SCIENTIFIC LETTER

Left superior caval vein: a powerful indicator of fetal coarctation

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A persistent left superior caval vein (LSVC) is present in about 0.3% of the population at necropsy and in adults undergoing pacing.¹ Although it may occur in up to 9% of necropsies of children with congenital heart disease (CHD),² its prevalence in the fetus at increased risk of, or with, CHD has not yet been determined. We document the incidence, associations, and outcome of LSVC in 1678 consecutive fetuses referred for echocardiography to a fetal medicine unit between January 1997 and December 2002.

METHODS

Fetal echocardiograms were performed (Acuson Sequoia C256/Siemens Medical Solutions, Acuson Ultrasound Department, Mountain View, California) using a 6C2, 8C4 or 5V2c probe and persistence of the LSVC documented from routine views of the four chambers and transverse arch (the three vessel view). Postnatal diagnosis was confirmed by echocardiogram, at surgery, or at necropsy.

The odds ratio (95% confidence intervals (CI)) for CHD in the presence of LSVC and the odds ratio of an associated cardiac defect being coarctation of the aorta (CoA) were calculated.

RESULTS

Of 1678 cardiac referrals, 1230 were normal with an LSVC detected in four patients (0.3%). Cardiac abnormality was present in 448 cases (27%), with persistent LSVC in 12 cases (2.7%). Thus, the odds ratio of a fetus having a cardiac defect if a LSVC is detected is 8.43 (95% CI 2.71 to 26.29).

Table 1 details the cardiac diagnosis, associations and outcomes of the 16 fetuses with persistent LSVC. It was associated with situs inversus in one fetus, and five fetuses showed interruption of the inferior vena cava (IVC) with azygous/hemiazygous continuation to a persistent LSVC which drained to the coronary sinus in all but one fetus. All five fetuses had the usual arrangement of the atrial appendages, confirmed postnatally.³ LSVC was seen in five of the 10 fetuses with aortic arch hypoplasia (50%), nine of whom required surgery for CoA, and one with Turner syndrome and arch hypoplasia was managed conservatively. The odds ratio of the cardiac defect being a CoA in fetuses with LSVC is 61.57 (95% CI 14.48 to 261.74).

DISCUSSION

This study has documented persistent LSVC in 1% of a consecutive series of fetuses selected for detailed echocardiography. While the 0.3% prevalence of LSVC in those with structurally normal hearts was similar to previous population studies, LSVC was associated with an eightfold increase in CHD in this fetal population, and strongly associated with CoA.

The prevalence of LSVC in the fetal population remains uncertain. The importance of the three vessel view, where the LSVC is most easily identified, is only now becoming recognised by obstetric sonographers as part of complete fetal screening. However, fetuses with LSVC may be referred with four chamber disproportion caused by an enlarged coronary sinus, or as suspected atrioventricular or atrial septal defect. Furthermore, in our series 25% had important

Table 1 Cardiac diagnosis, extracardiac malformations, karyotype, and outcome in 16 fetuses with left superior caval vein

Case	Fetal cardiac diagnosis	Situs	Karyotype	Extracardiac malformations	Outcome
CHD	S,C,C, unbalanced AVSD, dysplastic LAVV	N	46XY	Soft marker (two vessel cord)	Surgery, well
CHD	S,C,C, sub-Ao VSD, CoA	N	46XY	Renal agenesis, SGA, ventriculomegaly, talipes	NND
CHD	S,C,C, CoA (postnatal hypoplasia only), PE	N	45X0	None	Well
CHD	S,C,C, muscular VSD, CoA	N	46XX	None	Surgery, well
CHD	S,C,C, PMVSD, CoA	PV	46XY	SGA, postnatal malrotation and biliary atresia, right sided stomach	Surgery, well
CHD	S,C,C, CoA	PV	46XX	None	Surgery, well
CHD	S,C,D, large VSD, PS, criss-cross heart	PV	46XY	Soft marker (mild hydronephrosis)	Surgery, well
CHD	SI,C, DORV, restrictive VSD, straddling MV	SI	46XY	None	Postoperative death
CHD	S,C,C, infradiaphragmatic TAPVC	PV	46XY	Massive bilateral pulmonary sequestration	NND
CHD	S,C,C, VSD and TAPVC to confluence	N	T18	Two vessel cord, SGA, rocker-bottom feet, microcephaly	NND
CHD	S,C,C, TOF	N	46XY	None	Surgery, well
CHD	S,C,C, dextrocardia, unbal. AVSD, aortic atresia	PV	46XY	None	NND
Normal	S,C,C, right aortic arch	N	46XX	None	Well
Normal	S,C,C, small PE	N	46XX	None	Well
Normal	S,C,C, biventricular hypertrophy	N	46XX	None	Well
Normal	S,C,C	N	45X0	None	Well

45X0, Turner syndrome; AVSD, atrioventricular septal defect; C, concordant atrioventricular or ventriculoarterial connection; CHD, congenital heart disease; CoA, coarctation of the aorta; D, discordant atrioventricular or ventriculoarterial connection; DORV, double outlet right ventricle; LAVV, left atrioventricular valve; N, normal situs; NND, neonatal death without cardiac surgery; PE, pericardial effusion; PMVSD, perimembranous ventricular septal defect; PV, posterior vein (azygous/hemiazygous) and absent inferior vena cava at situs; S, situs solitus; SGA, small for gestational age; SI, situs inversus; T18, trisomy 18; TAPVC, total anomalous pulmonary venous connections; TOF, tetralogy of Fallot; unbal, unbalanced; VSD, ventricular septal defect.

extracardiac malformations and three had aneuploidy that may have been detected sonographically.

The prevalence of LSVC in 2.7% of fetuses with CHD is less than the 9% reported from pathological series where atrioventricular septal defect, cor triatriatum, and mitral atresia were common associations.² However, there was a 6% prevalence of LSVC in the 107 fetuses in our cohort with serious malformations associated with ventricular or arterial disproportion. Of particular importance was the association with CoA or arch hypoplasia. This lesion remains the one with most diagnostic uncertainty in fetal life and in common with others, we found an 89% specificity of diagnosis before 24 weeks of gestation but only 17% after.⁴

Cardiac growth velocities are well documented in the fetus⁵ but early growth may differ in those with LSVC. Necropsy associations with cor triatriatum and mitral atresia suggest that the mechanism responsible for failure to close the LSVC may be associated with abnormal left sided connections or abnormal early flow patterns that reduce left ventricular filling and may explain in part the association with CoA, unbalanced atrioventricular septal defect, and total anomalous pulmonary venous connections reported here. Serial scans in this series suggest that it exerts less haemodynamic influence later in gestation, and left sided growth proved adequate for a biventricular repair in all cases where surgery was necessary, with important implications for first trimester counselling.

This study suggests that sonographic detection of LSVC is a powerful indicator of fetuses with probable CHD in whom CoA was the most common diagnosis. LSVC is easily recognised on standard cardiac screening views and we

recommend its detection should prompt referral for detailed echocardiography.

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IMAGES IN CARDIOLOGY

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Quadrant pulmonary oedema

A 73 year old man presented to the emergency department with a three day history of dyspnoea. He had no past medical history. On admission his blood pressure was 120/80 mmHg, heart rate 120 bpm, and respiratory rate 24 breaths per minute. On auscultation inspiratory crackles were heard over the mid and upper portion of the right hemithorax along with a minor systolic heart murmur.

Apart from sinus tachycardia, the ECG was unremarkable. An infiltrate in the upper lobe of the right lung was seen on a standard chest x ray. The echocardiogram showed a partially flailed posterior mitral leaflet caused by ruptured chordae tendinae with severe, eccentric regurgitation directed towards the right upper pulmonary vein. The pulmonary capillary wedge pressure (PCWP) in the right upper lobe exceeded the PCWP of the left lung by 20 mm Hg.

We have described a rare case of unilateral pulmonary oedema, restricted to the right upper lung lobe (also termed quadrant pulmonary oedema), which was caused by acute, eccentric mitral regurgitation towards the right upper pulmonary vein. After mitral valve repair the chest x ray was normal.

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Standard chest x ray with a right upper lobe infiltrate (white arrow). Transoesophageal echocardiography still frame: mitral valve regurgitant jet directed towards the right upper pulmonary vein (red arrow). LA, left atrium; LV, left ventricle; RA, right atrium; RV, right ventricle. Left PCWP tracing with v wave of 40 mm Hg (right upper corner) versus v wave of 60 mm Hg in the right PCWP tracing (left upper corner).