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SHORT CASES IN CARDIOLOGY

Electrical injury on removal of implantable defibrillator after death

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A 76 year old man with a longstanding history of coronary artery disease, previous coronary artery bypass graft, and poor left ventricular function was implanted with an implantable cardioverter-defibrillator (ICD) (Medtronic Jewel) in August 1994 because of drug resistant syncopal ventricular tachycardia (VT) and fibrillation (VF). The superior vena cava and ventricular leads were introduced via the left cephalic vein. The device was installed in a left infraclavicular pocket. The defibrillation threshold was 12 J. He remained well and the ICD was needed only occasionally; five episodes in one year (three VT and two VF, all terminated successfully). The patient died at home in his sleep in April 1996, presumably from progressive coronary artery disease.

Interrogation of the device showed that the patient had had three episodes of VT at the probable time of death that were terminated successfully. The device had continued providing rate support pacing from the time of the last VT therapy until the time of its removal. It seems likely that he suffered an acute coronary event at the time of these episodes of VT, and then developed a low output state or perhaps electromechanical dissociation as a terminal event following the arrhythmia.

The patient's general practitioner was asked to remove the ICD before cremation. The doctor was practised in the removal of pacemaker devices and was in the habit of

washing them once removed. While he was washing the leads under running water he received an electrical shock which burned his thumb and middle finger and damaged the stainless steel sink. He was not wearing gloves at the time.

The device was returned to us and interrogation showed the episodes of VT and rate support pacing already described. It also revealed that during the washing process artefact was sensed as an episode of VF and the device delivered a shock (fig 1).

We tested the device further in our own department. The electrodes and device were rinsed under running tap water for a couple of minutes and then interrogated. The artefacts generated by washing were sensed as VF and a therapy sequence was initiated (fig 2).

Neither we nor the manufacturers are aware of any reports of electrical injuries sustained during the removal of ICD devices after death. There has been one report of a paramedic crew member who received an electrical shock while giving cardiopulmonary bypass to a patient with an ICD in VF. The potential for these devices to cause electrical injuries has not previously been considered and is not addressed in any of the manufacturers' guidelines or other articles which discuss potential complications. ²⁻⁵

This case clearly demonstrates that there is a potential for electrical injury when handling an explanted ICD and this could have led to a

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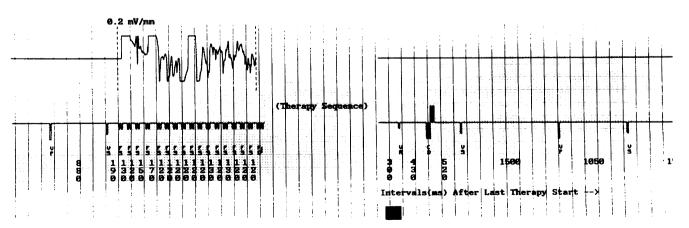


Figure 1 ICD therapy during the injury. Upper channel, intracardiac ECG signals; Lower channel, pacemaker sensing and marker channel. VS, ventricular sensed beat; VP, ventricular paced beat; FS, fibrillation sensed beat; FD, fibrillation detected.

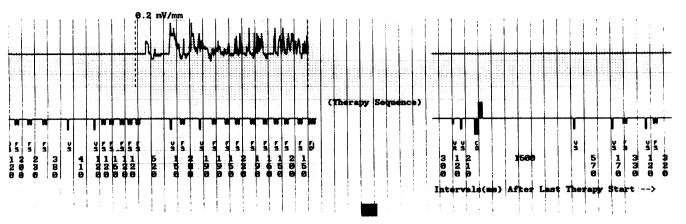


Figure 2 ICD therapy induced by washing leads in the laboratory. Upper channel, intracardiac ECG signals; Lower channel, pacemaker sensing and marker channel. VS, ventricular sensed beat; VP, ventricular paced beat; FS, fibrillation sensed beat; FD, fibrillation detected.

far more serious result and possible fatality. It is clear that guidelines should be issued for the benefit of personnel who may be required to explant any devices particularly where there is potential for harm. As new devices are developed, guidelines for their removal should be supplied at the same time as the introduction of the unit. It seems logical that the manufacturers should be responsible for producing a set of guidelines, although these may need modification in the light of experience.

We suggest that when an ICD is removed the electrodes should be cut off close to their connection with the generator using wirecutters with adequate insulation, and wearing rubber gloves. Once disconnected the generator can be removed safely and the leads can be left inside the body.

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