Iatrogenic atrioventricular bypass tract following a Fontan operation for tricuspid atresia

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Abstract
A 16 year old female with tricuspid atresia had undergone a Fontan operation at four years of age. Two years later she first presented with a narrow complex tachycardia which could only be partially controlled on flecainide in high doses. On electrophysiological study, the tachycardia was found to be due to atrioventricular re-entry within the surgical right atrial to right ventricular outflow tract anastomosis. Radiofrequency ablation at this site abolished the arrhythmia and she is now symptom-free on no medication.

Case report
A 16 year old female was admitted for electrophysiological study with a view to radiofrequency ablation for persistent supraventricular tachycardia. At the age of three months she had presented in heart failure and was found to have tricuspid atresia with a non-restrictive ventricular septal defect, concordant ventriculo-arterial connections, and a large patent arterial duct. Following duct ligation she was no longer in heart failure and she underwent a Fontan operation at age four years. The right atrial appendage was anastomosed to the right ventricular outflow tract and the ventricular septal defect was closed.

She remained well for two years and then presented with vomiting and non-specific symptoms and was found to have a supraventricular tachycardia of 240 beats/min.

Keywords: Fontan operation; supraventricular tachycardia; radiofrequency ablation
Intravenous verapamil was ineffective and following oral digitalisation, intravenous disopyramide converted her to sinus rhythm. An electrophysiological study confirmed that the arrhythmia was due to atrioventricular re-entry, and intravenous flecainide abolished the supraventricular tachycardia. She was discharged on oral flecainide with moderate control and had intermittent breakthrough tachycardias despite a high serum flecainide level (900 ng/l). She was therefore admitted for treatment of her arrhythmia by radiofrequency ablation.

Multiple electrode catheters were placed in the high right atrium, low right atrium to record a His bundle signal, right ventricle through the Fontan anastomosis, and the left ventricle. An angiographic catheter was placed in the coronary sinus as a radiographic landmark from a subclavian vein puncture. In the presence of tricuspid atresia the working diagnosis was a concealed left sided atrioventricular bypass tract. Tachycardia was easily initiated and terminated with paired atrial or ventricular extrastimuli and terminated by adenosine. During tachycardia, mapping in the left ventricle around the mitral valve annulus did not provide evidence of a left sided bypass tract. Angiography showed that the atretic right atrio-ventricular valve was of a significant size (fig 1A, B) and initial mapping in both the right atrium and right ventricle, on either side of the atretic tricuspid valve, suggested a pathway at the superior portion of the atretic tricuspid valve (fig 2A). Test applications in this area were ineffective. Subsequently mapping of the right atrium to right ventricular anastomosis showed the shortest ventriculo-atrial conduction times on the superior portion of the anastomosis (fig 2A, B). RF delivery at this site (fig 1D), using a 7F RF Marin catheter (Medtronic, San Jose, California) powered by an Atakr generator (Medtronic), abolished tachycardia and ventriculo-atrial conduction. She was discharged the following day off all antiarrhythmic drugs and had remained symptom-free for two months at the time of writing.

**Discussion**

Atrial flutter and atrial ectopic tachycardia after a Fontan type operation may be related to the surgical dissection around the sinoatrial node and atrium, or the right atrial distension that occurs following surgery, or both. It often indicates a poor haemodynamic result. Re-entry tachycardias related to bypass tracts or atrioventricular-nodal re-entry are less com-
mon and are presumably related to pre-existing anatomical connections during development.

In our patient, who had an excellent haemodynamic result, the appearance of an atrioventricular re-entry tachycardia was presumed to be due to activation of a concealed accessory pathway. Intravenous flecainide was effective, as was initial oral treatment, but subsequently she required high serum levels, producing only poor control. Together with concerns about possible risks of flecainide it was decided to attempt radiofrequency ablation. In tricuspid atresia the atrioventricular connection on the right is absent; the atrioventricular junction is therefore much reduced and it was assumed that a left sided pathway was the probable substrate for the arrhythmia. Angiography at the time of the procedure suggested that the tricuspid atresia may have been due to an imperforate valve with a rather more substantial junction than first anticipated. Mapping of both the left and right atrioventricular junctions did not reveal a pathway. Mapping in the area of the right atrial appendage to right ventricular outflow tract anastomosis showed the site of the bypass tract, which was successfully ablated.

Conduction across the atrio-atrial anastomosis has been documented after cardiac transplantation and appears to be due to growth of excitable tissue across the surgical scar. There is a previous report of ablation after the Fontan operation where the authors describe the successful ablation site to be in the superior portion of the atretic tricuspid valve. They thought the bypass tract was congenital in origin. From their description, however, and from the evidence in this case, it is possible that the substrate in their patient was also the growth of excitable tissue across the surgical scar.

Growth of excitable tissue across a surgical scar may be possible in patients who have undergone this form of the Fontan operation. Currently the surgical approach is to perform a direct atrial to pulmonary artery anastomosis with an intra-atrial patch, to channel inferior caval blood to the pulmonary artery. Thus the occurrence of this complication should not occur in patients from the present surgical era.