Recovery of impaired microvascular function in collateral dependent myocardium after recanalisation of a chronic total coronary occlusion

G S Werner, U Emig, P Bahrmann, M Ferrari, H R Figulla

Objective: To assess the potential for recovery of impaired microvascular function in collateral dependent myocardium after recanalisation of a chronic total coronary occlusion and the determinants of this recovery.

Patients and design: 120 patients underwent a successful recanalisation of a chronic total coronary occlusion (duration > 2 weeks) and a follow up angiography after a mean (SD) of 5.0 (1.2) months. The coronary flow velocity reserve (CFVR) and the fractional flow reserve were measured after recanalisation and at follow up. Global and regional left ventricular (LV) function were analysed by quantitative angiography.

Results: Microvascular dysfunction, defined by a CFVR < 2.0 and a fractional flow reserve ≥ 0.75, was observed in 55 (46%) patients after recanalisation. Microvascular function improved during follow up in 24 (20%). The CFVR increased during follow up from 2.01 (0.58) to 2.50 (0.79) (p < 0.001), due to a decrease in basal average peak velocity from 30.7 (14.9) cm/s to 25.5 (13.3) cm/s (p = 0.001). Improved microvascular function was associated with an improved regional LV function, shown by a correlation between increased wall motion severity index and increased CFVR (r = 0.38, p = 0.003). The major determinant of microvascular dysfunction at baseline was the presence of diabetes mellitus (odds ratio 4.3, 95% confidence interval 1.8 to 10.2), which remained so at follow up (odds ratio 4.1, 95% confidence interval 1.3 to 13.4). Improvement of LV function was not impaired by the presence of microvascular dysfunction after recanalisation.

Conclusions: The frequently observed microvascular dysfunction after recanalisation of a chronic total coronary occlusion is a transient phenomenon in most patients and is influenced by the presence of diabetes mellitus. It does not impede the recovery of LV function. Improved regional LV function is associated with improved microvascular function.

METHODS

Patients
In a consecutive series of 127 patients a chronic total coronary occlusion was successfully recanalised. The inclusion criteria were a duration of the occlusion > 2 weeks and spontaneously visible collaterals. The presence of an LV aneurysm was the single exclusion criterion. A follow up angiography was available for 120 patients after 5.0 (1.2) months and they formed the study group. The study was approved by the institutional ethical committee.

Angioplasty procedure
A femoral approach with a 6 French or 7 French guiding catheter was used. All patients received a bolus of 10 000 IU heparin and were taking aspirin (100 mg). They were given clopidogrel (75 mg) for four weeks starting on the day of the PCI. Stents were used in all lesions and in 55% multiple stents were implanted. The stents were sized to achieve a
balloon to artery ratio of 1:1 and additional dilatations were
done to achieve a residual stenosis < 20%.

**CFVR and fractional flow reserve assessment after
recanalisation**

After stent implantation a Doppler wire (FloWire, Volcano
Therapeutics, Brussels, Belgium) was advanced through the
stented segment and positioned with a distance to side
branches of at least 5 mm. After the baseline average peak
velocity (APV) signal stabilised, adenosine at a concentration
of 12 μg/ml was rapidly injected: 36 μg into the right and
48 μg into the left coronary artery. The maximum of the
hyperaemic increase of APV was recorded. If an atrioven-
tricular conduction block occurred, adenosine was reduced to
a minimum of 20 μg for the right and 30 μg for the left
coronary artery. The CFVR was calculated as the ratio of
maximum hyperaemic APV to the basal APV.

Fractional flow reserve (FFR) was additionally assessed in
104 patients with a pressure wire (PressureWire, RADI
Medical, Systems AB, Uppsala, Sweden) advanced about
1 cm distal to the stented lesion. Particular care was taken to
avoid artefacts by the guiding catheter, the pressure
transducer position, and the selective intracoronary injection
of adenosine in the same concentration as for the CFVR. A
simplified formula for FFR as the ratio of mean distal
and averaged for further analysis.

**Definition of microvascular dysfunction**

A cut off value for a “normal” CFVR of ≥ 2.0 was used. A
CFVR < 2.0 after PCI was considered to indicate micro-
vascular dysfunction in the absence of an angiographically
visible residual lesion (<20% stenosis). The absence of
significant epicardial resistance was confirmed in the subset
of patients in whom pressure was recorded by an FFR ≥ 0.75.

**CFR at follow up**

CFVR was again measured at follow up in 104 patients
without a restenosis or in those undergoing a successful
repeat angioplasty for a recurring lesion. CFVR could not be
reassessed in 16 patients with reocclusion or restenosis who
did not undergo a repeat PCI. In case of a repeat PCI the
CFVR after PCI was used for further analysis. In 76 of these
patients the CFVR was followed by the recording of the FFR
as described above.

**Quantitative angiography**

Coronary angiograms were analysed after PCI and at follow
up with quantitative analysis software (QCA 4.0, Pie Medical
Imaging, Maastricht, The Netherlands). Significant resten-
osis was defined as > 50% diameter stenosis at follow up.
Biplane LV angiograms were obtained for all patients at the
time of the baseline diagnostic procedure and were repeated
at follow up. LV function was analysed with quantitative
analysis software (LVA 4.0, Pie Medical Imaging). The LV
ejection fraction (LVEF) was calculated and regional wall
motion was analysed based on the centre line method to
assess the wall motion severity index (WMSI) (SD/chord)
and the extent of wall motion abnormality (number of
chords) in the territory of the recanalised artery.

**Subgroup analysis**

Patients with repeated CFVR assessment were categorised
into three groups according to microvascular function: patients
with normal microvascular function (CFVR ≥ 2.0 immediately
after recanalisation); patients with transient microvascular
dysfunction (initial CFVR < 2.0 that improved to ≥ 2.0 at follow up); and patients with persistent

<table>
<thead>
<tr>
<th>Table 1 Patients without, with transient, and with persistent microvascular dysfunction after recanalisation of a chronic total coronary occlusion</th>
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<tbody>
<tr>
<td><strong>Microvascular dysfunction</strong></td>
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<tr>
<td>Number of patients</td>
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<tr>
<td>Age (years)</td>
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<tr>
<td>Prior MI</td>
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<tr>
<td>Diabetes</td>
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<tr>
<td>Hypertension</td>
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<tr>
<td>FFR</td>
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<tr>
<td>Diameter stenosis (%)</td>
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<tr>
<td>Coronary haemodynamic variables at baseline</td>
</tr>
<tr>
<td>Basal APV (cm/s)</td>
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<tr>
<td>Hyperaemic APV (cm/s)</td>
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<tr>
<td>CFVR</td>
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<tr>
<td>Coronary haemodynamic variables at follow up</td>
</tr>
<tr>
<td>Basal APV (cm/s)</td>
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<tr>
<td>Hyperaemic APV (cm/s)</td>
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<tr>
<td>CFVR</td>
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<tr>
<td>LV function at baseline</td>
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<td>LVEF</td>
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<tr>
<td>WMSI (SD/chord)</td>
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<td>Wall motion extension (chords)</td>
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<tr>
<td>LV function at follow up</td>
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<td>LVEF</td>
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<tr>
<td>WMSI (SD/chord)</td>
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<td>Wall motion extension (chords)</td>
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</table>

Data are mean (SD). p Values represent the results of the ANOVA.
Six patients with reocclusion at follow up are excluded.
Comparison with other groups (post hoc analysis): *p < 0.01, **p < 0.001; changes within a group during follow up: †p < 0.05, ††p < 0.005, †††p < 0.001.
APV, average peak velocity; CFVR, coronary flow velocity reserve; FFR, fractional flow reserve; LV, left ventricular; LVEF, left ventricular ejection fraction; MI, myocardial infarction; WMSI, wall motion severity index.

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microvascular dysfunction (CFVR < 2.0 at baseline and at follow up) (table 1).

Patients were further subdivided according to their global and regional LV function into three groups: patients with normal LVEF (> 0.60) and WMSI (> 2.0) at baseline; patients with impaired LV function at baseline but improved LVEF (increase > 10%) or WMSI (increase > 1.0) at follow up; and patients with impaired LV function without improvement (table 2).

Statistical analysis
Data are given as the mean value (SD) except where indicated otherwise. Changes between baseline and follow up measurements were evaluated by a paired t test. Analysis of variance, or a χ² test when appropriate, was used to analyse differences between groups. A logistic regression analysis was done to assess determinants of microvascular dysfunction at baseline and at follow up. A probability level of p < 0.05 was considered significant. The calculations were done on a personal computer with SPSS for Windows (version 11.5, SPSS Inc, Chicago, Illinois, USA).

RESULTS
Clinical course after recanalisation
During follow up of 127 patients with a successful recanalisation of a chronic total coronary occlusion three patients died suddenly and one patient died of a pulmonary embolism. Three patients without angina pectoris declined a repeat angiography. Of the remaining 120 patients 16% had a reocclusion and 37% a non-occlusive restenosis. LVEF was 0.60 (0.19) and improved to 0.67 (0.16) (p < 0.001) during follow up, along with an improvement of the WMSI from −1.92 (1.32) to −1.29 (1.29) SD/chord (p < 0.001).

CFVR after recanalisation
At baseline a CFVR < 2.0 was observed in 55 (46%) patients, LVEF (CFVR < 2.0: 0.58 (0.19) v CFVR ≥ 2.0: 0.61 (0.18); p = 0.48) and regional WMSI were similar (CFVR < 2.0: −2.1 (1.3) v CFVR ≥ 2.0: −1.8 (1.3); p = 0.23). The major clinical difference was that 47% patients (26 of 55) with microvascular dysfunction were diabetic compared with 17% patients (11 of 65) without microvascular dysfunction (p < 0.001). In a logistic regression analysis diabetes mellitus was the single significant determinant of microvascular dysfunction (odds ratio (OR) 4.3, 95% confidence interval (CI) 1.8 to 10.2) while hypertension had a moderate additional influence (OR 2.6, 95% CI 1.0 to 6.9). Smoking habits, hyperlipidaemia, and regional LV function had no independent effect.

Table 2  Coronary haemodynamic variables in patients with and without improved regional and global LV function

<table>
<thead>
<tr>
<th></th>
<th>Left ventricular function</th>
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<th>p Value</th>
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<tbody>
<tr>
<td></td>
<td>Normal</td>
<td>Impaired</td>
<td>Not improved</td>
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<tr>
<td>Number of patients</td>
<td>40</td>
<td>24</td>
<td>34</td>
<td></td>
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<tr>
<td>Age (years)</td>
<td>64.1 (9.9)</td>
<td>60.8 (9.3)</td>
<td>64.1 (10.1)</td>
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<td>&lt;0.001</td>
</tr>
<tr>
<td>Prior MI</td>
<td>43% (**</td>
<td>75%</td>
<td>68%</td>
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<tr>
<td>Hypertension</td>
<td>88%</td>
<td>75%</td>
<td>68%</td>
<td></td>
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<td>0.12</td>
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<tr>
<td>Diabetes</td>
<td>35% (**</td>
<td>29%</td>
<td>24%</td>
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<td>0.57</td>
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<td>FFR</td>
<td>0.86 (0.08)</td>
<td>0.87 (0.08)</td>
<td>0.87 (0.06)</td>
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<td>0.83</td>
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<td>Diameter restenosis (%)</td>
<td>49 (20)</td>
<td>51 (15)</td>
<td>45 (20)</td>
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<tr>
<td>LV function at baseline</td>
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<tr>
<td>LVEF</td>
<td>0.74 (0.10) (**</td>
<td>0.52 (0.13)</td>
<td>0.45 (0.17)</td>
<td></td>
<td></td>
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<td>&lt;0.001</td>
</tr>
<tr>
<td>Wall motion extension (chords)</td>
<td>2 (3) (**</td>
<td>18 (7)</td>
<td>23 (11)</td>
<td></td>
<td></td>
<td></td>
<td>&lt;0.001</td>
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<tr>
<td>LV function at follow up</td>
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<tr>
<td>LVEF</td>
<td>0.75 (0.09)</td>
<td>0.73 (0.08)†</td>
<td>0.51 (0.16)††††</td>
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<td>&lt;0.001</td>
</tr>
<tr>
<td>Wall motion extension (chords)</td>
<td>2 (3)†††</td>
<td>2 (4)††</td>
<td>23 (10)†††††</td>
<td></td>
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<td>&lt;0.001</td>
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<td>Coronary haemodynamic variables at baseline</td>
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<tr>
<td>Heart rate (beats/min)</td>
<td>69 (16)</td>
<td>69 (14)</td>
<td>70 (12)</td>
<td></td>
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<td>0.93</td>
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<tr>
<td>Mean aortic pressure (mm Hg)</td>
<td>102 (15)</td>
<td>107 (15)</td>
<td>98 (17)</td>
<td></td>
<td></td>
<td></td>
<td>0.13</td>
</tr>
<tr>
<td>LVEDP (mm Hg)</td>
<td>13 (7)</td>
<td>19 (8)</td>
<td>18 (9)</td>
<td></td>
<td></td>
<td></td>
<td>0.02</td>
</tr>
<tr>
<td>Basal APV (cm/s)</td>
<td>29.5 (14.2) (**</td>
<td>32.7 (14.5)</td>
<td>30.8 (16.1)</td>
<td></td>
<td></td>
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<td>0.71</td>
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<tr>
<td>Hyperaemic APV (cm/s)</td>
<td>59.5 (23.7)</td>
<td>59.5 (29.4)</td>
<td></td>
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<td></td>
<td></td>
<td>0.75</td>
</tr>
<tr>
<td>CFVR</td>
<td>2.04 (0.60) (**</td>
<td>1.92 (0.56)</td>
<td>2.05 (0.54)</td>
<td></td>
<td></td>
<td></td>
<td>0.61</td>
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<tr>
<td>Coronary haemodynamic variables at follow up</td>
<td></td>
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<tr>
<td>Heart rate (beats/min)</td>
<td>67 (15)</td>
<td>64 (10)</td>
<td>66 (13)</td>
<td></td>
<td></td>
<td></td>
<td>0.77</td>
</tr>
<tr>
<td>Mean aortic pressure (mm Hg)</td>
<td>107 (17)</td>
<td>110 (14)</td>
<td>102 (16)</td>
<td></td>
<td></td>
<td></td>
<td>0.15</td>
</tr>
<tr>
<td>LVEDP (mm Hg)</td>
<td>15 (7)</td>
<td>16 (7)†</td>
<td>17 (8)</td>
<td></td>
<td></td>
<td></td>
<td>0.70</td>
</tr>
<tr>
<td>Basal APV (cm/s)</td>
<td>24.1 (13.9)†</td>
<td>23.5 (8.1)††</td>
<td>28.6 (15.3)†</td>
<td></td>
<td></td>
<td></td>
<td>0.23</td>
</tr>
<tr>
<td>Hyperaemic APV (cm/s)</td>
<td>57.8 (24.8)</td>
<td>60.8 (22.5)</td>
<td>62.4 (28.8)</td>
<td></td>
<td></td>
<td></td>
<td>0.74</td>
</tr>
<tr>
<td>CFVR</td>
<td>2.60 (0.71)†††††</td>
<td>2.78 (1.02)†††</td>
<td>2.30 (0.61)†††</td>
<td></td>
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<td></td>
<td>0.06</td>
</tr>
</tbody>
</table>

Data are mean (SD). p Values represent the results of the ANOVA.
Six patients with reocclusion are not included.
Comparison with other groups (post hoc analysis): *p<0.05, **p<0.01; changes within a group during follow up: †p<0.05, ††p<0.01, †††p<0.001.
LVEDP, left ventricular diastolic pressure.
Improvement of CFVR during follow up

The CFVR was reassessed at follow up in 104 patients without restenosis (n = 57) or during a repeat PCI for restenosis or reocclusion (n = 47). CFVR increased from 2.01 (0.58) to 2.50 (0.79) (p < 0.001) due to decreased basal APV (30.7 (14.9) cm/s to 25.5 (13.3) cm/s; p = 0.001) with unchanged hyperaemic APV. The ratio of patients with a CFVR < 2.0 decreased from 46% after recanalisation to 26% at follow up (fig 1). In patients with a simultaneous FFR recording there was no significant correlation between CFVR and FFR at baseline (r = 0.13, p = 0.26), but a moderate correlation at follow up (r = 0.33, p = 0.008).

CFVR improved similarly in patients without restenosis and with non-occlusive restenosis, but did not change in patients who had a repeat recanalisation of a reocclusion (fig 2). The six patients with repeat recanalisation of a reocclusion were excluded from further analysis of microvascular function. In the remaining 98 patients we compared patients with a CFVR > 2.0 at baseline with those with no evidence of recovery of microvascular function at follow up and in those with recovery (table 1). Clinical characteristics such as prior myocardial infarction and hypertension were similar in the three groups. Diabetes mellitus was threefold more frequent in patients with transient microvascular dysfunction and fourfold more frequent in patients with persistent microvascular dysfunction compared with patients without microvascular dysfunction. The presence of diabetes did not prevent the recovery of microvascular function but CFVR did not reach the same level as in non-diabetic patients due to a persistently higher basal APV in diabetic patients (fig 3).

At baseline there was a trend towards more impairment of LV function in patients with persistent microvascular dysfunction than in patients with normalisation of CFVR at follow up. This difference became significant at follow up. Diabetes mellitus remained the major determinant of microvascular dysfunction (OR 4.1, 95% CI 1.3 to 13.4) but regional WMSI had an additional significant influence at follow up (OR 2.3, 95% CI 1.1 to 4.7).

Recovery of CFVR and LV function

Recovery of LV function was observed in 24 of 58 (41%) patients with initially impaired LV function. It coincided with an increase of CFVR and a decrease of basal APV (table 2). The improvement of CFVR measured as the difference between baseline and follow up measurements was correlated with the improvement of regional LV function measured as the change of WMSI (fig 4). Improvement of CFVR was not correlated with the improvement of global LV function (LVEF: r = 0.18, p = 0.18).

DISCUSSION

This study of a consecutive, unselected cohort of patients with chronic total coronary occlusions showed that microvascular dysfunction is frequently observed in collateral dependent myocardium and persists during long term follow up mainly in patients without recovery of LV function. At baseline diabetes mellitus impairs the immediate recovery of microvascular function but after several months microvascular function can also recover in diabetic patients. The high prevalence of microvascular dysfunction after recanalisation had no adverse effect on the recovery of LV function. The mechanism of the initially impaired microvascular function appears to be a delayed recovery of resistive vessel auto-regulation in the collateral dependent myocardium and is not due to an increase of perfused vascular territory. This is supported by the finding that CFVR improved because of a decrease in basal APV without an increase of hyperaemic APV.

Assessment of microvascular dysfunction

CFVR is influenced by both the epicardial resistance to flow and the microvascular resistance. In the absence of an epicardial lesion or after treatment of this lesion by PCI, a reduced CFVR would indicate an increased microvascular resistance. To help in the discrimination of epicardial and microvascular resistance, we measured FFR.22 In case of diffuse atherosclerosis along the length of a coronary artery, CFVR may also be impaired due to a longitudinal perfusion gradient,22 but the combination of CFVR and FFR can also differentiate in such a setting whether flow is impaired on the epicardial or microvascular level. In fact in four of our patients this was the case.
In this study we chose a cut off value of CFVR $\geq 2.0$ to indicate normal microvascular function. This value predicts a negative stress test for myocardial ischaemia, and it is applied in clinical decision making to defer angioplasty in patients with intermediate coronary lesions. In normal patients a CFVR $< 2.0$ is observed in 10–20%, indicating a dysregulation of the peripheral resistive arterioles.

Recovery of microvascular function after recanalisation

The improvement of CFVR as an indicator of microvascular function in patients with chronic total coronary occlusion and normal LV function was comparable with that observed after PTCA of non-occluded lesions. This may be due to impaired autoregulation of the resistive vessels. The improvement of CFVR in patients with initially impaired but later improved LV function at follow up results from the functional recovery of the microcirculation in hibernating myocardium. This is further supported by the association between the improvement of WMSI and CFVR. There is also evidence that in patients with prior myocardial infarction remote myocardial regions have microvascular dysfunction.

The high basal APV after recanalisation is an indicator of considerable dilatation of peripheral resistance vessels, which would have been required for the perfusion of the collateral dependent myocardium. We recently found such a maximum vasodilatation in two thirds of chronic total coronary occlusions when systemic adenosine infusion did not further reduce the microvascular resistance. It is conceivable that this vasodilatation persisted after recanalisation for some time before the autoregulatory capacity of the microvasculature was finally restored.

Another explanation for the improved CFVR is an increase of the perfused vascular bed. In studies with intracoronary Doppler in acute myocardial infarction, reduced basal and hyperaemic APV were observed to cause low CFVR. There the improvement of CFVR was explained by reopening of obstructed vascular beds. In chronic total coronary occlusions the basal APV was rather high and the hyperaemic APV did not change, which makes the recruitment of reperfused vascular territory an unlikely explanation. Finally, reduced CFVR may also be caused by a microembolism during the recanalisation procedure. However, a recent analysis from our laboratory found no correlation between troponin I release within 24 hours after recanalisation and the impairment of CFVR. Reduced CFVR after recanalisation did not impede the recovery of LV function and, unlike in non-occlusive lesions with normal LV function, the observation of reduced CFVR after percutaneous transluminal coronary angioplasty did not predict an adverse long term outcome. However, our observation of reocclusion in all of the few patients who had both a low FFR and a low CFVR after recanalisation suggests...
that this coincidence may identify lesions at increased risk of reocclusion.

The influence of diabetes mellitus on microvascular function in chronic total coronary occlusions

Almost half of all patients with a chronic total coronary occlusion showed evidence of microvascular dysfunction immediately after recanalisation, which was predominantly due to the presence of diabetes mellitus as a co-morbidity. However, improved CFVR was observed both in diabetic and in non-diabetic patients. Recovery of the microvascular autoregulation was delayed in diabetic patients but not impeded. There was also a considerable potential for microvascular recovery in diabetic patients but it did not reach the level of recovery in non-diabetic patients because basal APV remained higher in diabetic patients.44

Study limitations

The definition of microvascular dysfunction was based on reduced CFVR. In the majority of patients we supported this by additionally recording FFR. The technical and conceptual limitations of this approach had been previously addressed in detail.11 12 We had confirmed the presence of microvascular dysfunction in the subset of patients with simultaneous CFVR and FFR, and we observed diffuse atherosclerosis as another possible factor of reduced CFVR in only 5% where FFR was also abnormal. The coincidence of low CFVR and FFR was similar at follow up.

We excluded patients with reocclusion from the analysis of microvascular recovery but we included patients with restenosis in whom CFVR was measured after repeat PCI. This repeat PCI itself may have influenced CFVR and may have overestimated the prevalence of microvascular dysfunction at follow up. However, CFVR improved both in patients with and in patients without restenosis at follow up, which indicated that the repeat intervention for a non-occlusive restenosis was not the major determinant of microvascular dysfunction.

Conclusions

The frequently observed microvascular dysfunction after recanalisation of a chronic total coronary occlusion is a transient phenomenon in most patients and is influenced mainly by the presence of diabetes mellitus. Diabetes also has an adverse influence on microvascular function at follow up. Microvascular dysfunction in chronic total coronary occlusions does not impede the recovery of LV function and it improves during follow up both in patients with normal LV function and in patients with recovered LV function after recanalisation. The initially low CFVR after PCI appears to be due to delayed restoration of the autoregulation of the microvasculature in collateral dependent myocardium.

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REFERENCES

Images in Cardiology

Percutaneous sealing of coronary aneurysm by grafted stent implantation

A 72 year old man was admitted to our clinic because of recurrent angina pectoris on the 20th day of an acute anterior myocardial infarction. He had been treated with metoprolol, quinapril, isosorbide mononitrate, aspirin, and simvastatin. Coronary angiography revealed two stenotic lesions in the mid portion of left anterior descending artery. The first lesion was about 80%, the second was about 60%, and there was a coronary aneurysm in between the lesions (upper panels). Placement of a direct grafted stent was decided upon. After passing the lesions with a 0.014 inch guide wire, a 3.0–16 mm grafted stent (Jostent coronary stent graft) was advanced over the wire to cover the two lesions and the aneurysm, and was expanded. Final angiography showed no residual stenosis and no more contrast flow into the aneurysm (lower panels). A loading dose of 350 mg clopidogrel, followed by 75 mg daily, was added to the patient’s therapeutic regimen. The patient remained symptom-free after the procedure, and a treadmill exercise test was normal at two months following the procedure.

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Left coronary artery in different angiographic views: two stenoses are present, with an aneurysm in between them.

Direct grafted stent placement before (left) and after (right) inflation. Note that the aneurysm is completely sealed and there is no residual stenosis.