Supplementary table 1: characteristics of the cohorts included

Study name / acronym	Country	City / region	Sample type	Collection period (years)
BELSTRESS	Belgium	Different cities	Work-based	1994-1998
Bus Santé	Switzerland	State of Geneva	Population-based	2001-2009
CoLaus	Switzerland	Lausanne	Population-based	2003-2006
Copenhagen City Heart Study 1	Denmark	Copenhagen	Population-based	1976-1978
Copenhagen City Heart Study 2	Denmark	Copenhagen	Population-based	1982-1984
Copenhagen City Heart Study 3	Denmark	Copenhagen	Population-based	1992-1994
Copenhagen City Heart Study 4	Denmark	Copenhagen	Population-based	2002-2004
Dubbo Study	Australia	Dubbo, NSW	Population-based	1988-1989
EpiPorto	Portugal	Porto	Population-based	1999-2003
GAPP	Liechtenstein		Population-based	2010-2012
HAPIEE Project Czech Republic	Czech Republic	7 cities	Population-based	2002-2005
HAPIEE Project Lithuania	Lithuania	Kaunas	Population-based	2002-2005
HAPIEE Project Russia	Russia	Novosibirsk	Population-based	2003-2005
Health2006 RCPH, Denmark	Denmark	Capital Region	Population-based	2006-2008
Hordaland Health Study (HUSK)	Norway	Hordaland	Population-based	1997-1999
MCCS	Australia	Melbourne	Population-based	1990-1994
MOLI-SANI	Italy	Molise	Population-based	2005-2010
MONA LISA	France	Haute-Garonne	Population-based	2005-2007
Osservatorio Epidemiologico Cardiovascolare (OEC)	Italy	51 centres distributed throughout the Italian territory	Population-based	1998-2002
Osservatorio Epidemiologico Cardiovascolare/Health Examination Survey (OEC/HES)	Italy	One centre in each Italian Region	Population-based	2008-2012
PRIME Belfast	Northern Ireland	Belfast	Population-based	1991-1994
REGICOR-Hermes	Spain	Girona	Population-based	2003-2006
Workforce Diabetes Survey	New Zealand	Auckland & Tokoroa	Work-based	1988-1990

Supplementary table 1 (continued)

Study name / acronym	Overall sample size	Sample size used	Age range	Age (mean ± SD)	% women
BELSTRESS	21,419	21,128	35-59	45.5 ± 5.9	23.5
Bus Santé	9,314	9,230	34-75	51.5 ± 10.8	50.1
CoLaus	6,733	6,181	35-75	53.1 ± 10.8	52.6
Copenhagen City Heart Study 1	14,223	14,171	20-93	52.6 ± 12.0	54.2
Copenhagen City Heart Study 2	12,698	12,620	20-98	56.0 ± 12.4	55.2
Copenhagen City Heart Study 3	10,135	9,663	21-93	57.6 ± 15.2	55.9
Copenhagen City Heart Study 4	6,237	6,001	20-94	58.8 ± 16.5	57.5
Dubbo Study	2,805	2,762	59-98	69.2 ± 7.0	55.9
EpiPorto	2,485	2,381	18-92	53.4 ± 15.2	61.5
GAPP	1,626	1,604	25-41	36.4 ± 4.9	53.7
HAPIEE Project Czech Republic	8,857	7,170	44-72	58.2 ± 7.1	53.5
HAPIEE Project Lithuania	7,161	7,067	45-75	61 ± 7.6	54.6
HAPIEE Project Russia	9,630	9,359	45-69	58.2 ± 7.1	54.4
Health2006 RCPH, Denmark	3,471	3,469	18-71	49.4 ± 13.0	55.2
Hordaland Health Study (HUSK)	25,532	25,532	40-49; 71-74	47.7 ± 9.3	54.3
MCCS	41,514	41,484	27 - 76	55.3 ± 8.7	59.0
MOLI-SANI	24,325	24,046	35-99	55.6 ± 11.9	52.0
MONA LISA	1,626	1,626	35-75	55.1 ± 11.0	49.0
Osservatorio Epidemiologico Cardiovascolare (OEC)	9,714	9,676	35-74	54.4 ± 11.3	49.4
Osservatorio Epidemiologico Cardiovascolare/Health Examination Survey (OEC/HES)	9,103	8,694	35-79	56.8 ± 12.4	49.8
PRIME Belfast	2,745	2,744	50-59	54.3 ± 2.9	0
REGICOR-Hermes	5,801	5,700	35-75	54.6 ± 11.2	52.7
Workforce Diabetes Survey	5,677	5,671	40-65	48.8 ± 6.2	27.6

Supplementary table 1 (continued)

Study name / acronym	% smokers (men)	% smokers (women)	Fasting	References
BELSTRESS	29.0	24.1	No	[1]
Bus Santé	27.2	23.8	Yes	[2, 3]
CoLaus [a]	29.3	25.0	Yes	[4]
Copenhagen City Heart Study 1	69.9	58.0	No	
Copenhagen City Heart Study 2	64.0	53.4	No	
Copenhagen City Heart Study 3	52.7	45.9	No	
Copenhagen City Heart Study 4	34.8	31.2	No	
Dubbo Study	20.5	11.4	Yes	[5, 6]
EpiPorto	34.8	17.7	Yes (overnight)	[7, 8]
GAPP	23.2	18.6	Yes	[9]
HAPIEE Project Czech Republic	29.3	25.0	Yes	
HAPIEE Project Lithuania	28.5	7.7	Yes	
HAPIEE Project Russia	48.7	9.4	Yes	[10]
Health2006 RCPH, Denmark	21.0	23.3	Yes	[11, 12]
Hordaland Health Study (HUSK) [b]	33.6	33.4	No	[13]
MCCS	14.5	9.1	68% of participants	[14, 15]
MOLI-SANI [c]	42.0	13.9	Yes (overnight)	[16-18]
MONA LISA	15.4	14.1	Yes (at least 10 hours)	[19-21]
Osservatorio Epidemiologico Cardiovascolare (OEC) [d]	31.2	21.8	Yes (at least 8 hours)	[22, 23]
Osservatorio Epidemiologico Cardiovascolare/Health Examination Survey (OEC/HES) [d]	21.4	18.5	Yes (at least 8 hours)	[24]
PRIME Belfast	31.6	§	Yes (overnight)	[25]
REGICOR-Hermes [e]	31.0	17.1	Yes (10-14h)	[26]
Workforce Diabetes Survey	26.4	22.7	Yes (at least 10 hours)	[27-29]

§ PRIME Belfast included only men. See also [a], www.colaus.ch; [b], www.husk-en.b.uib.no; [c], www.moli-sani.org; [d], www.cuore.iss.it; [e], www.regicor.org

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