Extensive primary cardiac liposarcoma with multiple functional complications

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Primary cardiac liposarcoma is a rare cardiac tumour found in only about 1% of primary malignant tumours of the heart. Among the four histological subtypes of liposarcoma, the well differentiated form reportedly progresses very slowly and there is little evidence of metastasis. Even with benign cardiac tumours, however, their effects on cardiac function are sometimes malignant, as they can result in valvar dysfunction, intracavity obstruction, peripheral embolisation, and arrhythmias. Here we present a case of extensive primary cardiac well differentiated liposarcoma that disrupted cardiac function in a variety of ways.

A 23 year old man was admitted with mild chest pain and remarkable enlargement of the cardiac silhouette on a chest x-ray (fig 1). Physical examination showed mild jugular venous distension and arrhythmias. On cardiac auscultation, he had normal first and second heart sounds with diastolic murmur (Levine 2/6). Electrocardiography showed frequent atrial ectopics with normal 12 lead ECG. Echocardiography showed notable thickening of the interatrial septum and a pericardial echo-free space indicating a large fat tissue mass. There was no evidence of an extracardiac metastatic lesion. The patient then underwent a computed tomographic (CT) examination of the heart with a multidetector row CT scanner (MDCT; Somatom Volume Zoom, Siemens). A three dimensional reconstruction of cardiac MDCT images showed massive development of a lipomatous tumour both around and inside the heart involving lipomatous hypertrophy of the interatrial septum and a solitarily mass emerging from the apex of the left ventricle (fig 2A). There was also severe narrowing of the superior vena cava due compression by the tumour (fig 2B), a fluctuating tumour mass in the right ventricular outflow tract (fig 2C), and deformation of the right coronary cusp of aortic valve causing aortic regurgitation (fig 2D). With the aim of preventing future development of superior vena cava syndrome and sudden death from pulmonary embolism, the surrounding fat tissue (> 1000 g) and the intrapulmonary mass were surgically removed. Macroscopic examination showed that the tumour masses arose from the posterior wall of the right atrium, atrial septum, and ventricular myocardium and that each extended into pericardial space.

Histological examination of the surgical specimens confirmed the lesion to be a well differentiated liposarcoma (fig 3).

DISCUSSION

In this report, we presented a rare case of extensive primary cardiac liposarcoma accompanied by multiple functional complications. Liposarcoma has been classified into four pathological subtypes: well differentiated, myxoid, round cell, and pleomorphic. Of those, the well differentiated form accounts for about 40–50% of all tumours and its malignant potential is usually low. The most common functional complication of this tumour is mechanical obstruction of blood flow. There have also been a few reports of cardiac tamponade and compression of the right atrium. Cardiac lipomas also sometimes grow into the atrial septum, causing lipomatous hypertrophy and disturbing venous return. In our case, in addition to lipomatous hypertrophy of the interatrial septum, which disturbed the venous return to the heart, there was valvar regurgitation; direct extension into the pulmonary artery, which can cause pulmonary emboli; and atrial arrhythmias. To our knowledge, this is the first report of a liposarcoma complicated by multiple disruptions of cardiac function.

Two dimensional echocardiography is the first choice modality for diagnosis of cardiac tumours. With echocardiography,

Abbreviations: CT, computed tomography; MDCT, multidetector row computed tomography
however, it is sometimes difficult to assess precisely the extent of a tumour mass because of the relatively narrow window of the echocardiographic examination or because of variation in image quality. In particular, it is difficult to detect invasion by the tumour deep into the heart. Fortunately, the recent technological development of MDCT scanners with retrospective ECG gating results in a significant reduction of heart beat related motion artefacts. Three dimensional reconstruction of the CT images enables detailed visualisation of the cardiac anatomy. By using MDCT in the present case, we were able to determine precisely the extent of the tumour and to visualise the aortic valve deformation, the fluctuating tumour mass in the right ventricular outflow tract, and the compression of the superior vena cava. Although surgical intervention is rarely of benefit for malignant cardiac tumours, we selected partial surgical resection of the tumour, including excision of the floating mass in the right ventricular outflow tract (to prevent pulmonary embolism) and the mass around the right atrium and interatrial septum (to relieve obstruction of the flow in the superior vena cava). Resection of the tumour in this patient was successful.

Figure 2 Volume rendering multidetector row computed tomographic (MDCT) images. (A) Massive cardiac liposarcoma surrounding the entire heart (asterisk). Note the lipomatous hypertrophy of the interatrial septum (IAS) and the solitary tumour mass (T) in the left ventricular (LV) apex. RV, right ventricle. (B) Narrowing of the superior vena cava (SVC)-right atrial (RA) junction (white arrow) caused by external compression by the tumour (asterisk). Ao, aorta. (C) Papillomatous tumour mass in the right ventricular outflow tract (black arrow). mPA, main trunk of pulmonary artery; *, surrounding tumour mass. (D) Direct tumour invasion to the right coronary cusp of the aortic valve (black arrow). LCA, left coronary artery; *, surrounding tumour mass.

Figure 3 Well differentiated liposarcoma. Neoplastic lipoblasts were found in the tumour mass from the pulmonary artery (haematoxylin and eosin stain, original magnification 200×).
Finally, we recommend the use of MDCT to obtain important information that enables precise diagnosis and treatment of functional complications resulting from primary cardiac tumours.

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