume relation (EDPVR; left), the end systolic pressure-volume relation (ESPVR; middle), and the myocardial stiffness in terms of the index k (right). The decrease in the slope of the ESPVR was not pronounced. The rightward shift of the relation (= increased volume intercept Vo), however, indicates a decreased global contractile state in the stunned myocardium. The increase in the slope of the EDPVR and of the index k is indicative of an increased stiffness in the globally stunned heart.
diastolic function, suggesting some metabolic derangement in the stunned myocardium.

SYSTOLIC PROPERTIES
That systolic function is impaired in postischaemic reperfused myocardium is not a surprise and has often been reported. Our global systolic measures (LVPmax and dP/dtmax) assessed at unchanged heart rate and preload, as well as a load insensitive measure of the contractile state (end systolic pressure-volume relation), confirm the results from in situ investigations which could have been affected by variations in heart rate or preloading conditions.

DIASTOLIC PROPERTIES
Stunned myocardium is reportedly associated with abnormalities in diastolic performance that might well persist even after restoration of systolic function, and such diastolic dysfunction may greatly contribute to the clinical manifestation of increased filling pressure. In this study, a global measure of diastolic properties (dP/dtmin) showed delayed early relaxation in globally stunned myocardium. This measure was not decreased in some other models with regionally stunned myocardium, a finding that is of some surprise contraction of the stunned region might extend into early diastole, increasing non-uniformity and thus impeding early relaxation.

In contrast to dP/dtmin, the rate of isovolumic pressure decay (r) reflects not only one instant during early relaxation. Because it is complicated to obtain, this global measure is not so often used. The increase of r detected in this study is in accordance with data from canine hearts with regional stunning. Thus both measures showed impaired early relaxation in globally stunned myocardium.

Studies on regional myocardial stunning show slight increases in the end diastolic pressure (LVPed) and in the unstressed diastolic segment length during early reperfusion. Comparably, circumferential length was increased at constant LVPed in our globally stunned myocardium as indicated by intraventricular diameter. LVPed in this study was decreased, however, if comparison was made at constant end diastolic volumes. Such segment lengthening (= creep) is explained as the result of overstretching the akinet muscle fibres by adjacent non-ischaemic myocardium during ischaemia. Not much is known about myocardial creep. The fact that it is readily reversible within 30 min by changing the inotropic state suggests that diastolic properties are not entirely passive. Its close correlative with the recovery of systolic function, in addition, suggests that creep is reversible. Because in our experiments regional heterogeneities are unlikely to exist, the phenomena of overstretch might also develop in the globally ischaemic myocardium.

Another approach to describe the effects of ischaemia/reperfusion is based on using passive ventricular properties of the stunned myocardium by employing the end systolic
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pressure-volume relation (= ventricular stiffness): its increase suggests that the ventricle had stiffened. However, ventricular stiffness varies with pressure, size, and shape, and therefore comparison between ventricles might be inappropriate. In order to avoid less meaningful comparisons, another approach is based on the stress-strain concept for elastic material and considers elastic stiffness of the myocardium per se. For quantitating this muscle stiffness the index k was calculated. This index similarly showed increased stiffness.

The increased stiffness could very well be related to an ATP deficiency which is known to induce contracture or even rigor. However, there is experimental evidence that ATP stores in the stunned myocardium are reduced to about 60% of control after a 15 min coronary artery occlusion and are readily replenished to about 80%. Ventricular stiffness, on the other hand, is related to the amount and distribution of collagen. The cytoskeleton within the cells, as well as the residual interactions between thick and thin filaments that exist even in resting muscle cells, also appears to contribute to the diastolic stiffness. Structural damage of the collagen matrix has been reported to occur in the stunned myocardium. On the other hand, no such damage in collagen network was observed in conscious dogs. We did not investigate cardiomyocyte structure and thus cannot determine to what amount changes in the collagen matrix contributed to changes in the stiffness; however, both increased stiffnesses speak against gross collagen matrix damage in our experiments.

The decrease in inotropic state is associated with a similar decrease in the relaxation ability. The impaired early relaxation, on the other hand, could also be influenced by the increased stiffness: energy stored in the elastic wall elements during contraction is reduced in the stiffer myocardium and in consequence the energy that brings muscle fibres back into their original position is reduced, thus slowing relaxation.

The diastolic changes have considerable functional significance: the slowed relaxation shortens the length of diastole thus impeding coronary flow; the increased stiffness in turn, impedes ventricular filling. To maintain stroke volume, the heart needs rightward shifting on the diastolic pressure-volume curve which is energetically unfavourable.

CORONARY RESISTANCE

The reduced subendocardial flow in stunned myocardium could reflect either injury of coronary vessels or reduced oxygen demand of dysfunctional myocardium. Because in other studies and in this study it was shown that MVO₂ is preserved in stunned myocardium, it is likely that coronary resistance is increased after brief periods of ischaemia. On the basis of such increased resistances and significantly reduced coronary reserve in experiments on open chest dogs, the term microvascular stunning was coined. Potential mechanisms responsible for microvascular stunning include morphological alterations to capillaries and interstitial oedema formation that develops during post-ischaemic reperfusion. The increase in coronary resistance seen in the present study (+26%) is somewhat surprising since the increase in the relation between systole and diastole was significantly decreased, meaning that diastolic length had increased. Still, the increased resistance is in accord with published reports, though it does not permit definitive differentiation between these two candidates. Nevertheless, the increased wall thickness at increased inner diameter suggests some oedema formation in the stunned myocardium, a fact that is supported by the slightly decreased ratio between dry and wet weight (18%) and by additional experiments on saline perfused rabbit hearts. If the pressure during reperfusion was low, no increase in coronary resistance was observed in contrast to hearts reperfused at a high perfusion pressures. In other experiments on anaesthetised pigs, we found considerably smaller infarct sizes than in comparable studies, as long as reperfusion after cardioplegia was initiated with low perfusion pressures. If the endothelial barrier function is lost during ischaemia, it could account for capillary leak and subsequent oedema formation, and it is conceivable that oedema formation, and in turn the extravascular component of the coronary resistance, depend on the perfusion pressure.

At least one study on waking dogs showed that the increased vascular resistance in stunned myocardium could affect ventricular function: after vasodilator induced increases in coronary blood flow, regional function in stunned myocardium was dramatically improved.

It must be remembered that these results hold only for short periods of hypoxia or ischaemia (<20 min). Under these conditions, the time course of injury to myocytes and endothelial cells seems similar. After longer periods, the myocardium becomes not only stunned but irreversibly damaged and severe vascular injury occurs, initiating the no flow phenomenon and reperfusion haemorrhage.

So far endothelial barrier function has been discussed, but function of the endothelium in regulating regional blood flow has not been mentioned. Endothelium in coronary arteries is damaged after ischaemia and reperfusion. Thus the vasodilator effect of nitric oxide is likely to be reduced. On the other hand, the acetylcholine induced relaxation of isolated and in vivo coronary arteries is reversed to contraction in the absence of endothelium. Similarly, NO stimulation of vasodilatation caused by acetylcholine, calcium ionophores, or platelets appears to be reduced in the stunned myocardium. Moreover, inhibition of NO synthesis enhances myocardial stunning in conscious dogs, and this is potentially independent of its effects on blood flow.

OXYGEN CONSUMPTION

Many studies have shown that MVO₂ is pre-
served in stunned myocardium and mechanical work is depressed. In some studies, the relatively high MVO₂ was explained by repair processes taking place in the stunned myocardium. Increased wall tension within the postischaemic area will play an additional role. In this study, total MVO₂ at reduced function was slightly decreased, whereas the oxygen consumption for the unloaded contraction remained essentially unchanged, as was the case in a study on isolated, blood perfused canine hearts. The MVO₂ for the unloaded contraction contains one fraction for basal metabolism and another for excitation-contraction coupling and was shown to increase with increasing, and to decrease with decreasing, contractile state. Because an increased basal metabolism in stunned myocardium was also made responsible for its high energy demand, it is a certain shortcoming of this study that, owing to the extremely small blood flow after cardiac arrest, we were unable to measure the basal MVO₂ with our spectrophotometric technique. If, on the other hand, basal MVO₂ does not differ appreciably between normal and stunned myocardium, the maintained MVO₂ for the unloaded contraction would suggest that the fraction for excitation-contraction coupling is inadequately high for the depressed contractile state in stunned myocardium, and in fact impairment in calcium handling by the sarcoplasmic reticulum has been held responsible.

EXTERNAL EFFICIENCY
The depressed function and inadequately high MVO₂ make the postischaemic myocardium energetically inefficient. Little is known about the time course, extent, and consequences of this inefficiency. Possible causes of the persisting dysfunction include uncoupling between substrate metabolism and energy production, accelerated but useless energy drainage, or some impairment between energy transfer and the function of contractile proteins. Increased ATP requirements for force generation by the myofilaments were also held responsible for inadequate MVO₂. In the present study, the relation between stroke work and MVO₂ (external efficiency) was drastically reduced in the postischaemic group, a finding that is in good accord with published reports.

CONTRACTILE EFFICIENCY
The pressure-volume area (PVA, fig 1A) as a measure of the total mechanical work has proven to be a useful tool for investigation of cardiac dynamics. The relation between MVO₂ and the PVA has been shown to be linear in canine hearts and to describe the contractile efficiency. The MVO₂-PVA framework allows partitioning of the MVO₂ in one fraction that is associated with ventricular work (PVA dependent) and another that is non-work-related. Hence these two aspects can be separated. Contractile efficiency of the stunned myocardium was clearly decreased in the present study. This result would fit into the concept that attributes the inefficiency in stunned myocardium to abnormalities in the contractile process or to some impairment between energy transfer and function of contractile proteins.

SUMMARY
In the assessment of clinical postischaemic situations, it is definitely helpful to remember that the concept of myocardial stunning comprises multiple levels. Brief episodes of ischaemia do not only induce systolic stunning. Diastolic, in turn, might, in turn, contribute to the systolic postischaemic dysfunction, and changes in passive diastolic properties need distinct attention. The increase in coronary resistance seems to result from an increased capillary permeability and subsequent oedema, and probably from impaired vasodilator ability of the endothelium. The increased resistance could, in part, impede the oxygen supply and thus also contribute to functional impairment. The almost maintained MVO₂ for the unloaded contraction after reperfusion might be a consequence of this high rest energy consumption and coupling, and both reduced efficiencies are indicative for an impaired O₂ utilisation of the contractile apparatus which we propose should be called metabolic stunning. The increased coronary resistance and the MVO₂ paradox have to be kept in mind if function in the stunned myocardium is augmented after drugs or during exercise; because both interventions are capable inducing a mismatch between O₂ demand and O₂ supply, initiation of repetitive stunning is likely.

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