Valvular heart disease

ORIGINAL ARTICLE

Cost-effectiveness of transcatheter aortic valve replacement in patients ineligible for conventional aortic valve replacement

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ABSTRACT

Objective To assess the cost-effectiveness of transcatheter aortic valve implantation (TAVI) compared with medical management in patients with severe aortic stenosis who are ineligible for conventional aortic valve replacement (SAVR) from the perspective of the UK National Health Service.

Design Probabilistic decision analytical model.

Methods A decision analytical model was developed to assess the costs and benefits associated with both interventions over a 10-year time horizon. A literature review was performed to identify relevant clinical evidence. Health-related quality of life and mortality were included using data from the PARTNER clinical trial (cohort B). Unit costs were taken from national databases. Costs and benefits were discounted at 3.5% per year, and extensive sensitivity analyses (probabilistic and deterministic) were performed to explore the impact of uncertainty on the cost-effectiveness estimates.

Main outcome measure Incremental cost-effectiveness ratio (ICER) with benefits expressed as quality-adjusted life years (QALYs).

Results The base case ICER was approximately £16 100 per QALY gained. At a cost-effectiveness threshold of £20 000 per QALY gained, the probability that TAVI was cost-effective compared with medical management was 1.00. The results were robust to changes in key clinical parameters as well as choice of baseline survival data. The observed PARTNER survival data only have to be extrapolated for 2 years to generate an ICER below £30 000 per QALY gained, which is the upper value of the threshold range used by the National Institute for Health and Clinical Excellence in the UK.

Conclusions TAVI is highly likely to be a cost-effective treatment for patients with severe aortic stenosis who are currently ineligible for SAVR.

INTRODUCTION

Aortic stenosis is a common condition affecting approximately 3% of individuals aged >75 years. After the onset of symptoms or left ventricular dysfunction, prognosis is poor with reported 2-year mortality estimates approaching 50%. The current gold standard of treatment for patients with severe aortic stenosis is surgical aortic valve replacement (SAVR). This procedure has been shown to reduce symptoms and to improve survival. Despite the existence of this effective treatment option, a significant number of patients are deemed to be unsuitable for SAVR (for a multitude of reasons including advanced age and the presence of multiple comorbidities). Although balloon aortic valvuloplasty (BAV) was once considered an alternative treatment option for patients with inoperable aortic stenosis, restenosis and recurrent symptoms occurred in 80% of patients by 6–12 months follow-up.

In 2002 Cribier et al performed the first transcatheter aortic valve implantation (TAVI) for patients with inoperable aortic stenosis. Evidence relating to the efficacy of TAVI in this patient group has been emerging over time but, until recently, has been largely limited to single-arm studies, retrospective registry analyses and conference proceedings.

The results of the Placement of Aortic Transcatheter Valves (PARTNER US, cohort B) randomised clinical trial have recently been published by Leon et al and substantiated the hypothesised positive treatment effect seen in the retrospective registry analyses. Individuals were randomised to receive either TAVI or standard therapy (ie, pharmacological, but often including BAV). After 12 months, TAVI was shown to have a significantly beneficial impact on mortality, repeat hospitalisations and functional status of the patients (p<0.001 for all three endpoints).

TAVI can, however, be viewed as an expensive procedure to perform in elderly patients with multiple comorbidities. Despite promising clinical results, in countries such as the UK where healthcare is collectively funded, it is one of many health technologies competing for funding from a limited healthcare budget. We therefore built a cost-effectiveness model from a UK perspective to compare the costs and benefits of medical management versus TAVI in patients with inoperable aortic stenosis.

METHODS

Model description

The analysis was based around two interlinked Markov models designed to represent the short- and long-term periods of time following surgery. Briefly, in this approach the underlying disease and/or patient pathway is represented by a series of health states between which patients move in discrete intervals of time (the cycle length) for a number of cycles (the time horizon). The Markov models used in the analysis presented in this paper
were implemented in Microsoft Excel (Microsoft Corporation, Redmond, Washington, USA). The model structure (figure 1) and its underlying assumptions were developed in discussion with an expert advisory group comprising clinical and economic advisors with experience in clinical trials design and health economic modelling.

In the ‘short-term’ model we used a time horizon of 30 days and a cycle length of 1 day. Health states were based around location of care (intensive care (ICU), non-ICU and non-hospital) as well as reoperations and post-hospital rehabilitation (community and managed). Death was possible from all health states in all cycles. All patients in the TAVI arm were assumed to incur the cost of the initial implant procedure. 83% of individuals in the medical management arm were assumed to receive a BAV procedure and all incurred the costs of pharmacological treatment.\(^{14}\)

Contingent on being alive at 30 days, all patients moved to the ‘long-term’ model containing health states corresponding to home care, reoperation and death. An alternative cycle length of 1 month was used in combination with a 10-year time horizon.

Patients in each treatment arm accrued costs and benefits (quality-adjusted life years, QALYs) as they passed through these states. Discount rates of 5.5% per annum were applied to the total costs and QALYs accrued. The results are presented as an incremental cost-effectiveness ratio (ICER) expressed as the ratio of incremental costs to incremental benefits. A UK National Health Service (NHS) perspective was used and thus only direct healthcare expenditure was included.

The methods used to estimate key parameters are summarised below. All values were identified by a concomitant literature review.

**Description of model inputs**

**Estimating mortality**

In order to generate lifetime cost and benefit estimates, the extrapolation of survival data observed in clinical trials is inevitable. The most relevant and up to date information is available from the PARTNER US clinical trial,\(^{14}\) with information on death from any cause being available for up to 24 months in each treatment arm.

Conventionally, this extrapolation process is undertaken by the use of a mathematical function to approximate the baseline or comparator event rate, and a hazard ratio (HR) which is applied to the fitted function in order to approximate the survival rate in the treatment arm. These functions are then used to generate survival estimates for all time points in the model. Underpinning this approach, however, is the assumption that, at any given time point, the rate of death in the treatment arm is proportional to that in the comparator arm.

The published Kaplan–Meier survival curves were electronically extracted and, on the basis of an analysis of the hazard functions, the assumption of proportional hazards was shown not to hold. Independent parametric survival functions were therefore fitted to each published curve. Monthly or daily transition probabilities were derived as required from the fitted functions using standard formulae for each cohort. For patients receiving TAVI, the daily probabilities were based on intraoperative mortality, 30-day survival in the medical management arm and the short-term treatment effect.

Of the patients receiving TAVI in the PARTNER US study, 1.1% died intraoperatively and this value was used directly in the model for the appropriate parameter.

**Estimating other clinical events**

Where possible, the values used for key treatment-related adverse events (stroke, bleeding, vascular events, renal failure and aortic regurgitation), the proportion requiring additional pacing and the expected length of stay in the ICU and non-ICU were derived from the study by Leon et al.\(^{14}\) In the absence of any reported information, we used values estimated by the clinical steering group. Transition between ICU, non-ICU and home were derived from the mean length of stay estimates and assumptions of uniform rate of movement. A minimum length of hospitalisation was also included. The values used in the model are presented in table 1. The reliance on early stage TAVI data (as reported in Leon et al) may mean that the values used for a number of clinical parameters are higher than those observed in routine UK clinical practice. The resulting cost-effectiveness results will therefore be biased against TAVI and hence conservative.

The monthly probability of heart failure-related rehospitalisation in the medical management arm, as well as the TAVI treatment effect, were calibrated to ensure the 1 year rates were identical to those reported by Leon et al.\(^{14}\)

As with intraoperative mortality, a literature review was performed to identify additional studies that could be used to inform these transition probabilities. Pooled estimates covering different devices and procedures were used in sensitivity analyses (table 1).

**Costs and health-related quality of life weights**

Drug costs were taken from the most recent edition of the British National Formulary,\(^{16}\) and, where possible, all unit costs were taken from other publically available national databases.\(^{16, 17}\) Reported NHS unit costs for excess bed days were used in combination with the adverse event rates to generate treatment-specific costs for

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**Figure 1** Model schematic. Note that all individuals move into the relevant health state in the long-term model at the end of the short-term model. In addition, all individuals in the medical management arm begin in the ‘HOME’ state and cannot enter the ‘Re-Op’ state when in the long-term model.
a day in the non-ICU health state. The total cost of a TAVI operation included all procedure and device costs, with procedure times and costs taken from a recent costing study.\textsuperscript{15} Where necessary, values were inflated to 2010 levels using an appropriate inflation index.\textsuperscript{17}

Health-related quality of life (HRQoL) was incorporated into the model as utility values expressed on a scale of 0–1 (where 1 is equivalent to perfect health and 0 is equivalent to dead). HRQoL information was not available from the PARTNER US study at the time of model construction so an alternative approach was used. Baseline age- and gender-adjusted EQ-5D (EuroQol) values for the general UK population were derived by fitting using a mathematical function.\textsuperscript{19} The impact of the underlying disease was incorporated into the model as utility values expressed on a scale of 0–1 (where 1 is equivalent to perfect health and 0 is equivalent to dead). HRQoL decrement (–0.197) derived from information on baseline New York Heart Association (NYHA) class mix and published EQ-5D preference weights.\textsuperscript{20} Information from PARTNER US on the NYHA class mix at given time points was used to generate time-dependent utility decrements (and hence include the effect of treatment into the model). Decrement for patients in the ICU and non-ICU health states were derived from the literature.\textsuperscript{21}

All decrements were applied to the age- and gender-adjusted population EQ-5D norms during each model cycle to generate the time-dependent utility values in each arm.

As a sensitivity analysis, information from a relevant clinical trial\textsuperscript{22} was used to inform a mathematical function assessing the time-dependent change of utility in patients receiving TAVI. The EQ-5D population norms were applied as a ceiling to the derived utility values from this function. Alternative functions and decrements were explored in sensitivity analyses.

For an additional sensitivity analysis, the information reported by Leon et al\textsuperscript{14} on NYHA class at four time points (baseline, 30 days, 6 months, 1 year) for both treatment options was used in combination with the published NYHA values.\textsuperscript{20}

### Device longevity

Pacemaker lifetimes were assumed to be the same as in a previous UK-based health technology assessment.\textsuperscript{20} The lifetime of a TAVI was derived from long-term information on the failure of standard bioprostheses devices.\textsuperscript{23} A Weibull function was fitted to the reported data and we made the arbitrary assumption that, in any given month, the probability of TAVI failure would be twice the derived value. All of these values were altered in sensitivity analyses.

### Sensitivity analyses

We conducted a probabilistic sensitivity analysis whereby individual sets of parameter values were drawn from appropriate statistical distributions, with results generated for 1000 simulation runs. Cost-effectiveness acceptability curves were generated to represent decision uncertainty—the probability that TAVI is cost-effective conditional on a range of possible cost-effectiveness thresholds.\textsuperscript{24} In addition, a range of deterministic analyses was performed to explore the impact of alternative parameter values and modelling assumptions on model results.

In particular, an assessment of the impact of alternative choices of different clinical trials to inform baseline (ie, medical management) mortality on the cost-effectiveness of TAVI was also performed. The literature review identified three possible alternative sources.\textsuperscript{8, 25, 26} Comparison of the 2-year mortality estimates from these three trials (either directly or via the fitting of parametric survival functions) with the value from Leon et al\textsuperscript{14} provides ‘scaling factors’ (multipliers) which can be used to perform such an analysis.
RESULTS

The costs and benefits generated when the model was run probabilistically are presented in table 2. In comparison to medical management, individuals in the TAVI arm incurred an additional 10-year cost per patient of £25 200. The majority of TAVI-related costs correspond to the initial implant operation (£19 000) or perioperative ICU care (£25 000). However, the use of TAVI conferred savings in terms of BAV procedures avoided (~£2400). TAVI also conferred an additional 1.56 QALYs over 10 years. Thus, the base case ICER is £16 200 per QALY gained.

The cost-effectiveness acceptability curves for medical management and TAVI are presented in figure 2A. Assuming a cost-effectiveness threshold of £20 000 per QALY gained, the probability that TAVI is a cost-effective intervention in the target patient group is 1.00.

Alternative assumptions and scenarios

Use of pooled estimates for key model parameters

When the survival estimates are unchanged but the pooled input parameters rather than those observed in PARTNER are used, the 10-year costs and benefits associated with each treatment option reported in analysis 1 in table 2 are generated. The results are in line with the base case analysis, indicating that the model is insensitive to changes in these parameters.

Truncation of time horizon

We explored the impact of using a truncated time horizon over which costs and benefits were extrapolated (figure 2B). At cost-effectiveness thresholds of £20 000 and £30 000 per QALY gained, TAVI became cost-effective after approximately 6 and 4 years, respectively. Thus, 2 years of extrapolation beyond the limit of the trial is required before TAVI becomes cost-effective.

Choice of baseline survival curve

The results from this analysis are presented in analysis 2 in table 2. Regardless of the choice of multiplier, the resulting ICER is below £20 000 per QALY gained. Thus the model is not sensitive to choice of patient group.

Use of alternative approaches to modelling utility

In addition to different sources for the utility decrement associated with severe aortic stenosis, the improvement in HRQoL following TAVI can either be immediate or time-dependent—that is, the benefits of treatment can either be assumed to occur immediately after the operation or gradually over a period of time. The results from different combinations of these different assumptions are presented in analysis 3 in table 2 and have only a modest impact on the ICER.

Additional sensitivity analyses

In addition, extensive deterministic one-way analyses undertaken by systematically altering individual parameters by ±10% highlighted that the model was very sensitive to changes to the short-term treatment effect and the cost of the initial operation. The model was robust to changes to hospitalisation costs and adverse event rates (figure 2C). In particular, complete removal of BAV from the medical management arm (the most optimistic possible result) resulted in an increase in the ICER to £18 500 per QALY gained.

DISCUSSION

To the best of our knowledge, the model presented in this paper is the first to assess the cost-effectiveness of TAVI in inoperable elderly patients with multiple comorbidities using a lifetime time horizon. The results from the PARTNER-B economic model were presented at the 2011 American College of Cardiology meeting, but these were derived using a trial-based approach and hence may not have captured all of the long-term costs and benefits of TAVI and medical management. In constructing this model we used data from a range of sources and performed extensive sensitivity analyses to explore the robustness of our model parameters. Our cost-effectiveness model did not differentiate between different TAVI platforms. Thus, while a number of key parameters were based on data from the PARTNER US trial (cohort B), other model parameters (eg, adverse event rates, baseline survival and utility parameter values) were informed by an extensive literature review.

In particular, where alternative choices were possible as to data sources or parameter values, we intentionally chose those which would most bias against TAVI in order to generate conservative results. We accept that, for several parameters (mean ICU stay and complications rates), estimates are higher than might be observed in routine UK clinical practice.
This model demonstrates that TAVI is highly likely to represent a cost-effective use of resources at cost-effectiveness thresholds typically used by the National Institute for Health and Clinical Excellence. The base case ICER was approximately £16 100 per QALY gained. The robustness of the model was demonstrated after similar results were obtained using alternative parameter values from the TAVI literature. Of note is that the results were generated using a strict costing methodology whereby only costs directly incurred by the healthcare sector are considered relevant. Were a broader perspective to be used whereby additional costs were considered, any therapeutic benefit of TAVI would result in additional cost savings and hence a lowering of the ICER.

Analysis of the reported PARTNER data showed that the treatment effect associated with TAVI was not constant but increased over time. Moreover, patients receiving standard care experienced an extremely poor prognosis, with predicted 1-year and 2-year mortality rates of approximately 50% and 66%,
respective. Information identified during the literature search in combination with parametric (Weibull) survival functions were used to generate alternative 2-year mortality values for patients receiving medical management.²⁵²⁶ Thus, the patient populations modelled in the sensitivity analysis surrounding choice of baseline survival curve are very heterogeneous. As such, these alternative data sources can be viewed as a proxy for different patient groups and hence will go some way to address the issue of off-label TAVI usage. Nonetheless, TAVI remained cost-effective regardless of which choice of group was made.

The results also show that whether the HRQoL benefits associated with TAVI are felt immediately or gradually over time had no major impact on the cost-effectiveness of TAVI compared with medical management. Further, the choice of baseline utility decrement used to include disease severity on the model also had no significant effect on the model results.

Similarly, imputing short-term adverse event data from the PARTNER US trial or from the broader literature into the model did not impact on the cost-effectiveness ratio. In all circumstances, TAVI remained a cost-effective intervention for the treatment of patients with severe aortic stenosis who are currently ineligible for surgery.

Study limitations

Despite the above-mentioned strengths, the key limitation to the analysis is the need to extrapolate reported data over a long time frame. The results from the sensitivity analyses showed that data from 24 months need to be extrapolated for at least 2 years to achieve cost-effectiveness. In particular, a small number of individuals contributed information presented in the Kaplan–Meier plot in the second year.

Long-term follow-up data are therefore required in order to overcome this. Given that TAVI has been shown to be clinically efficacious in the target patient group, there are obvious ethical issues in running future TAVI-related trials relating to randomising individuals to an apparently clinically inferior treatment option. Hence, such data may never be collected. Fortunately, the cost-effectiveness results derived from our exploratory analysis of the alternative data sources suggest that long-term extrapolation of trial data may not be required to demonstrate cost-effectiveness.

Similarly, the assumptions used to model device failure rates are not based on information from patients undergoing TAVI but from those receiving standard prosthetic valves and, as such, are an area where more accurate data would be required. However, 3-year TAVI failure data are available, with no failures reported over this time.¹² Thus, it is highly likely that the implanted valves will outlive the people who receive them and that this limitation will not impact on the cost-effectiveness of TAVI.

Finally, the paper does not address the issue of the cost-effectiveness of TAVI in patients who are currently eligible for SAVR. The rationale for this was that this patient group was likely to be different clinically from those who do not undergo SAVR, and the model may have different drivers of cost-effectiveness. The use of TAVI in this patient group will be the subject of a subsequent paper by this research group.

CONCLUSIONS

From a UK reimbursement perspective, in patients with severe aortic stenosis who are deemed ineligible for SAVR, it is highly likely that TAVI represents a cost-effective treatment option at cost-effectiveness thresholds typically used in decisions made by the National Institute for Health and Clinical Excellence.

Funding

The project was funded by Medtronic International Trading Sàrl. However, no restriction was placed on either the design of the model or the presentation of results.

Correction notice

This paper has been corrected since it was published online first. The percentage of intraoperative death in paragraph 4 of ‘Description of model inputs’, ‘Estimating mortality’, has been corrected from 0.8% to 1.1%.

Competing interests

MW, SM, JE and MS work for an international consultancy company and as such have received funding from numerous device and pharmaceutical companies to undertake studies similar to that presented in this paper. PB and RB are employees of Medtronic International Trading Sàrl. NP, MM and SP have received honoraria for the provision of expert advice throughout the project. MS, SP, NM and NP have undertaken consultancy for transcatheter aortic valve implantation (TAVI) manufacturers.

Contributors

All authors contributed to the design, parameterisation and validation of the economic model. MW and SM constructed the economic model and prepared the manuscript. All authors provided significant comment on the content.

Provenance and peer review

Not commissioned; externally peer reviewed.

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The use of positron emission tomography in the diagnosis of pacemaker related infection

A 59-year-old man underwent dual chamber permanent pacemaker (DDD PPM) implantation for complete heart block following emergency mechanical mitral valve replacement and coronary artery bypass grafting.

At routine pacemaker check 5 months after the implant, a painless moderate sized swelling persisted over the box. The patient described several episodes of rigours and sweating in the preceding month. The patient was otherwise systemically well and without fever. Blood tests demonstrated a normal white blood cell count (9.9×10^9) and erythrocyte sedimentation rate (15 mm/h) and a mildly raised C reactive protein (11 mg/l). Chest radiograph was unremarkable. Blood cultures were negative. A transoesophageal echocardiogram did not show evidence of intracardiac vegetation.

We successfully extracted the infected PPM system observing frank pus on opening the wound. Wound pus, debrided tissue and pacing lead culture demonstrated coagulase negative Staphylococcus epidermidis and Candida albicans. The patient received a 2-week course of intravenous vancomycin and oral fluconazole followed by uneventful DDD PPM reimplantation on the contralateral side.

FDG-PET imaging may be useful in the diagnosis of suspected PPM infection in which there is a fever of unknown origin and normal baseline investigations including transoesophageal echocardiogram. Repeat pacing interventions are not without risk particularly of bleeding, haematoma and introducing infection. In this case, FDG-PET imaging correctly identified the underlying PPM-related infection that ultimately aided in successful treatment.

REFERENCE