Posterior deviation of left ventricular outflow tract septal components without ventricular septal defect

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Abstract

Objective—To describe 11 patients with narrowing of the left ventricular outflow tract caused by angular posterior deviation of both the outlet septum and the upper part of trabecular septum, which was diagnosed by cross sectional echocardiography in all and confirmed by angiocardiography in seven.

Results—Four patients had a subaortic systolic pressure gradient ranging from 23 to 70 mm Hg by Doppler echocardiography; cardiac catheterisation showed a significant (60 and 104 mm Hg) systolic pressure gradient in two. In four cases aortic regurgitation and two tricuspid pouches were shown by Doppler echocardiography, angiocardiography, or both. Four cases had a ridge at the angulation point on echocardiographic examination. Three patients were operated on for systolic pressure gradients of the left ventricular outflow tract and one for severe aortic regurgitation. There was proliferation of collagen-rich fibrous tissue in the subendocardial region on histopathological examination of the myectomy material. A ventricular septal defect had been diagnosed previously by contrast echocardiography in one patient; thus ventricular septal defects may close spontaneously over a period of time including fetal life. A subaortic ridge was detected in one patient at follow up.

Conclusions—Deviation of the outlet and trabecular septa should be considered as a cause of ventricular outflow tract obstruction even when no ventricular septal defect is present.

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Keywords: interventricular septum; subaortic stenosis; aortic regurgitation

Left ventricular outflow tract obstruction is generally caused by subvalvar membranous or fibromuscular stenosis (fixed subvalvar stenosis), hypertrophic cardiomyopathy, and, rarely, cardiac tumours. In some cases with ventricular septal defect, associated fibrous obstruction or septal malalignment may lead to left ventricular outflow tract obstruction, and the obstruction may be more apparent following surgical closure of the ventricular septal defect. However, we have encountered some patients with angular narrowing of the left ventricular outflow tract caused by posterior deviation of both outlet and upper part of trabecular ventricular septa without ventricular septal defect. We therefore investigated these cases further.

Methods

Eleven patients who had angular posterior deviation of both outlet and upper trabecular ventricular septa, without ventricular septal defect, were examined between March 1992 and January 1996. Seven had isolated posterior deviation of outlet and trabecular septum, but two had pulmonary valvular stenosis, and two coarctation of the aorta in addition (tables 1 and 2).

Cross sectional and Doppler echocardiographic examination was performed using Toshiba SSH 60 A and Toshiba Sonolayer 160 A equipment with 2-5, 3-75, and 5-0 MHz transducers. The standard parasternal long axis, subcostal long and short axes, apical two- and four-chamber views, and suprasternal views were used for echocardiographic recordings.

The systolic pressure gradient of the left ventricular outflow tract was measured in all the patients. The severity of the left ventricular outflow tract obstruction was assessed echocardiographically by using the ratio of the diameters of the left ventricular outflow tract

<table>
<thead>
<tr>
<th>Case No</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
</tr>
<tr>
<td>------------------</td>
</tr>
<tr>
<td>Aortic systolic gradient (mm Hg)</td>
</tr>
<tr>
<td>Aortic regurgitation</td>
</tr>
<tr>
<td>Formation of ridge</td>
</tr>
<tr>
<td>Width of IVS/BSA</td>
</tr>
<tr>
<td>Tricuspid pouch</td>
</tr>
<tr>
<td>Flutter of aortic valve</td>
</tr>
<tr>
<td>Additional anomalies</td>
</tr>
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</table>

AVP, aortic valve prolapsus; BSA, body surface area; CoA, coarctation of aorta; I, increased; IVS, interventricular septum; PS, pulmonary stenosis.

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and the ascending aorta (LVOT/Ao). Measurements of the diameters of the left ventricular outflow tract proximal to the aortic valve and of the ascending aorta distal to the aortic cusps were made from parasternal echocardiographic long axis views during systole. Cardiac catheterisation was performed in seven patients (table 2). After obtaining haemodynamic and oxygen saturation data, angiograms were made in long axis (60° left anterior oblique view combined with 30° cranio-caudal angulation) and in the four-chamber views (45° left anterior oblique view combined with 30° cranio-caudal angulation).

**Table 2** Catheterisation data of the patients with septal deviation

<table>
<thead>
<tr>
<th>Case No</th>
<th>1</th>
<th>2*</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
<th>7</th>
<th>8*</th>
<th>9</th>
<th>10*</th>
<th>11*</th>
</tr>
</thead>
<tbody>
<tr>
<td>LV (mm Hg)</td>
<td>180</td>
<td>90/70</td>
<td>110</td>
<td>130</td>
<td>110</td>
<td>220</td>
<td>125</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Aorta (mm Hg)</td>
<td>120/64</td>
<td>7</td>
<td>0</td>
<td>104</td>
<td>0</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Aortic gradient (mm Hg)</td>
<td>60</td>
<td>II°</td>
<td>No</td>
<td>No</td>
<td>II°</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Aortic regurgitation</td>
<td>No</td>
<td>No</td>
<td>No</td>
<td>PS</td>
<td>CoA</td>
<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Additional anomalies</td>
<td>No</td>
<td>CoA</td>
<td>No</td>
<td>PS</td>
<td>CoA</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tricuspid pouch</td>
<td>No</td>
<td>No</td>
<td>No</td>
<td>+</td>
<td>+</td>
<td>No</td>
<td></td>
<td></td>
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</tr>
</tbody>
</table>

AVP, aortic valve prolapse; CoA, coarctation of aorta; PS, pulmonary stenosis; LV, left ventricle.

**Results**

The age range of the patients was between 3 and 19 years (median 8 years) at the time septal deviation was diagnosed. Although four patients (cases 2, 5, 9, and 11) had no symptoms, chest pain and palpitation were the most common symptoms in the others. There were no murmurs in one patient (case 2) and echocardiography was normal in seven. Four patients had left ventricular hypertrophy (cases 3, 7, 8, and 10) and one had strain pattern (case 3). Cardiomegaly was found in three patients on x-ray examination (cases 4, 5, and 10).

On echocardiographic examination both outlet and upper trabecular septa were posteriorly deviated, and the outlet septum joined the trabecular septum on the right ventricular side of the septum in this entity. In most of the patients, the outlet septum did not join the trabecular septum at its crest, but inserted more apically on the right ventricular side (fig 1; cases 1, 3, 4, 5, 7, 9, and 11). This posterior deviation of outlet and upper trabecular septum creates an angle and the left ventricular outflow tract may be obstructed (figs 1, 2, and 3). This situation is best evaluated by echocardiography in parasternal (including modified parasternal) and subcostal long axis views (figs 1 and 3). The thickness of the interventricular septum in relation to body surface area was normal in eight patients, but abnormal in three (table 1). Four patients had systolic gradients ranging from 23 to 70 mm Hg, but the others did not have subaortic systolic pressure gradients. Four cases also had a subaortic ridge at the point of angulation. Other echocardiographic findings in the cases are shown in table 1.

Cardiac catheterisation showed significant (60 and 104 mm Hg) subaortic systolic pressure gradients in two patients (cases 1 and 7) as detected by Doppler echocardiography. In case 3, it was not possible to measure the left ventricular outflow tract gradient by catheter since the patients also had severe coarctation and the catheter did not pass through. Four
patients had aortic regurgitation (cases 1, 4, 7, and 9) and two (cases 5 and 6) had a pouch of an accessory tricuspid valve (table 2).

Four of the patients (cases 1, 3, 4, and 7) were operated on.

In 1989, a subaortic ridge resection was done in case 1 because of a 60 mm Hg systolic gradient at the left ventricular outflow tract. Previously undetected posterior deviation of the outlet and trabecular septa was diagnosed by echocardiography postoperatively in March 1992. Left ventricular outflow tract pressure gradients of 70 and 60 mm Hg were obtained by Doppler echocardiography and cardiac catheterisation, respectively. Myectomy was performed at reoperation. Unfortunately after reoperation, obstruction of the left ventricular outflow tract increased gradually and again reached 70 mm Hg by Doppler echocardiography.

A successful myectomy and resection of coarctation were carried out in case 3. Doppler echocardiography did not show any left ventricular outflow tract obstruction.

Myectomy and coarctation resection were done in case 7. We detected a 60 mm Hg systolic pressure gradient in the left ventricular outflow tract by Doppler echocardiography nine months later.

A patient without systolic pressure gradient by Doppler echocardiography and cardiac catheterisation (case 4) was operated on because of severe aortic regurgitation (tables 1 and 2).

The remaining patients (cases 2, 5, 6, 8, 10, and 11) have been closely followed up. Echocardiographic development of a subaortic ridge without a pressure gradient in case 5 and a 15 mm Hg systolic pressure gradient at the left ventricular outflow tract in case 8 have been found during a three year follow up.

Microscopic examination of the tissue removed revealed slightly thickened and fibrotic endocardium (cases 4 and 7). There was proliferation of collagen-rich fibrous tissue in the subendocardial region, with scattered myocardial fibres remaining trapped within this irregular fibrous mass (fig 4).

Figure 5 shows the relation between LVOT/AAo ratio measured by echocardiography and the subaortic pressure gradient.
assessed by echocardiographic and haemodynamic studies.

A ventricular septal defect had been diagnosed previously by physical examination and contrast echocardiography in one patient (case 6). We could not show a ventricular septal defect by angiography three years after the contrast echocardiographic study. Two patients in whom no left to right shunt could be demonstrated haemodynamically and angiographically (cases 5 and 6) had a pouch of an accessory tricuspid valve. One of these pouches was also demonstrated by echocardiography (case 6).

**Discussion**

A ventricular septal defect which appears to be caused by an abnormal displacement (deviation) of the outlet septum is called a ventricular septal defect of malalignment type. If the deviation is posterior, it would be a right ventricular outflow tract septal defect. This may lead to an outflow systolic pressure gradient. However, the gradient may not be significant because of the left to right shunt through the ventricular septal defect when it is located beneath the outlet septum. Kitchiner et al reported that deviation of the outlet septum would create subaortic stenosis above the site of a surgically closed ventricular septal defect. Therefore during surgical intervention posterior deviation and related obstruction of the left ventricular outflow tract should be considered, and a proper outflow resection performed. Similar considerations should be applied to those patients without ventricular septal defect but with posterior deviation of outlet and trabecular septa causing significant left ventricular outflow tract obstruction.

We consider that this condition of posterior deviation of the ventricular septum is not very rare and is usually unnoticed. In fact, figure 1 in the paper by Frommelt et al is a good example of a sharply angulated interventricular septum and a ridge originating from the point of angulation is clearly seen, although only the subaortic fibrous ridge was mentioned in the text. In addition, in one of our cases (case 1) and one of Gewillig’s the deviation was not noticed previously.

Iwahara et al reported that ventricular outflow tract obstruction is critical when the LVOT/AAo diameter ratio is 0.6 or less. In two of our cases this ratio was 0.6 or less and their gradients were higher than in the others. In five cases the aortic root is not related to the septal deviation (cases 1 and 7). In the other hand, removal of the septal deviation may be impracticable due to the close relation to the conducting system.

In four of our patients, a fibrous ridge was seen at the junction of the outlet and trabecular septa. We could not correlate the presence of a ridge and a systolic pressure gradient (table 1). Gewillig et al speculated that the occurrence of this lesion results from a specific anatomical substrate giving rise to abnormal flow dynamics. This results in an excessive growth of fibrous tissue. Fibrous ridges have been associated with the presence of a longer outflow tract with increased aortic-mitral separation, a small outflow tract, malalignment type ventricular septal defect, the presence of a more apical septal fibrous ridge or apical muscular band, and doubly committed subarterial ventricular septal defect. In one of our patients a fibrous ridge developed during follow up (case 5). This finding supports the findings of Kitchiner et al and Zielinsky et al.

In two of our cases we found fibrotic changes in the myocardium at the region of deviation in histopathological examination of
myectomy material. These findings were different from the changes in hypertrophic cardiomyopathy (fig 4).

Four of our patients had aortic insufficiency. This anomaly disturbs blood flow and frequently causes turbulence in the left ventricular outflow tract. Due to turbulence and increased flow rate, aortic regurgitation develops. The incidence of aortic regurgitation in subaortic stenosis was 32% in the initial examination, but it increased to 54% at the end of four years follow up. Aortic regurgitation was related to subaortic pressure gradient in their study. However, we did not find any relation between the degree of aortic regurgitation and the subaortic pressure gradient. We believe that the progressive damage to the aortic valve is caused by the high velocity jet in the left ventricular outflow tract.

In conclusion, deviation of the outlet and trabecular septa should be considered as a cause of ventricular outflow tract obstruction even when no ventricular septal defect is present.