

CLASS II-III HEART

FAILURE. STUDIES HAVE NOT BEEN PERFORMED IN PATIENTS WITH CLASS IV HEART FAILURE.

LEGAL CATEGORY: POM. PACKAGE QUANTITIES AND BASIC NHS COST: 5MG TABLETS
CALENDAR PACK OF 28 £11.85 (PL 0057/0297); 10MG TABLETS CALENDAR PACK OF 28
£17.70 (PL 0057/0298). FURTHER INFORMATION ON REQUEST. PFIZER LIMITED,
RAMSGATE ROAD, SANDWICH, KENT CT13 9NJ. REFERENCES: 1. CROSS BW ET AL. BR J CLIN
PRACT. 1993. 47(5): 237-240. 2. DETRY JR. CLIN CARDIOL, 1994. 17 (SUPPL III): 12-16.

USED, SIDE-EFFECTS: OEDEMA, HEADACHE, FLUSHING, DIZZINESS, NAUSEA, PALPITATIONS, FATIGUE,

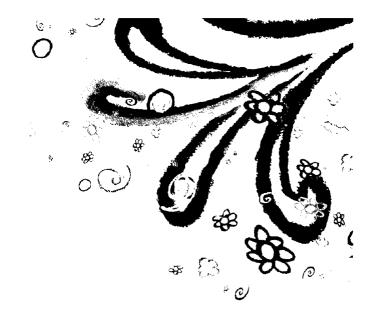
ABDOMINAL PAIN AND SOMNOLENCE. LESS COMMONLY, PRURITUS, DYSPNOEA, ASTHENIA, MUSCLE CRAMPS, DYSPEPSIA AND GINGIVAL HYPERPLASIA. RASH, AND RARELY ERYTHEMA MULTIFORME HAVE

BEEN OBSERVED. AS WITH OTHER CALCIUM CHANNEL BLOCKERS, THE FOLLOWING, WHICH CANNOT

BE DISTINGUISHED FROM THE NATURAL HISTORY OF THE UNDERLYING DISEASE HAVE BEEN

RARELY REPORTED: MYOCARDIAL INFARCTION AND CHEST PAIN. FURTHER INFORMATION:

STUDIES HAVE SHOWN THAT ISTIN DID NOT LEAD TO CLINICAL DETERIORATION IN NYHA





# ZOCOR® (simvastatin, MSD) ABRIDGED PRODUCT **INFORMATION**

Refer to Summary of Product Characteristics before prescribing.

# PRESENTATION

Peach, oval-shaped, film-coated tablets, marked 'ZOCOR 10' on one side, containing 10 mg simvastatin, MSD.

simvastatin, visD.

Tan, oval-shaped, film-coated tablets, marked 'ZOCOR 20' on one side, containing 20 mg simvastatin. MSD.

Brick-red, oval-shaped, film-coated tablets, marked 'MSD 749' on one side, containing 40 mg simvastatin. MSD.

## INDICATIONS

- Primary hypercholesterolaemia unresponsive to diet and other non-pharmacological measures. In patients with coronary heart disease and a plasma cholesterol level of 5.5 mmol/l or greater, to
  - reduce risk of mortality reduce risk of mortanty reduce risk of coronary death and non-fatal myocardial infarction reduce risk for undergoing myocardial revascularising procedures (CABG and PTCA) slow the progression of coronary atherosclerosis, including reducing development of new lesions and new total occlusions.

Hypercholesterolaemia Initially 10 mg nocte: dose range 10-40 mg once daily nocte.

Maximum therapeutic response occurs within four to six weeks. Consider dose reduction if total serum cholesterol level falls below 3.6 mmol l or if LDL cholesterol falls below 1.94 mmol l. (See Data Sheet for full dosage instructions.) A standard cholesterol-lowering diet should be continued.

## Coronary heart disease

Coronary heart disease
Starting dose 20 mg day nocte. Adjustment of dose as above.
Concomitant therapy: 'Zocor' is effective alone or in combination with bile-acid sequestrants. In patients taking immunosuppressants concomitantly with 'Zocor', the maximum recommended dosage

concomitantly with 'Zocor', the maximum recommended dosage is 10 mg day (see below). Impaired renal function: In patients with severe renal insufficiency (creatinine clearance <30 ml min), dosages above 10 mg day should be carefully considered and, if deemed necessary, implemented cautiously. Elderly patients: Modification of dose should not be necessary. Children: Studies to show safety and efficacy have not been done.

## CONTRA-INDICATIONS

Hypersensitivity to this product: active liver disease or unexplained persistent elevations of scrum transaminases; porphyria: pregnancy and breast-feeding: women of childbearing potential unless adequately protected by non-hormonal methods.

be effective. Hypertrighveridaemia: 'Zocot' is not indicated where hypertrighveridaemia: is the abnormality of most concern. Hepatic effects: Initial and periodic liver-function monitoring recommended. Discontinue if persistent enzyme elevations occur, particularly if they rise to three times the upper limit of normal. Caution in patients with a history of liver disease and or alcoholism. Muscle effects: Clinically insignificant transient mild elevations of creatine phosphokinase have been seen. Therapy with HMG-CoA reductase inhibitors has rarely been associated with myopathy (<0.1%). Myopathy should be considered in any patient with marked elevations of creatine phosphokinase (CPK) levels (≥10 times the upper limit of normal) or with diffuse myalgias, muscle tenderness and such marked elevations of CPK levels. The patient should be asked to report promptly unexplained muscle pain.

tenderness and such marked elevations of CPK levels. The patient should be asked to report promptly unexplained muscle pain, tenderness or weakness.

The risk of myopathy with HMG-CoA reductase inhibitors is known to be increased by concomitant immunosuppressive therapy including cyclosporine, by concomitant therapy with a fibric acid derivative or lipid-lowering doses of nicotinic acid, and believed to be enhanced by ittaconazole. There have been rare reports of severe rhabdomyolysis with secondary acute renal failure. Therefore, the benefits and risks of using simvastatin concomitantly with immunosuppressive or fibrate drugs, lipid-lowering doses of nicotinic acid, or itraconazole and other systemic azole antifungal derivatives should be carefully considered.



Pregnancy: Contra-indicated. One month should clapse between ending therapy with 'Zocor' and planned conception.

Paediatric use: Safety and effectiveness in children have not been contributed.

established. Drug interactions: Care should be taken in patients on concomitant lipid-lowering therapy, particularly fibrates or nicotinic acid derivatives or itraconazole or immunosuppressive therapies, as they are at increased risk of myopathy. In two clinical studies, Zocor modestly potentiated the anticoagulant effect of warfarin: patients taking coumarin derivatives should have their prothrombin time determined prior to therapy with Zocor and monitored as usual.

Slight elevation in digoxin levels has been seen when co-administered with Zocor.

# SIDE EFFECTS

SIDE EFFECTS
Side effects reported most frequently in controlled clinical trials: abdominal pain, constipation, flatulence, asthenia, and headache. Rarely, myopathy.
Side effects reported either in long-term extension studies or in marketed use: nausea, diarrhoea, rash, dyspepsia, pruritus, alopecia, dizziness, muscle cramps, myalgia, pancreatitis, paraesthesia, peripheral neuropathy, comiting, and anaemia, Rarely, rhabdomyolysis and hepatitis jaundice occurred. An apparent hypersensitivome has been reported rarely which has included some of the following features: angioedema, lupus-like syndrome, polymyalgia rheumatica, vasculitis, thrombocytopenia, eosinophilia, ESR increased, arthritis.

arthralgia, urticaria, photosensitivity, fever, flushing, dyspnoea,

Marked and persistent increased serum transaminases have been reported infrequently. Elevated alkaline phosphatase and

reported infrequently. Elevated alkaline prospinatase and y-glutamyl transpeptidase have been reported. Liver-function test abnormalities have generally been mild and transient. Increases in CPK (muscle derived) have been reported. Side effects reported but where a causal relationship to 'Zocor' is not established: depression, erythema multiforme including Stevens-Johnson syndrome, leucopenia, and purpura.

PACKAGE QUANTITIES AND BASIC NHS COST 10 mg tablets. £18.29 for 28-tablet calendar pack 20 mg tablets. £31.09 for 28-tablet calendar pack 40 mg tablets. £47.04 for 28-tablet calendar pack

Product licence numbers: 10 mg tablets, 0025 0241 20 mg tablets, 0025 0242 40 mg tablets, 0025/0243

Product licence holder: Merck Sharp & Dohme Limited Hertford Road, Hoddesdon, Hertfordshire, EN11 9BU

POM Date of review: August 1996.

R denotes registered trademark of Merck & Co., Inc., Whitehouse Station, NJ, USA.
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# **ZOCOR**®

(simvastatin, MSD)

Improving survival in post-MI and angina patients



Merck Sharp & Dohme Limited Hertford Road, Hoddesdon, Hertfordshire, EN11 9BU

08-97 ZCR.95.GB.70195.J. A

ADALAT: LA30/ADALAT: LA60-ABRIDGED PRESCRIBING INFORMATION (Refer to full data sheet before prescribing)

Presentation: Tablets each containing 30mg or 60mg nifedipine in a modified chewed or broken up. One soring rablet once-daily swallowed whole with a glass of liquid to be taken at approximately 24-hour intervals, preferably during the morning. Dosage can be increased according to individual requirements up to a maximum of 90mg once-daily. Patients in whom by prefersion or anninal symptoms are of 90mg once-daily. Patients in whom hypertension or anginal symptoms are controlled on Adalat capsules or Adalat retard may be switched safely to Adalat LA. Prophylactic anti-anginal efficacy is maintained when patients are switched from other calcium antagonists such as dilitazem or verapamil to Adalat LA at the recommended initial dose of 30mg Adalat LA procedials with subsequent trigation to LA once-daily, with subsequent titration to a higher dose as warranted clinically. Renal Impairment Dosage adjustment Henal impairment Dosage adjustment should not be necessary. Elderly Dosage adjustment not usually necessary. Treatment may be continued indefinitely. Children No recommendations for use. Contra-indications, warnings etc. Contra-indications: Known hypersensitivity to indications agrees and the standard of the second process of the second process. cardiogenic snock, worther or child-bearing potential and nursing mothers; hepatic impairment; history of gastro-intestinal obstruction, oesophageal obstruction, or any degree of decreased lumen diameter of the gastro-intestinal tract; inflammatory el disease or Crohn's disease. omitant administration with rifampicin. Warnings and Precautions: Outer membrane of tablet is not digested and may be seen in the toilet or associated with the patient's stools. If used in combination the patient's stoots, it used in comminators with beta-blocking drugs and other anti-hypertensives a possible additive effect resulting in postural hypotension should be borne in mind. Adalat LA will not prevent patients with hypotension or whose cardiac reserve is poor. Deterioration of neart failure has occasionally been observed with nifedipine. If ischaemic pain s observed following the introduction of is observed informing the infoodcool of therapy, discontinue treatment. Diabetic patients may require adjustment of their control. Marked decrease in blood pressure can occur in dialysis patients with malignant hypertension and hypovolaemia. Interactions: Interactions have been above and with constition of the properties of the programment of the progra and Basic NMS costs: Calerdar packs containing 28 tablets; Adalat LA30 £10.36, Adalat LA60 £15.40. **Product Licence Numbers:** PL 0010/0174-0175. **Date of Preparation:** March 1995.

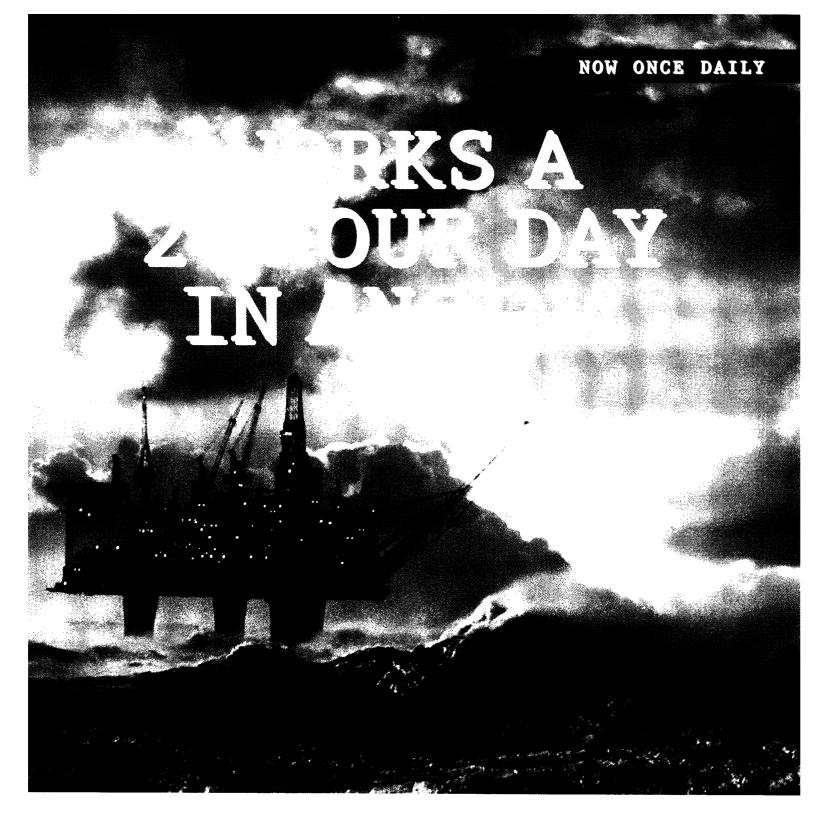
Further information available from:
Bayer plc, Pharmaceutical Division, Bayer
House, Strawberry Hill, Newbury, Berkshire
RG14 1JA. Telephone: (01635) 563000.

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# Adalat Andina and the state of the state of







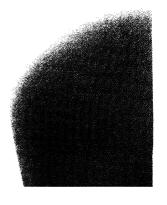
# 24 HOUR CONTROL OF ANGINA · CONTROLS HEART RATE · WELL TOLERATED

Tildiem \* LA200/Tildiem\*\* LA300 Abbreviated Prescribing Information (refer to data sheet for full prescribing information). Presentation: Capsules each containing 200mg or 300mg diltiozem in a modified (extended) release formulation. Indications: Tildiem \* LA200 and Tildiem \* LA300 are indicated for angina pectoris and mild to moderate hypertension. Dosage and Administration: Tildiem LA200 and Tildiem LA300 capsules should not be chewed but swallowed whole with water, ideally before or during a meal. The usual adult starting dose is Tildiem LA300 once-daily. This dose may be titrated up to a maximum of 500mg o.d. (one LA300 capsule and one LA200 capsule). Recommended starting dose in the elderly and patients with impaired hepatic or renal function is Tildiem LA200 once daily. This dose may be increased to one capsule of Tildiem LA300 daily if clinically indicated. Heart rate should be monitored and

Lorex Synthelabo dose should not be increased if this falls below 50 beats per minute. Contraindications: Pregnancy, women of child-

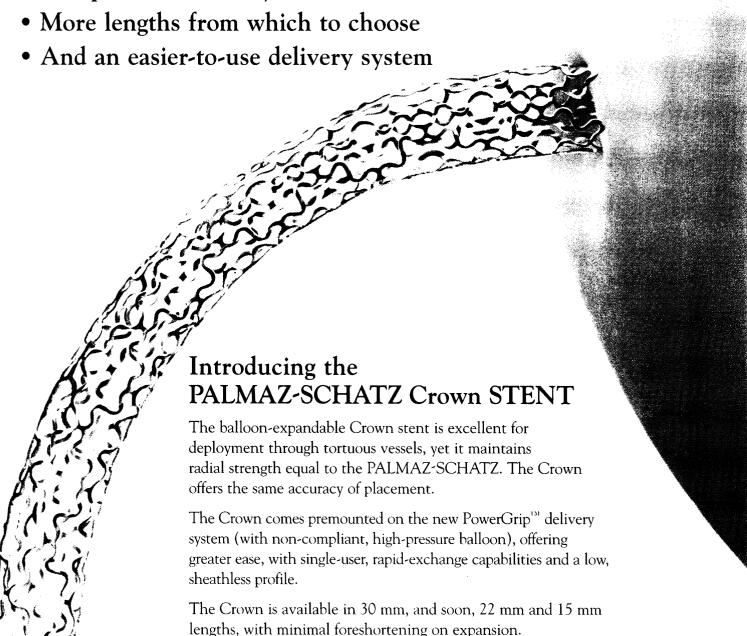
beering potential, marked bradycardia, sick sinus syndrome, left ventricular failure with stasis, second or third degree AV block in the absence of a functioning paremaker, concomitant use with dantrolene infusion. Warnings and Precautions: Caution in potients with mild bradycardia, reduced left ventricular function, first degree AV block, prolonged PR interval, and during concomitant use with alphablockers, beta-blackers or other drugs known to induce bradycardia. (Refer to data sheet for full information.) Side Effects: Headache, malaise, ankle aedema, hot flushes, gastrointestinal disturbances, skin rosh, asthma, fatigue and polpitations. Basic NHS Cost: Tildiem LA200 28 capsules £11.10. Tildiem LA300 28 capsules £11.80. Product Licence Numbers: Tildiem LA200 4969/0016. Tildiem LA300 4969/0014. Legal Category: POM. Tildiem and Lorex Synthélabo are trade marks. Further information is available from Lorex Synthélabo Ltd, Lunar House, Fieldhause Lane, Globe Park, Marlow, Bucks, SL7 1LW. Date of preparation: January 1996. Code no: TIL 180.

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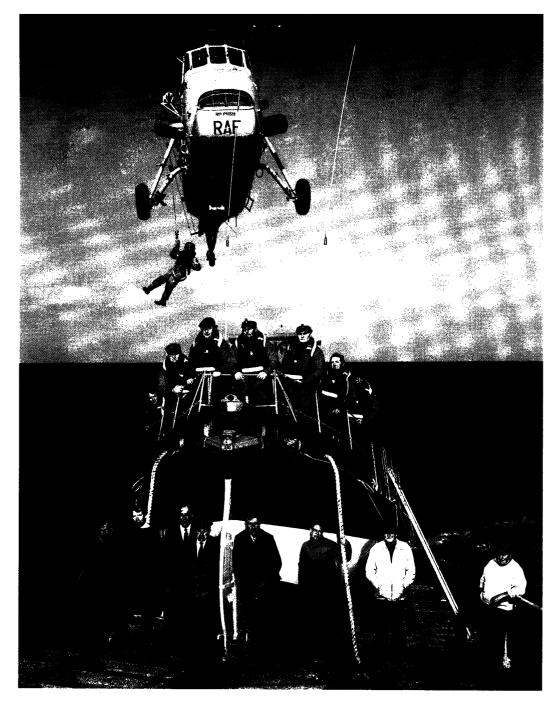


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# PROTECTING THE WELEALTH OF THE NATION



# UNCOMPROMISED PROTECTION

# PRESCRIBING INFORMATION

Presentation: Capsules containing 1.25mg, 2.5mg or 5mg ramipril. Indications: Mild to moderate hypertension. Congostive heart failure. Post-myocard al infarction with clinical evidence of heart failure. Dosage and administration: Hypertension: Initial dose 1.25mg litrated up to 10mg per day according to response. Usual dose 2.5mg or 5mg daily. Stop diuretic therapy 2 - 3 days before starting Tritace and resume later if required. Congestive heart failure: Initial cose 1.25mg once daily titrated up to 10mg per day according to response. Doses above 2.5mg daily can be given as single or two civided doses. Post-myocardial infarction: Initiate treatment between day 3 and day 10 following MI. Initially 2.5mg twice a day increasing to 5mg twice a day after 2 days. Assessment of renal function is recommended prior to initiation. Reduced maintenance dose may be required in impaired five function. In the elderly the dose should be titrated according to need. Not recommenced for children. Contra-indications: Hypersensitivity to ramipril. Instory of angioneurotic ordema, pregnancy, lactation. Precautions: Do not use in acritic stenosis or outflow obstruction. Assess renal function before use. Use with caution during surgery or anaesthesia. Do not use in patients using

polyacrylonitie (AN69) cialysis membranes or during low-density lipoprotein apheresis with dextran sulphate. **Drug interactions:** Combination with diuretics, adrenergic blocking drugs or other antihypertensive agents may potentiate antihypertensive effect. Risk of hyperkalaemia when used with agents increasing serum potassium. May enhance the effect of antidiabetic agents. May increase serum lith Lini concentrations. **Side effects:** Nausea, dizziness, headache, fatigue, cough, hypersensitivity reactions, gastrointestinal disturbance, jaundice, impaired renal function, angioneurotic oedema, pancreatitis and vasculitis. Agranulocytosis and bone marrow depression seen rarely with ACE inhibitors. Symptomatic hypotension may occur after initial dose or increase in dose, especially in salt/volume depicted patients. **Basic NHS cost:** 28 x 1.25mg capsules \$5.30: 28 x 2.5mg capsules \$7.51: 28 x 5mg capsules \$9.55. **Product licence numbers:** 1.25mg PL 0086/0130, 2.5mg PL 0086/0131, 5mg PL 0086/0132. **Legal category:** POM **Date of preparation:** August 1995 **Product licence holder:** Hoechst UK, Salisbury Road, Hounslow, Middlesex TW4 6JH. **Correspondence to:** Hoechst Marion Roussel. Broadwater Park, Denham, Middlesex US9 5HP.

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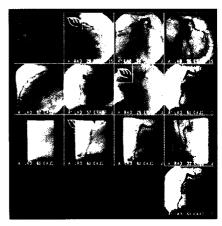
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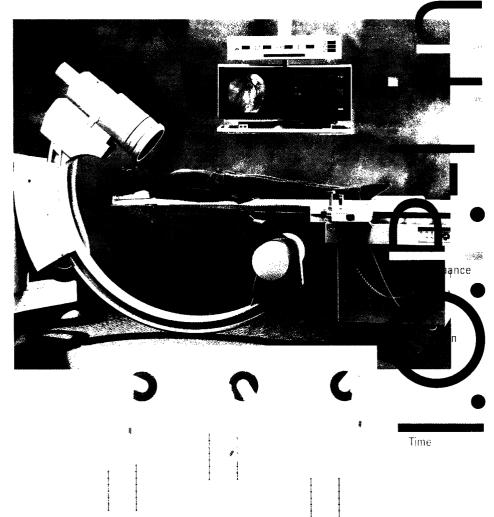
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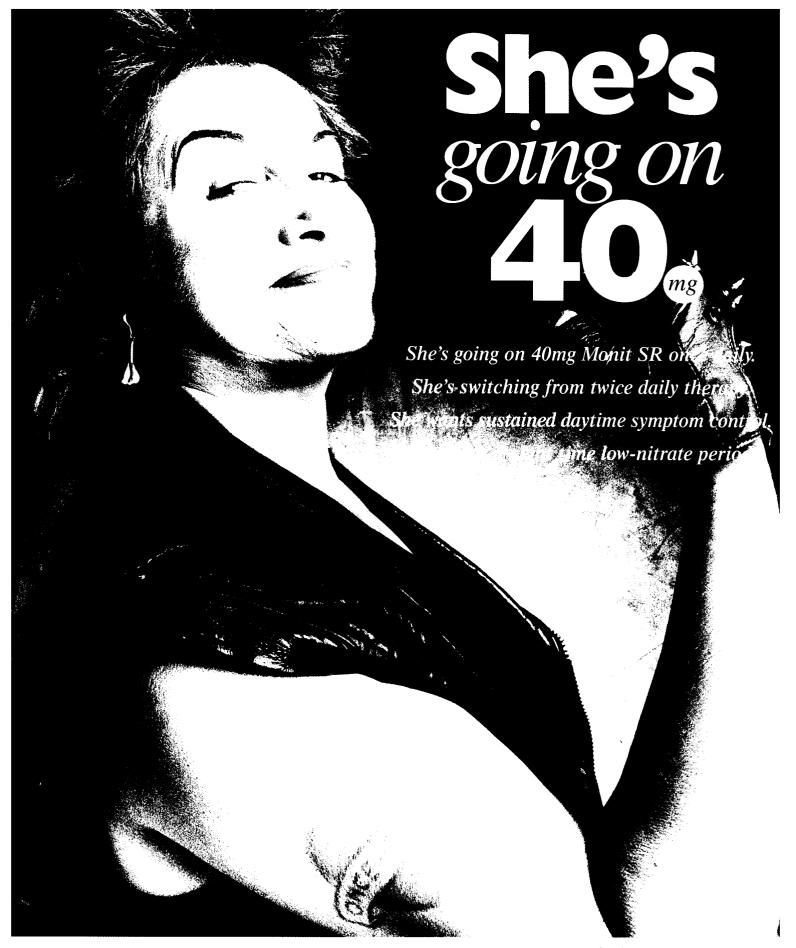
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# fortyfy your angina patients **Monit**

Mont SR
isosorbide mononitrate 40mg

Monit SR Tablets: Abbreviated Prescribing Information Use: Prophylaxis of argina. Presentation: Tablets containing isosorbide monontrate 40mg in a sustained release form: Dosage and administration: One tablet daily in the morning. The tablets should be swallowed whole without chewing. Elderly Patients: No adjustment of dose necessary, our caution in elderly patients with a known susceptibility to to phypotensive medications. Children: Use not established.

Contraindications: A known sensitivity to the drug or to isosorbide dinitrate, marked low oldood pressure, shock and acute myocardial infarction with low left ventricular pressure. Precautions: "Monit' SR is not indicated for the relief of acute anginal attacks. Patients who have not previously received trates should be started with a low dose which should be increased gradually before introducing "Monit' SR. Isosomoide monontrate may potentiate the action of hypotensive agents. Pregnancy and lactation: Use

not recommenced. Side effects: Headache, dizziness, flushing and weakness. Nausea and vomiting may occur occasionally. Postural nypotension and skin reactions may occur. Legal classification: P. Product licence holder and number: Lorex Synthélaoo Ltd. 4969/0023. Basic NHS cost: 'Monit' SR n calendar packs of 28 tablets (OP) £10.24. Further information is available from: Lorex Synthélaob Ltd., Lunar House, Fieldhouse Lane, Globe Park, Marlow, Bucks. SL7 ILW. Code No. Mon 153A. Date of preparation: April 1996.

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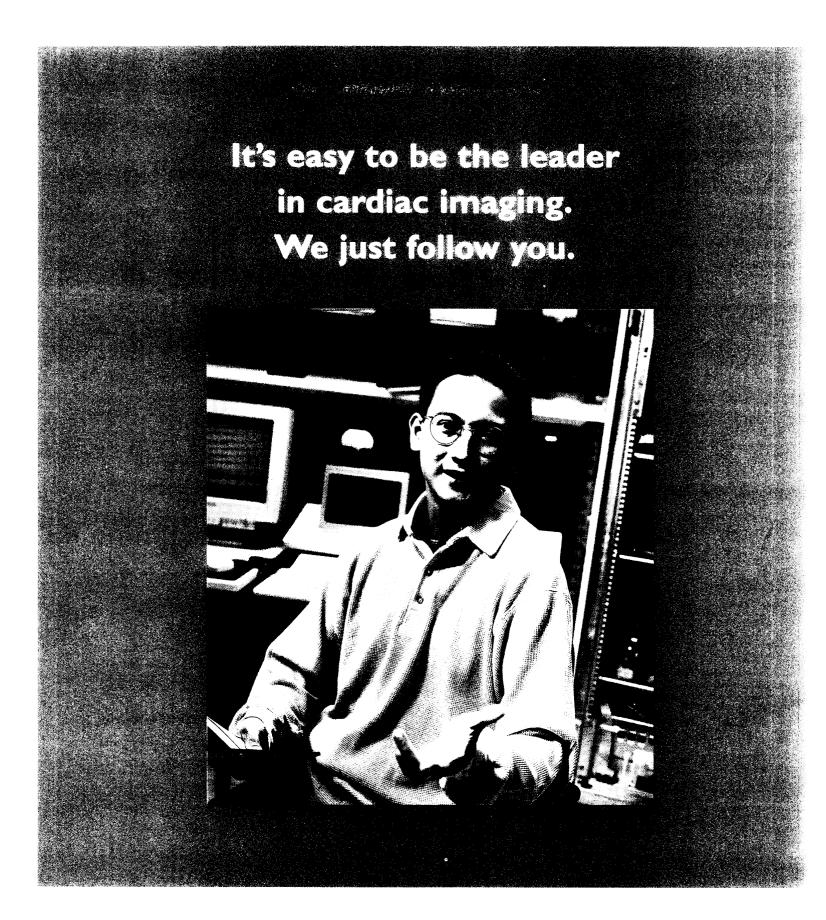
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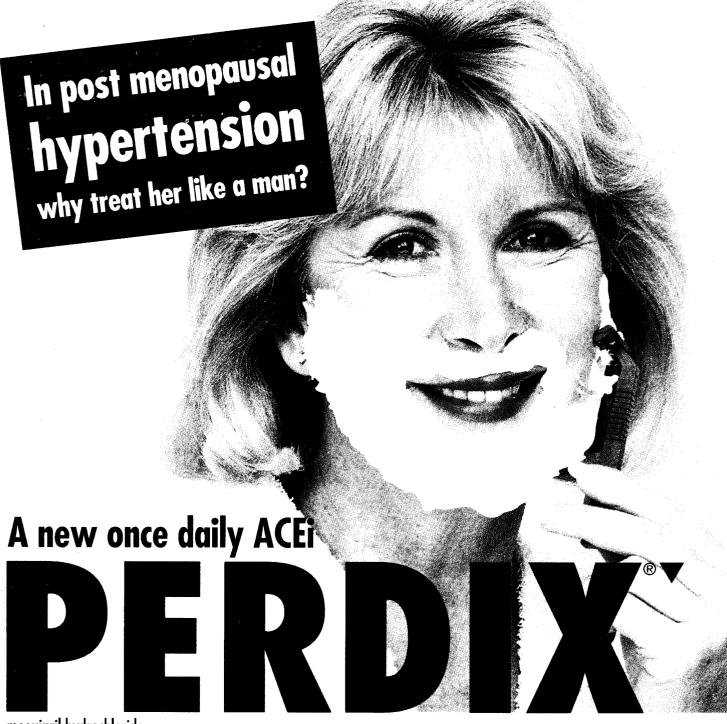
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Refer to Summary of Product Characteristics before prescribing. Presentations: Tablets containing 7.5mg and 15mg meexipril hydrochloride. Uses: Treatment of hypertension as monotherapy. Second line therapy for the treatment of hypertension in combination with diuretics or calcium antagonists. Dosage and Administrations: Untraeted Patients: in patients with uncomplicated essential hypertension the recommended initial dose is 7.5mg once a day. Adjust dosage according to response. Usual dosage range is 15 to 30mg per day as a single daily dose. Doses over 30mg have been used, but do not appear to give a greater effect. If blood pressure is not controlled with Perdix alone, a low dose of a diuretic may be added. Diuretic treated patients: symptomatic hypotension may occur occasionally following the initial dose of 6 aliuretic may be added. Diuretic treated patients: symptomatic hypotension may occur occasionally following the initial dose of 6 aliuretic 2-3 days before starting Perdix to reduce the likelihood of hypotension. Adjust dosage of Perdix according to response. Resume diuretic later if required. Mifedipine treated patients: initial dose of 3.75mg followed by literation to optimal response. Children: not recommended. Afro-Caribbean patients: may show a reduced therapeutic response. Contro-indications: hypersensitivity to moexipril hydrochloride. History of angioedema following treatment with ACE inhibitors. Pregnancy and lactation. Special warnings and precautions for use: Warnings: Angioedema: angioedema involving the extremities, face, lips, mucous membranes, tongue, glottis or larynx has been reported in patients treated with ACE inhibitors. Discontinue treatment with Perdix and institute appropriate therapy immediately. Hypotension: Perdix can cause symptomatic hypotension, most commonly in volume and/or sall-depleted patients. Correct before initiating therapy with Perdix. Neutropenia/agranulocytosis: agranulocytosis and bone macrow depression may result particularly in patients with renal impairment

**SCHWARZ** 

susceptible individuals. Increases in blood urea nitrogen and serum creatinine may occur in hypertensive patients on diuretic therapy and more commonly those with renal artery stenosis in a solitary kidney or bilateral renal artery stenosis. Dosage reduction of Perdix and/or discontinuation of the diuretic may be required. Hyperkalaemia occurs rarely, Risk factors

include renal insufficiency, diabetes mellitus, and concomitant use of potassium-sparing diuretics, potassium supplements, and/or potassium-containing solt substitutes. Patients with hepatic cirrhosis may develop elevated plasma levels of moexipril hydrochloride. In patients undergoing surgery or during anoesthesia with agents that produce hypotension, Perdix will block the angiotensin II formation that could otherwise occur secondary to compensatory renin release. **Interactions:** Combination with diuretics or other antihypertensive agents may have a potentialing effect. Potassium loss caused by thiazide diuretics may be attenuated. Concurrent use of potassium supplements or potassium sporting diuretics may lead to elevated serum potassium. Increased serum lithium levels and symptoms of lithium toxicity have been reported in patients receiving ACE inhibitors during lithium therapy. **Side effects:** include cough, headache,

dizziness, fatigue, flushing, and rash. Less commonly, symptomatic hypotension, postural hypotension, syncope, chest poin, angina/mycardial infarction, polpitations, rhythm disturbances and cerebrovascular accident. Increases in serum creatinine levels. Abdominal pain, dyspepsia, constipation, nausea, vomiting, diarrhoea, appetite/weight change, dry mouth, pancreatitis, hepotitis. Upper respiratory infection, pharyngitis, sinusitis/rhinitis, bronchaspasm, dyspnoea. Renal insufficiency. Hypersensitivity reactions, drowsiness, sleep disturbances, nervousness, mood changes, anxiety. Also angioedema, taste disturbances, fininitus, sweating, flu syndrome, malaise, arthrolgia, myalgia. Pharmaceutical precautions: Store in a dry place below 25°C. Legal category: POM. Pockage quantities and prices: Perdix 7.5mg: calendar packs of 28 tablets £8.50; Perdix 15mg: calendar packs of 28 tablets £9.80. Product licence numbers: Perdix 7.5mg — 4438/0033. Perdix 15mg — 4438/0034. Product licence holder: Schwarz Pharma Ltd., Schwarz House, East Street, Chesham, Bucks. HP5 106. Telephone: 01494 772071. Fax: 01494 773934. Date of preparation: September 1995 (389). Further information is available from the licence holder: Schwarz Pharma Limited, East Street, Chesham, Bucks. HP5 106. References: 1. British Hearf Foundation, 1995. 2. Data on file 02.

